



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		First Aid							
Course Code		ZT110		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	2	Workload	55 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Health problems we may all encounter in our daily lives able to do it with using the existing facilities applications for teach first							
Course Content		General first aid information, of the sick and wounded at the scene assessment, basic life support, Bleeding - injury-broken-burn-freezing etc. Disorders of consciousness, poisoning, and teach techniques for carrying sick and wounded							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Sağlık Bakanlığı İlk Yardım Ders notları
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Week	Weekly Detailed Course Contents	
1	Theoretical	General First Aid Informations
2	Theoretical	Evaluation of Patient/Wounded and Crime Scene
3	Theoretical	Basic Life Support
4	Theoretical	First Aid to Bleeding
5	Theoretical	First Aid to Injury
6	Theoretical	First Aid to Burn, Freezing and Sunstroke
7	Theoretical	First Aid to Fracture, Dislocation and Sprains
8	Theoretical	Midterm Exam
9	Theoretical	First Aid to Sensory Loss
10	Theoretical	First Aid to Poisoning
11	Theoretical	First Aid to Sting
12	Theoretical	First Aid to Foreign Object Damage to Eye, Ear and Nose
13	Theoretical	First Aid to Drownings
14	Theoretical	Patient/Wounded Handling Techniques
15	Theoretical	General evaluation
16	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	0	2	30
Midterm Examination	1	8	1	9
Final Examination	1	15	1	16
Total Workload (Hours)				55
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Understand first aid and paramedics
2	Understand how to support life



3	Bleeding-injury-freeze-fracture learning to improve the prosperity
4	Intervention in disorders of consciousness
5	The seriousness of poisoning and animal bites
6	Learning ways to transport the sick and the wounded

