



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title	Struggling With Addiction								
Course Code	ADG102	Course Level			Short Cycle (Associate's Degree)				
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction								
Course Content	Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of combating addictions								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Discussion, Individual Study								
Name of Lecturer(s)	Lec. Mehtap KIZILKAYA, Ins. Gökçe Sibel TURAN, Ins. Gülşah Şükran KALE YOLCU, Ins. Mehmet ATİK								

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

### Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of addiction
2	Theoretical	Basic concepts of addiction
3	Theoretical	Concept of abstinence
4	Theoretical	Concept of tolerance
5	Theoretical	Depressants-I: Coping with alcohol and opiates
6	Theoretical	Stimulants: Coping with Cocaine and Amphetamines
7	Theoretical	The harms of nicotine and caffeine use
8	Intermediate Exam	Mid term week
9	Theoretical	Social and legal aspects of substance abuse
10	Theoretical	Research on addiction
11	Theoretical	Behavioral Addictions
12	Theoretical	Introduction of addiction centers and studies
13	Theoretical	Individual differences in addiction
14	Theoretical	An Overview
15	Final Exam	Final Exam
16	Theoretical	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	It creates conscious awareness about the fight against addiction.
2	Knows the causes of psychological addictions
3	Categorizes abused substances



4	Gives examples of use patterns and behavioral effects of abused substances
5	Compares and criticizes information about the subject from non-scientific sources with scientific information.

### Programme Outcomes (*Quality Control in Production*)

1	To be able to be bounded to the Atatürk nationalism, adopted to the national, ethic, spiritual and cultural value of the Turkish Nation, opened to the universal and modern development, adopted the richness, deep seated and productive properties of the Turkish language, having language sympathy and awareness, having reading pleasure and habit and having sufficient foreign language for their vocational necessities, In the directions of the Atatürk Principles and Revolutions,
2	To be able to comprehend social, cultural and societal responsibility and keep up with national and international up contemporary issues and developments.
3	Utilizes together mathematics, science and theoretical and applied knowledge in their field for engineering solutions.
4	Determines, identifies formulizes and solves the problems. For this purpose selects and applies analytical methods and modeling techniques.
5	Selects and utilizes the necessary modern techniques and equipment for industrial applications.
6	Designs and performs experiments, collects data and analyzes and elaborates results.
7	Works effectively as an individual or in multidisciplinary teams.
8	Collects information and makes literature survey for this purpose, utilizes databases and other information sources.
9	Be aware of lifelong learning; follows the developments in science and technology and continuously renews himself.
10	Analyzes and designs under realistic constraints a system, a system component or a process for meeting the required needs, for this purpose applies modern design methods.
11	Acquires professionalism and ethical responsibility in the profession.
12	Communicates by using technical drawing and manufacturing knowledge.
13	Be aware of the universal and social effects of industrial solutions and applications; is aware of entrepreneurship and innovation and has idea about the problems of the era.
14	Has knowledge about quality assurance and standardization and possess skills of execution of operations. In the same time, has the professional and ethical responsibility.
15	Is conscious of project management, business administration, health of the workers, environment and work safety; is aware of the legal consequences of industrial applications.

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P2	4	1			
P7	1				
P9	2	1	1	1	2
P11	2	1	2	1	2

