



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Social Rehabilitation in Patient Care							
Course Code		HB203		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	78 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Social Definition Scope of rehabilitation , maintenance of social life in old age , the elderly daily struggle for survival , home management, home exercise programs, leisure activities on Information Inc. skill is getting to be the owner.							
Course Content		The effects of regular physical activity in the elderly, the risks of participating in physical activity in the elderly, principles and techniques of organizing exercise programs for the elderly, body mechanics, upper extremity exercises, lower extremity exercises, nervous system and exercises, respiratory system and exercises, arthritis and prevention gymnastics, water therapy, pool gym. Definition and scope of Social Rehabilitation, social rehabilitation in the elderly, ensuring that the elderly maintain their self-confidence in maintaining their social life, providing the elderly with daily life skills, housekeeping, special home exercise programs, hobby and leisure activities. Social problems faced by the elderly. Mental problems faced by the elderly. The needs and expectations of the elderly. Applications to meet the physical needs of the elderly.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Canatan A. Social Aspects of Aging , Palma Publications, Ankara, 2008 .
2	Arıoğlu, S., Geriatri ve Gerontoloji; MN Medikal & Nobel;2006. , ANKARA 2.

Week	Weekly Detailed Course Contents	
1	Theoretical	Aims, functions and distinctive features of social services
2	Theoretical	Definition and scope of social rehabilitation
3	Theoretical	Social rehabilitation in the elderly
4	Theoretical	Principles of creating exercise program in the elderly
5	Theoretical	Social life in the elderly
6	Theoretical	Exercise techniques in the elderly
7	Intermediate Exam	Midterm
8	Theoretical	To teach the elderly daily life skills
9	Theoretical	Home management and special home exercise programs
10	Theoretical	Hobby and leisure activities
11	Theoretical	Social problems faced by the elderly
12	Theoretical	Mental problems faced by the elderly
13	Theoretical	Social rehabilitation services for theoretical elderly
14	Theoretical	Evaluation of the course
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	2	70
Assignment	1	4	2	6
Midterm Examination	1	0	1	1



Final Examination	1	0	1	1
Total Workload (Hours)				78
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	The definition of social rehabilitation and knows the scope
2	maintaining social life in old age and knows the old log skill behavior
3	Household , home exercise programs, define leisure pursuit
4	maintaining social life in old age and knows the old log skill behavior
5	The definition of social rehabilitation and knows the scope

Programme Outcomes (Home Patient Care)

1	He/she will have fundamental, up-to-date, and practical knowledge related to the profession.
2	He/she will have knowledge about occupational health and safety, environmental awareness, and quality processes.
3	He/she follows the latest developments and practices in the profession and uses them effectively.
4	He/she effectively uses information technologies (software, programs, animation, etc.) related to the profession.
5	He/she has the ability to independently evaluate professional problems and issues with an analytical and critical approach and propose solutions.
6	He/she can effectively present their thoughts in writing and verbally at the level of knowledge and skills, expressing them in an understandable manner.
7	He/she takes responsibility as a team member to solve complex, unforeseen problems encountered in practices related to the field.
8	He/she is aware of career management and lifelong learning.
9	He/she possesses social, scientific, cultural, and ethical values in the stages of data collection, application, and dissemination of results related to the field.
10	He/she follows the developments in their field using a foreign language and communicates with colleagues.
11	Defines the physiological, psychological, and social functions of individuals who require home care.
12	Lists the care needs of individuals who require home care.
13	Regulates the patient's relationship with the environment.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3
P1	2	1	3
P2	3	2	2
P3	4	3	4
P4	2	4	4
P5	3	1	2
P6	2	2	3
P7	2	5	2
P8	3	4	2
P9	5	3	2
P10	2	2	2
P11	4	3	3
P12	3	2	3
P13	4	3	2

