



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Aromatherapy							
Course Code		TABİ301		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to let student be able to learn and be able to apply aromatherapy as a supportive treatment method applied by massage, compresses, inhalations and baths with essential oil and plants containing essential oil.							
Course Content		Having knowledge on aromatic oils, benefits preparation and their applications							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Lec. Şebnem Nalan AKAROĞLU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Course notes of Lecturers
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Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to Aromatherapy, definitions and history
2	Theoretical	The effects of aromatherapy
3	Theoretical	The benefits of aromatherapy
4	Theoretical	Application methods of aromatherapy
5	Theoretical	Massage, compresses, inhalation and scenting of place
6	Theoretical	SPA and Bath
7	Theoretical	Oils used in Aromathreapy
8	Intermediate Exam	Exam
9	Theoretical	Oils used in Aromathreapy
10	Theoretical	Practices of aromatherapy massage
11	Theoretical	Client and Practitioner Preparation
12	Theoretical	Preparation aromatic mixture
13	Theoretical	Planning of massage, duration, frequency selection and manipulation
14	Theoretical	Massage Room Features and Hygiene
15	Theoretical	Aromatherapy Massage General Practice and Procedure Steps

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	3	2	0	6
Term Project	1	4	0	4
Midterm Examination	1	4	1	5
Final Examination	1	6	1	7
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Learning basics of aromatherapy
2	Lerning the preparation of foundations and benefits of essential oils and aromatic oils



3	Performing aromatherapy application
4	Learns the preparation of massage oil mixtures
5	Knows the effects of drugs in treatment

Programme Outcomes (*Fungiculture*)

1	Having knowledge of morphology, anatomy, cytology, physiology and biochemical structures of mushroom
2	Having knowledge of soil and climate conditions for mushroom cultivation
3	Having knowledge of identification, classification and the use areas of mushroom species
4	Having knowledge of culture and production techniques of mushroom
5	Having knowledge of harvest and conservation of mushroom
6	Having ability to identify and to maintain important diseases and pests of mushroom species
7	Having ability and knowledge of marketing techniques of mushroom products, effectively.
8	Ability to project mushroom built.
9	Having knowledge of Laboratory techniques
10	Having knowledge of mushroom management

