



**AYDIN ADNAN MENDERES UNIVERSITY
SULTANHISAR VOCATIONAL SCHOOL
MANAGEMENT AND ORGANIZATION
BUSINESS ADMINISTRATION MANAGEMENT
COURSE INFORMATION FORM**

Course Title	Aromatherapy								
Course Code	TABİ301			Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	The aim of this course is to let student be able to learn and be able to apply aromatherapy as a supportive treatment method applied by massage, compresses, inhalations and baths with essential oil and plants containing essential oil.								
Course Content	Having knowledge on aromatic oils, benefits preparation and their applications								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Discussion, Individual Study								
Name of Lecturer(s)	Lec. Şebnem Nalan AKAROĞLU								

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Course notes of Lecturers
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Week	Weekly Detailed Course Contents	
1	Theoretical	Aromatherapy entry, definitions and history
2	Theoretical	The effects of aromatherapy
3	Theoretical	The benefits of aromatherapy
4	Theoretical	Application methods of aromatherapy
5	Theoretical	Massage, compresses, inhalation and scenting of place
6	Theoretical	SPA and Bath
7	Theoretical	Oils used in Aromathreapy
8	Intermediate Exam	Exam
9	Theoretical	Oils used in Aromathreapy
10	Theoretical	Practices of aromatherapy massage
11	Theoretical	Client and Practitioner Preparation
12	Theoretical	Preparation aromatic mixture
13	Theoretical	Planning of massage, duration, frequency selection and manipulation
14	Theoretical	Massage Room Features and Hygiene
15	Theoretical	Aromatherapy Massage General Practice and Procedure Steps

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	3	2	0	6
Term Project	1	4	0	4
Midterm Examination	1	4	1	5
Final Examination	1	6	1	7
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Learning basics of aromatherapy
2	Lerning the preparation of foundations and benefits of essential oils and aromatic oils



3	Performing aromatherapy application
4	Learns the preparation of massage oil mixtures
5	Knows the effects of drugs in treatment

Programme Outcomes (*Business Administration Management*)

1	Define their fundamental information and capabilities related to the Business management.
2	Command on the management functions and accounting practices theoretically and will be able to implement them practically.
3	Determine managerial/structural/legal components required to found an effective business.
4	Shall dissolve financial situation of business on basic level.
5	Use the economical information obtained in micro and macro scale, in their occupational lives.
6	Implement the developed package programs together with the fundamental information technologies related to their field.
7	Have the professional ethics in business life and business relations.
8	Reveal office order, working conditions, ability of coherence to the team work in business establishment
9	Develop an awareness for the need for life long learning
10	To follow national and international contemporary issues
11	To become sensitive to Atatürk's principles and reforms, the right to use the Turkish language, the official correspondence of the basic ability to have the ability and understanding related to the field of foreign terms

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P9	3	3	3	3	3
P10	3	3	3	3	3

