



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Team Plays and Activities							
Course Code		ORT296		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	51 (Hours)	Theory	1	Practice	1	Laboratory	0
Objectives of the Course		To have knowledge about all sports branches and to gain application competency							
Course Content		Basic concepts related to sport branches, definitions, general purpose of sports and to explain all sports branches related to tournaments							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Ayfer ERGEZEN							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Olimpik Sporlar; Yayınevi:Boyut Yayın Grubu
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Week	Weekly Detailed Course Contents	
1	Theoretical	Definition of sports and benefits of health,
2	Theoretical	Information on sports activities in our country
3	Theoretical	Information about sports facilities and areas,
4	Theoretical	How do sports organizations in developed countries
5	Theoretical	Examination of sports branches
6	Theoretical	How to prepare and implement a training program
7	Theoretical	The application of basic training methods,
8	Intermediate Exam	Midterm Exam
9	Theoretical	Physical education and sport compatibility,
10	Theoretical	Exercise exercises,
11	Practice	Sports hall applications,
12	Practice	Information on match tactics and methods,
13	Practice	Team games and applications,
14	Practice	Match events and tournaments
15	Practice	Match organizations and overall evaluation
16	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	1	14
Lecture - Practice	14	0	1	14
Individual Work	1	10	1	11
Midterm Examination	1	5	1	6
Final Examination	1	5	1	6
Total Workload (Hours)				51
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	The sport captures the importance of human life
2	To learn sports branches, To apply learned sports branches



3	Having knowledge about sports organizations,
4	To learn the methods of exercise and to prepare a training program
5	Prepare and apply training program

**Programme Outcomes (Laboratory Technology)**

1	To be able to comprehend social, cultural and social responsibilities, to be able to follow national and international contemporary problems and developments
2	Atatürk is bound to Atatürk nationalism in the direction of principles and reforms; Adopting the national, moral, spiritual and cultural values of the Turkish people, open to universal and contemporary developments, the Turkish language is a rich, rooted and productive language; Have a love of language and a consciousness; To have the ability to use as much of a foreign language as he would need to read, taste and habit and professionally.
3	To be able to recognize the basic hardware units and operating systems of a computer, having information about internet usage and preparing documents, spreadsheets and presentations on computer by using office programs.
4	Acquires theoretical and practical knowledge at the basic level in mathematics, science and vocational field.
5	With the knowledge of laboratory technology in the field, he knows and analyzes problems, brings interpretation of data and suggests solutions.
6	In laboratories, according to the prepared business plan and program, necessary work can be done to obtain the desired quality products.
7	To have professional and ethical responsibility in business life.
8	Development and change are open, follow scientific social and cultural innovations, and develop themselves constantly.

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4
P1	3	3	3	3
P8	5	5	5	5

