



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Struggling With Addiction							
Course Code		ADG102		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	48 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to introduce individual and institutional strategies for combating addiction, enabling students to understand the processes of prevention, treatment, and access to support services. Throughout the course, students will become familiar with organizations involved in addiction response, analyze help-seeking pathways, evaluate individual prevention and protection strategies, and develop awareness of the social impacts of addiction.							
Course Content		This course focuses on the types of addiction, their effects on individuals and society, national and international strategies for combating addiction, and the organizations that provide support—including public institutions, private services, and NGOs. It also covers help-seeking behaviors, referral processes for treatment, the functioning of social support systems, and individual prevention strategies aimed at reducing the risk of developing addiction.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Ins. Gülşah Şükran KALE YOLCU							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

### Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.
3	Kısaç, İ., Aydın, D., & Erzen, E. (Eds.). (2024). Addiction and combating addictions: Types, causes, and proposed solutions. Kronik Publishing.
4	Şahin, C., Özkan, A., & Bulut, Y. E. (Eds.). (2023). Addiction from all perspectives. Pegem Academy.

Week	Weekly Detailed Course Contents	
1	Theoretical	The Concept of Addiction and Its Scientific Foundations
2	Theoretical	Types of Addiction and Classification Systems
3	Theoretical	Addictive Substances: Effects and Patterns of Use
4	Theoretical	Tobacco Use and Nicotine Dependence
5	Theoretical	Alcohol Use and Alcohol Dependence
6	Theoretical	Behavioral Addictions and Digital Technology Use
7	Theoretical	Biopsychosocial Dynamics of Addiction
8	Theoretical	Historical Development and Societal Reflections of Addiction
9	Theoretical	Global and National Trends in Substance Use
10	Theoretical	Psychosocial Characteristics of Individuals with Addiction
11	Theoretical	Life and Social Problems Associated with Addiction
12	Theoretical	Organizational Structures Addressing Addiction in Turkey
13	Theoretical	Public Policies and Institutional Intervention Approaches
14	Theoretical	Individual Prevention and Intervention Strategies for Addiction

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42



Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	Recognizes types of addiction and their effects on individuals and society.
2	Knows national and international strategies for combating addiction.
3	Recognizes public institutions, private organizations, and NGOs involved in combating addiction.
4	Analyzes help-seeking behaviors and referral processes for addiction treatment.
5	Evaluates social support systems used in combating addiction
6	Explains individual protection and prevention strategies for addiction.
7	Discusses ethical principles and intervention methods in combating addiction.
8	Develops an individual or institutional intervention plan.

### Programme Outcomes (Quality Control in Production)

1	To be able to be bounded to the Atatürk nationalism, adopted to the national, ethic, spiritual and cultural value of the Turkish Nation, opened to the universal and modern development, adopted the richness, deep seated and productive properties of the Turkish language, having language sympathy and awareness, having reading pleasure and habit and having sufficient foreign language for their vocational necessities, In the directions of the Atatürk Principles and Revolutions,
2	To be able to comprehend social, cultural and societal responsibility and keep up with national and international up contemporary issues and developments.
3	Utilizes together mathematics, science and theoretical and applied knowledge in their field for engineering solutions.
4	Determines, identifies formulates and solves the problems. For this purpose selects and applies analytical methods and modeling techniques.
5	Selects and utilizes the necessary modern techniques and equipment for industrial applications.
6	Designs and performs experiments, collects data and analyzes and elaborates results.
7	Works effectively as an individual or in multidisciplinary teams.
8	Collects information and makes literature survey for this purpose, utilizes databases and other information sources.
9	Be aware of lifelong learning; follows the developments in science and technology and continuously renews himself.
10	Analyzes and designs under realistic constraints a system, a system component or a process for meeting the required needs, for this purpose applies modern design methods.
11	Acquires professionalism and ethical responsibility in the profession.
12	Communicates by using technical drawing and manufacturing knowledge.
13	Be aware of the universal and social effects of industrial solutions and applications; is aware of entrepreneurship and innovation and has idea about the problems of the era.
14	Has knowledge about quality assurance and standardization and possess skills of execution of operations. In the same time, has the professional and ethical responsibility.
15	Is conscious of project management, business administration, health of the workers, environment and work safety; is aware of the legal consequences of industrial applications.

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P2	4	1			
P7	1				
P9	2	1	1	1	2
P11	2	1	2	1	2

