



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Personal Evolution							
Course Code		EU261		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Helping the person to better understand the physical, mental and spiritual traits; Knowing the self and learning the development principles; Developing professional qualifications and success in the business environment.							
Course Content		Individual Development; Physical, Mental, Mental, Self-Recognition, Professional development; Solving Effective Problems and Developing Projects, Developing Communication, Presentation and Persuasion Skills, Communication, Presentation, Persuasion Skills, Using Time Effectively, Being Resistant Against Strase, Providing Personal Motivation, Making Harmony with Business Friends, Having Self-confidence in Work							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study					
Name of Lecturer(s)		Prof. Okan ATAY							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Kişisel Gelişim (MEGEP)
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Week	Weekly Detailed Course Contents	
1	Theoretical	Individual Development. Physical characteristics
2	Theoretical	Mental Characteristics
3	Theoretical	Mental Characteristics
4	Theoretical	Self-Recognition
5	Theoretical	Self Development
6	Theoretical	Professional development. Solving Effective Problems and Developing Projects
7	Theoretical	Developing Communication, Presentation and Persuasion Skills.
8	Intermediate Exam	Midterm Exam
9	Theoretical	Presentation
10	Theoretical	Persuasion Skills
11	Theoretical	Efficient Use of Time
12	Theoretical	Be Resistant Against Strasse. Providing Personal Motivation
13	Theoretical	Harmonize with business colleagues. Having Self-confidence in your Work
14	Theoretical	Body language
15	Theoretical	Repetition
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	3	0	1	3
Reading	3	0	2	6
Individual Work	1	0	3	3
Midterm Examination	1	3	1	4



Final Examination	1	5	1	6
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Knows the points to be taken into consideration when setting a target
2	Know the importance of self-knowledge
3	Knows what to do for individual development.
4	Learns problem definition and problem solving.
5	Improves to communication skills.

Programme Outcomes (Food Quality Control and Analysis)

1	Having basic knowledge about food products
2	Having knowledge for Production and hygiene in food products, preservation, microbiology, quality control and analysis
3	Having skills and discipline for working in the laboratory and using laboratory materials,
4	Developing positive attitudes about learning and knowledge and lifelong learning in the field.
5	Using the information and communication technologies at the level required by the work areas
6	Act in accordance with scientific, cultural and ethical values
7	Having sufficient consciousness about environmental protection, occupational health and safety issues.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P4	4	4	4	4	4

