



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Defense Sports II							
Course Code		ÖGK205		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	1	Practice	2	Laboratory	0
Objectives of the Course		In this course; It is aimed to teach how to neutralize the attacker without harming others.							
Course Content		"Defense Survival Principles" and "Force Utilization Model" which are the theoretical aspects of defense tactics in close defense techniques, equipment safety, baton and shield usage techniques,							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Experiment, Demonstration, Problem Solving					
Name of Lecturer(s)		Ins. Mert İSTEK							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Defense Arts, Furkan Çalışkan
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Week	Weekly Detailed Course Contents	
1	Practice	Standing and checking on the floor Controlled manipulation techniques
2	Practice	Reinforcement of standing and ground control techniques
3	Practice	Handcuffing techniques - stand position
4	Practice	Handcuffing techniques - prone position
5	Practice	Using batons, Studying techniques of using batons
6	Practice	Using batons, Studying techniques of using batons
7	Practice	Using spray Spray application techniques
8	Practice	Recalling the learned techniques Selecting and applying the learned techniques
9	Intermediate Exam	Midterm
10	Practice	Criminal Transport Lifting one person from the ground Standing steady Intervening in the crowd
11	Practice	Crowds, Crowd intervention techniques
12	Practice	Review of learned techniques Use of learned techniques in case studies
13	Practice	Using learned techniques in case studies
14	Theoretical	Using learned techniques in case studies
15	Theoretical	Using learned techniques in case studies
16	Final Exam	Final examination

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	1	14
Lecture - Practice	14	0	2	28
Assignment	1	7	1	8
Midterm Examination	1	10	1	11
Final Examination	1	13	1	14
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Comprehending close defense sport
2	Learning to use power in balance



3	To know human behavior before and after physical struggle
4	Can use clamp
5	Can use a button

**Programme Outcomes (Private Security and Protection)**

1	Know the powers of private security
2	Know defense and attack techniques
3	To understand the security measures
4	Establishing Organizational Communication
5	To apply the basic principles of first aid
6	To be able to make threat assessment and risk management
7	Learn what the body language is and what needs to be considered to ensure effective communication.
8	Weapon information
9	Knows Environmental Health Management in Disasters
10	Knows the elements of crime
11	Prepare a security plan
12	To have necessary knowledge in the field of criminology
13	To be able to determine employee and employer relations
14	To have information about the types of terrorist attacks and the signs of the attacks
15	Evaluate new approaches in security studies
16	Show effective interventions in social activities
17	Search and rescue in case of emergency, conducting emergency studies, can manage the organization
18	Explain the basic elements of health and the factors affecting it.
19	Know the basic principles of survival

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4	L5
P2	5	5	5	5	5

