



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Defense Sports III							
Course Code		ÖGK206		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	1	Practice	2	Laboratory	0
Objectives of the Course		In this course; It is aimed to teach how to neutralize the attacker without harming others.							
Course Content		Defense Survival Principles" and "Force Utilization Model" which are the theoretical aspects of defense tactics in close defense techniques, equipment safety, baton and shield usage techniques,							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	30
Final Examination	1	70

Recommended or Required Reading

1	Defense Arts, Furkan Çalışkan
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Week	Weekly Detailed Course Contents	
1	Practice	Using hard force
2	Practice	Pressure on sensitive areas
3	Practice	Control techniques
4	Practice	Printing and defense tactics against hugging and choking
5	Practice	Free hand attacks with empty hand
6	Practice	Defense techniques in combat attacks
7	Practice	Defense techniques in knife attacks
8	Practice	Manual defense techniques in armed attacks
9	Intermediate Exam	Midterm
10	Practice	Controlled referral to an attacker
11	Practice	Deactivation with footsteps down the waist
12	Practice	Deactivation with footsteps down the waist
13	Practice	Disabling with hand and foot coordination
14	Theoretical	Disabling with hand and foot coordination
15	Theoretical	Disabling with hand and foot coordination
16	Final Exam	Final Examination

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	1	14
Lecture - Practice	14	0	2	28
Assignment	1	10	1	11
Midterm Examination	1	9	1	10
Final Examination	1	11	1	12
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	Makes defense in social events
2	Inactivates without damaging the attacker
3	Resists attack with knife
4	Defends armed attack
5	Uses hard force

Programme Outcomes (Private Security and Protection)

1	Know the powers of private security
2	Know defense and attack techniques
3	To understand the security measures
4	Establishing Organizational Communication
5	To apply the basic principles of first aid
6	To be able to make threat assessment and risk management
7	Learn what the body language is and what needs to be considered to ensure effective communication.
8	Weapon information
9	Knows Environmental Health Management in Disasters
10	Knows the elements of crime
11	Prepare a security plan
12	To have necessary knowledge in the field of criminology
13	To be able to determine employee and employer relations
14	To have information about the types of terrorist attacks and the signs of the attacks
15	Evaluate new approaches in security studies
16	Show effective interventions in social activities
17	Search and rescue in case of emergency, conducting emergency studies, can manage the organization
18	Explain the basic elements of health and the factors affecting it.
19	Know the basic principles of survival

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P2	5	5	5	5	5

