



AYDIN ADNAN MENDERES UNIVERSITY
AYDIN VOCATIONAL SCHOOL
PROPERTY PROTECTION AND SECURITY
PRIVATE SECURITY AND PROTECTION
COURSE INFORMATION FORM

Course Title	Awareness and Focus								
Course Code	ÖGK227			Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	Students' awareness of their life experiences and in this way, their focusing time and their perspective								
Course Content	Definition and importance of awareness, current information about awareness, effects of awareness on human life, definition and importance of focus, exercises that can be applied to increase focus time. Scientific approaches to these issues.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Demonstration, Discussion, Problem Solving								
Name of Lecturer(s)	Ins. Mert İSTEK								

Assessment Methods and Criteria		
Method	Quantity	Percentage (%)
Midterm Examination	1	30
Final Examination	1	70

Recommended or Required Reading	
1	Awareness for Beginners, Jon Kabat Zinn

Week	Weekly Detailed Course Contents	
1	Theoretical	What is Awareness?
2	Theoretical	The difference between awareness and noticing
3	Theoretical	Again
4	Theoretical	Aim of awareness?
5	Theoretical	Video Watching
6	Theoretical	Scientific researches
7	Theoretical	Interpretation
8	Theoretical	What is focus?
9	Intermediate Exam	Midterm
10	Theoretical	Focus exercises
11	Theoretical	Focus and awareness exercises
12	Theoretical	Focus and awareness exercises
13	Theoretical	Focus and awareness exercises
14	Theoretical	Video watch
15	Theoretical	discussion
16	Final Exam	Final exam

Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Midterm Examination	1	10	1	11
Final Examination	1	10	1	11
			Total Workload (Hours)	50
			[Total Workload (Hours) / 25*] = ECTS	2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes	
1	Have information about awareness
2	Be aware of the existing studies in the field of awareness
3	Know awareness and human relationship



4	Have information about focus
5	Know awareness and focus exercises

Programme Outcomes (Private Security and Protection)

1	Know the powers of private security
2	Know defense and attack techniques
3	To understand the security measures
4	Establishing Organizational Communication
5	To apply the basic principles of first aid
6	To be able to make threat assessment and risk management
7	Learn what the body language is and what needs to be considered to ensure effective communication.
8	Weapon information
9	Knows Environmental Health Management in Disasters
10	Knows the elements of crime
11	Prepare a security plan
12	To have necessary knowledge in the field of criminology
13	To be able to determine employee and employer relations
14	To have information about the types of terrorist attacks and the signs of the attacks
15	Evaluate new approaches in security studies
16	Show effective interventions in social activities
17	Search and rescue in case of emergency, conducting emergency studies, can manage the organization
18	Explain the basic elements of health and the factors affecting it.
19	Know the basic principles of survival

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1
P7	4

