



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

|  |   |   |            |   |   |                                  |   |            |   |
|--|---|---|------------|---|---|----------------------------------|---|------------|---|
| Course Title                                     |   | Volleyball  |            |   |   |                                  |   |            |   |
| Course Code                                      |   | TTS270  |            | Course Level  |   | Short Cycle (Associate's Degree) |   |            |   |
| ECTS Credit                                      | 2 | Workload  | 54 (Hours) | Theory  | 2 | Practice                         | 0 | Laboratory | 0 |
| Objectives of the Course                         |   | This course aims to provide students volleyball definition, volleyball games of the general characteristics, the historical development in the world and in Turkey, volleyball game rules, the basic techniques of volleyball game theory and provide teaching in practice, to gain knowledge and skills related to volleyball, all kinds of developments follow-up activities, organizations to gain the ability to organize and manage. |            |   |   |                                  |   |            |   |
| Course Content                                   |   | students volleyball definition, volleyball games of the general characteristics, the historical development in the world and in Turkey, volleyball game rules, the basic techniques of volleyball game theory and provide teaching in practice, to gain knowledge and skills related to volleyball, activities by following all the developments, organizations to gain the ability to organize and manage.                               |            |   |   |                                  |   |            |   |
| Work Placement                                   |   | N/A   |            |   |   |                                  |   |            |   |
| Planned Learning Activities and Teaching Methods |   |   |            | Explanation (Presentation), Demonstration, Individual Study |   |                                  |   |            |   |
| Name of Lecturer(s)                              |   |   |            |   |   |                                  |   |            |   |

### Assessment Methods and Criteria

| Method              | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1        | 40             |
| Final Examination   | 1        | 70             |

### Recommended or Required Reading

|   |   |
|---|---|
| 1 | <a href="http://www.tvf.org.tr">http://www.tvf.org.tr</a>                       |
| 2 | Voleybol Antrenman Teorisi ve Antrenör / Dr. Kürşat Karacabey Bedray Yayıncılık |

| Week | Weekly Detailed Course Contents |  |
|------|---------------------------------|--|
| 1    | Theoretical                     | Definition of volleyball and general characteristics of the game |
| 2    | Theoretical                     | Definition and historical development of volleyball.             |
| 3    | Theoretical                     | Volleyball Game Rules  |
| 4    | Theoretical                     | Gradual Teaching of Finger Pas                                   |
| 5    | Theoretical                     | Gradual Teaching of Finger Pas                                   |
| 6    | Theoretical                     | Gradual Teaching of Cuff Pas                                     |
| 7    | Theoretical                     | Gradual Teaching of Service                                      |
| 8    | Intermediate Exam               | Midterm exam   |
| 9    | Theoretical                     | Volleyball Game Systems  |
| 10   | Theoretical                     | tasks of players   |
| 11   | Theoretical                     | Stepwise Teaching  |
| 12   | Theoretical                     | Gradual teaching of the block                                    |
| 13   | Theoretical                     | Gradual teaching of the block                                    |
| 14   | Theoretical                     | Rewiev   |

### Workload Calculation

| Activity            | Quantity | Preparation | Duration | Total Workload |
|---------------------|----------|-------------|----------|----------------|
| Lecture - Theory    | 14       | 1           | 2        | 42             |
| Midterm Examination | 1        | 5           | 1        | 6              |



|  |   |   |   |    |
|--|---|---|---|----|
| Final Examination                            | 1 | 5 | 1 | 6  |
| Total Workload (Hours)                       |   |   |   | 54 |
| [Total Workload (Hours) / 25*] = <b>ECTS</b> |   |   |   | 2  |
| *25 hour workload is accepted as 1 ECTS      |   |   |   |    |

### Learning Outcomes

|   |   |
|---|---|
| 1 | To know the basic rules and techniques of volleyball.                             |
| 2 | To know the historical development of volleyball                                  |
| 3 | To gain knowledge and skills about volleyball                                     |
| 4 | Develops effective communication skills with people through volleyball team sport |
| 5 | To coordinate activities or organizations related to volleyball                   |

