



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Human Rights and Democracy							
Course Code		SÖ432		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	102 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To stress the contribution of the democracy to common cultural infrastructure, to show that humans have the basic liberties in only democracy, to show that human right, children right and consumer right are applied in only democracy, to show that humanly live is possible with democracy.							
Course Content		Definition and history of human right and democracy, the concept of democracy, liberty and equality, different democracy approaches, democratic culture, democracy in school and family, democratic civic, benefits and liberties, children and women right, national and international arrangements related to human right (Universal Declaration of Human Rights, European Convention of Human Right, Convention of Children Rights, etc) , basic problems encountered in human rights, human rights and democracy.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Gürbüz, R. (2018). İnsan Hakları ve Demokratikleşme. Ankara: Kuram Yayınevi.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Basic Literature About Field. Human Rights and Democracy's Definition
2	Theoretical	Democracy and Human Rights's Historical Development in the World and Turkey.
3	Theoretical	Revealed of Equality and Liberty Concepts.
4	Theoretical	Different Democracy Understanding. Its Revealed and Developments
5	Theoretical	Democracy's Development at Family and School.
6	Theoretical	Human Rights' International Adventure. The Universal Declaration of Human Rights? Before and After.
7	Theoretical	Human Rights? National Development. Before Republic and After
8	Intermediate Exam	Intermediate exam
9	Theoretical	Protected and Developed of Human Rights by Government
10	Theoretical	Organization, Reports and Agreement About Human Rights. United Nations and Elements.
11	Theoretical	Europe Council and Volunteer Organization.
12	Theoretical	Basic Document About Human Rights. The Universal Declaration of Human Rights. Europe Human Rights Agreement.
13	Theoretical	Child Rights Agreement. Child Rights and Turkey AGIK Copenhag Agreement. Kopenhag Criteria.
14	Theoretical	National Arrangement About Human Rights. Constitution Judgment. Human Rights Coordination Committee.
15	Theoretical	Patient Rights-Woman Rights-Consumer Rights.
16	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	14	0	2	28
Individual Work	14	0	2	28
Midterm Examination	1	6	1	7



Final Examination	1	10	1	11
Total Workload (Hours)				102
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Gain Allowance Culture.
2	Stress That Benefit, Justice And Liberty Emerged From The Democracy
3	Evaluate That Human Rights (Ethnic Group, Language And Religious) Are The Same For Each Person.
4	Know That Liberties Of The Individuals Are Important At 21st Century
5	Know That Liberties Are Used In Only Democracy.

Programme Outcomes (Nutrition and Dietetics)

1	Assess, apply and evaluate the accuracy, reliability and validity of basic knowledge and evidence based current scientific developments on nutrition and dietetics.
2	Assess scientifically the energy and nutrients need of individuals and develop nutrition plans and programs for the clients according to the principles of adequate and balanced nutrition and assessment of energy and nutrient requirements
3	Develop food and nutrition plans and policies for the prevention and promotion of healthy lifestyle applying the methods of nutritional assessment for the population.
4	Assess the nutritional status of the patients, evaluate the clinical symptoms, plan and apply individualized medical nutrition therapy for the patients.
5	Evaluate the factors affecting the quality of food consumed by the individuals and populations from production to consumption and implement the legal standards and legislations on food safety and food security.
6	Consider, interpret and apply the basic scientific knowledge on nutrition and dietetics especially have skills on critical thinking, problem solving and decision making and use effectively the appropriate current technologies and computer, demonstrate skills in preparing research manuscripts, project proposals, collecting and verifying data and writing report.
7	Assess, evaluate and interpret the nutritional status of the individuals and population groups using current knowledge, develop preventive measures, apply medical nutrition therapy, demonstrate active participation, teamwork and contributions with national and international stakeholders in health and social areas, in terms of ethical principles.
8	Plan menus in the institutional food service systems depending on the energy and nutrient requirements of target groups in the scope of nutrition and dietetic principles, take care of food safety in all settings from purchase of food to service, apply appropriate service using technological developments.
9	Develop and use effective strategies for the education, counseling and encouragement of individuals and population groups to facilitate behavior change and choose healthy and safety foods, prepare and update the related educational materials.
10	Apply laboratory work on product development, food analysis and related factors effecting food quality and interpret the results and evaluate them according to the legal arrangements.
11	Plan, manage, evaluate, monitor and report researches and programs to educate and increase and improve the knowledge and awareness of individuals and population groups on healthy nutrition during all lifecycle period, and lead such activities, support and take role in the preparation and implementation of national and international food and nutrition plans and policies.
12	Work and perform duties in the scope of occupational responsibilities and ethical principles, understand the importance of lifelong learning, follow the latest developments (innovations) in science, technology and health, demonstrate professional attributes for the enhancement of nutrition and dietetics profession.
13	Use, apply, discuss and share scientific and evidence based knowledge in nutrition and dietetics practice with team and team members, develop and demonstrate effective skills using oral, print, visual methods in communicating and expressing thoughts and ideas, communicate with all stakeholders within ethical principles. Develop and demonstrate effective communications skills using oral, print, visual, electronic and mass media methods
14	Plan, apply, monitor and evaluate individualized medical nutrition therapy within interdisciplinary approaches, considering the sociocultural, economical status of patients in various age groups and also contribute to clinical researches.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	2	2	1	2	2
P2	3	2	1	1	1
P3	2	2	2	1	1
P4	2	3	2	2	2
P5	3	3	3	3	2
P6	2	2	2	2	3
P7	3	1	2		2
P8	3	2	1	1	1
P9	2	2	2	2	2
P10	4	3	2	2	3



P11	2	2	2	3	2
P12	3	1	1	2	1
P13	2	2	2	1	2
P14	4	2	1	2	3

