



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		First Aid							
Course Code		ÖGK109		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		The aim of this course is to create health awareness in students. To provide correct and effective first aid applications in cases requiring first aid.							
Course Content		Definition, Main principles and targets, Bleeding, Cardiac arrest, Burns, Poisoning, Fractures and dislocations, Sprains, First aid services in cases of consciousness disorders, First aid services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Experiment, Demonstration, Case Study, Problem Solving					
Name of Lecturer(s)		Ins. Hilal Hatice ÜLKÜ							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	BASIC FIRST AID, Bikem Süzen
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Week	Weekly Detailed Course Contents	
1	Theoretical	Basic applications of first aid
2	Theoretical	First and second evaluation
3	Theoretical	Basic life support for adults
4	Theoretical	Basic life support for infants and children
5	Theoretical	First aid in respiratory obstruction
6	Theoretical	External and internal bleeding
7	Theoretical	Wound and wound types
8	Theoretical	First aid in head and spinal fractures in regional injuries
9	Intermediate Exam	Midterm
10	Theoretical	First aid for fractures, dislocations and sprains of upper extremities, first aid for fractures, dislocations and sprains of hip and lower extremities
11	Theoretical	First aid for patients requiring emergency care
12	Theoretical	First aid in poisoning, heat stroke, burns and freezes
13	Theoretical	Emergency transport techniques Fast transport techniques in short distances, Transporting sick or injured by creating stretchers
14	Theoretical	Emergency transport techniques Fast transport techniques in short distances, Transporting sick or injured by creating stretchers
15	Theoretical	Emergency transport techniques Fast transport techniques in short distances, Transporting sick or injured by creating stretchers
16	Final Exam	Final examination

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Lecture - Practice	14	0	2	28
Midterm Examination	1	7	1	8
Final Examination	1	10	1	11
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	To apply the basic principles of first aid
2	Provide basic life support
3	Applying first aid to injuries
4	Basic first aid information
5	Emergency first aid application

**Programme Outcomes (Private Security and Protection)**

1	Know the powers of private security
2	Know defense and attack techniques
3	To understand the security measures
4	Establishing Organizational Communication
5	To apply the basic principles of first aid
6	To be able to make threat assessment and risk management
7	Learn what the body language is and what needs to be considered to ensure effective communication.
8	Weapon information
9	Knows Environmental Health Management in Disasters
10	Knows the elements of crime
11	Prepare a security plan
12	To have necessary knowledge in the field of criminology
13	To be able to determine employee and employer relations
14	To have information about the types of terrorist attacks and the signs of the attacks
15	Evaluate new approaches in security studies
16	Show effective interventions in social activities
17	Search and rescue in case of emergency, conducting emergency studies, can manage the organization
18	Explain the basic elements of health and the factors affecting it.
19	Know the basic principles of survival

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P5	5	5	5	5	5
P9	5	5	5	5	5

