



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Struggling With Addiction							
Course Code		ADG102		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction							
Course Content		Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of combating addictions							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Ins. Gülşah Şükran KALE YOLCU							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

### Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of addiction
2	Theoretical	Basic concepts of addiction
3	Theoretical	Concept of abstinence
4	Theoretical	Concept of tolerance
5	Theoretical	Depressants-I: Coping with alcohol and opiates
6	Theoretical	Stimulants: Coping with Cocaine and Amphetamines
7	Theoretical	The harms of nicotine and caffeine use
8	Theoretical	The harms of nicotine and caffeine use
9	Theoretical	Social and legal aspects of substance abuse
10	Theoretical	Research on addiction
11	Theoretical	Behavioral Addictions
12	Theoretical	Introduction of addiction centers and studies
13	Theoretical	Individual differences in addiction
14	Theoretical	An Overview
15	Final Exam	Final Exam
16	Theoretical	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	It creates conscious awareness about the fight against addiction.
2	Knows the causes of psychological addictions
3	Categorizes abused substances



4	Gives examples of use patterns and behavioral effects of abused substances
5	Compares and criticizes information about the subject from non-scientific sources with scientific information.

**Programme Outcomes (Medical and Aromatic Plants)**

1	Having the recognition, classification and the use areas knowledge of medical and aromatic plants
2	Having practical and technical knowledge about cultivation and production of medical and aromatic plants
3	Having knowledge of morphology, anatomy, cytology, physiology and biochemical structures of medical and aromatic plants
4	Having knowledge of importance of soil conditions to grow medical and aromatic plants
5	Having information and the ability to use materials related with basic math and basic chemistry founded on qualifications gained in secondary education
6	Having ability to use effective own language and having knowledge of foreign language in order to communicate own colleagues and own customers
7	Having ability to collect medical and aromatic plants, having knowledge of seed technology, drying and conservation of these plants
8	Having ability to identify and to fight diseases and pests of medical and aromatic plants
9	Having knowledge of all Agricultural activities
10	Having knowledge of Atatürk Principle and Revolutions and to assimilate Atatürk Principle and Revolutions
11	Having consciousness of quality
12	Having knowledge and accumulation of investigative and evaluation
13	Ability to work as an individual capable of independent decision-making ideas verbally and in writing, stating the figure to communicate in a clear and concise
14	Ability to identify plants used for medical purposes and to obtain mixtures from drugs acquired these plants
15	Having skill and knowledge of marketing techniques medical and aromatic plants

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1
P15	1

