



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Social Rehabilitation in Patient Care							
Course Code		HB203		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	78 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Social Definition Scope of rehabilitation , maintenance of social life in old age , the elderly daily struggle for survival , home management, home exercise programs, leisure activities on Information Inc. skill is getting to be the owner.							
Course Content		The effects of regular physical activity in the elderly, the risks of participating in physical activity in the elderly, principles and techniques of organizing exercise programs for the elderly, body mechanics, upper extremity exercises, lower extremity exercises, nervous system and exercises, respiratory system and exercises, arthritis and prevention gymnastics, water therapy, pool gym. Definition and scope of Social Rehabilitation, social rehabilitation in the elderly, ensuring that the elderly maintain their self-confidence in maintaining their social life, providing the elderly with daily life skills, housekeeping, special home exercise programs, hobby and leisure activities. Social problems faced by the elderly. Mental problems faced by the elderly. The needs and expectations of the elderly. Applications to meet the physical needs of the elderly.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Canatan A. Social Aspects of Aging , Palma Publications, Ankara, 2008 .
2	Arıoğlu, S., Geriatri ve Gerontoloji; MN Medikal & Nobel;2006. , ANKARA 2.

Week	Weekly Detailed Course Contents	
1	Theoretical	Aims, functions and distinctive features of social services
2	Theoretical	Definition and scope of social rehabilitation
3	Theoretical	Social rehabilitation in the elderly
4	Theoretical	Principles of creating exercise program in the elderly
5	Theoretical	Social life in the elderly
6	Theoretical	Exercise techniques in the elderly
7	Intermediate Exam	Midterm
8	Theoretical	To teach the elderly daily life skills
9	Theoretical	Home management and special home exercise programs
10	Theoretical	Hobby and leisure activities
11	Theoretical	Social problems faced by the elderly
12	Theoretical	Mental problems faced by the elderly
13	Theoretical	Social rehabilitation services for theoretical elderly
14	Theoretical	Evaluation of the course
15	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	2	70
Assignment	1	4	2	6
Midterm Examination	1	0	1	1



Final Examination	1	0	1	1
Total Workload (Hours)				78
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	The definition of social rehabilitation and knows the scope
2	maintaining social life in old age and knows the old log skill behavior
3	Household , home exercise programs, define leisure pursuit
4	maintaining social life in old age and knows the old log skill behavior
5	The definition of social rehabilitation and knows the scope

### Programme Outcomes (Home Patient Care)

1	The protection of patients' health , it is sufficient to gain the qualification to provide development and improvement
2	To identify factors that influence the health of the elderly has the ability .
3	Patients know the basic characteristics and needs of individuals and accordingly gain the skills to meet the needs of the elderly.
4	Use basic knowledge and skills related to patient health and care, interpret and evaluate data and identify and resolve potential problems.
5	with have basic health information , as required by the profession and practice of emergency measures that need to be applied in the work environment is capable of .
6	Healthy and sick individuals structure, physiological functions , the relationship between behavior and health and physical and social environment can grasp at a basic level .
7	Task law on rights and responsibilities, comply with regulations and professional ethics.
8	with other professional groups working in this field using its accumulated knowledge about the field of home care patients to take responsibility as a member of the health team in cooperation
9	activities at the basic level can apply for social rehabilitation in patients with plan.
10	social of patients may meet the needs in this matter by understanding the physical and psychological changes.
11	issues related to patient care , safety , protection of the elderly and health care workers have the knowledge and awareness of environmental protection .
12	It can follow the development of the society about the area and is sensitive to events in the world's agenda.
13	on issues related to health services , social responsibility, ethical values ??and has the knowledge and awareness of patients' rights
14	Act in accordance with quality management and processes and participate in these processes .

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3
P1	2	1	3
P2	3	2	2
P3	4	3	4
P4	2	4	4
P5	3	1	2
P6	2	2	3
P7	2	5	2
P8	3	4	2
P9	5	3	2
P10	2	2	2
P11	4	3	3
P12	3	2	3
P13	4	3	2
P14	5	5	2

