



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Public Health II							
Course Code		BDB418		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Having high level knowledge on special topics of public health.							
Course Content		School health, adolescent health, geriatric problems, epidemiology of chronic diseases, demography and health, social determinants of health, public health and ethics, injury control, agriculture health, behavioral factors affected health, medical sociology, medical anthropology.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study, Problem Solving					
Name of Lecturer(s)									

Prerequisites & Co-requisites

ECTS Requisite	150
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Oxford Textbook of Public Health, 5th Edition. (Eds) Detels R, Beaglehole R, Lansang MA, Gulliford M. Oxford University Press. Maxcy-Rosenau-Last Public Health & Preventive Medicine, 15th Edition. (Eds)
2	Wallace RB, Kohatsu N. The McGraw-Hill Companies, USA, 2008. Turnock BJ. Essentials of Public Health, 2nd Edition.
3	Jones & Bartlett Learning, Canada, 2011. Bodenheimer BS, Grumbach K. Understanding Health Policy: A Clinical Approach, 3rd Edition.

Week	Weekly Detailed Course Contents	
1	Theoretical	School health.
2	Theoretical	Adolescent health.
3	Theoretical	Geriatric problems.
4	Theoretical	Epidemiology of chronic diseases.
5	Theoretical	Epidemiology of chronic diseases.
6	Theoretical	Demography and health.
7	Theoretical	Social determinants of health.
8	Intermediate Exam	Midterm Exam
9	Theoretical	Public Health and ethics.
10	Theoretical	Injury control.
11	Theoretical	Agricultural health.
12	Theoretical	Behaviorial factors affected health.
13	Theoretical	Medical sociology.
14	Theoretical	Medical anthropology.
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	4	2	78
Midterm Examination	1	10	1	11



Final Examination	1	10	1	11
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Having high level knowledge on special topics of public health.
2	Planning and managing of immunization programmes.
3	Managing of epidemics.
4	Apply the problem solving method in the solution of health problems.
5	Cooperates with related institutions, organizations and the society in solving community health problems.

Programme Outcomes (Nutrition and Dietetics)

1	Assess, apply and evaluate the accuracy, reliability and validity of basic knowledge and evidence based current scientific developments on nutrition and dietetics.
2	Assess scientifically the energy and nutrients need of individuals and develop nutrition plans and programs for the clients according to the principles of adequate and balanced nutrition and assessment of energy and nutrient requirements
3	Develop food and nutrition plans and policies for the prevention and promotion of healthy lifestyle applying the methods of nutritional assessment for the population.
4	Assess the nutritional status of the patients, evaluate the clinical symptoms, plan and apply individualized medical nutrition therapy for the patients.
5	Evaluate the factors affecting the quality of food consumed by the individuals and populations from production to consumption and implement the legal standards and legislations on food safety and food security.
6	Consider, interpret and apply the basic scientific knowledge on nutrition and dietetics especially have skills on critical thinking, problem solving and decision making and use effectively the appropriate current technologies and computer, demonstrate skills in preparing research manuscripts, project proposals, collecting and verifying data and writing report.
7	Assess, evaluate and interpret the nutritional status of the individuals and population groups using current knowledge, develop preventive measures, apply medical nutrition therapy, demonstrate active participation, teamwork and contributions with national and international stakeholders in health and social areas, in terms of ethical principles.
8	Plan menus in the institutional food service systems depending on the energy and nutrient requirements of target groups in the scope of nutrition and dietetic principles, take care of food safety in all settings from purchase of food to service, apply appropriate service using technological developments.
9	Develop and use effective strategies for the education, counseling and encouragement of individuals and population groups to facilitate behavior change and choose healthy and safety foods, prepare and update the related educational materials.
10	Apply laboratory work on product development, food analysis and related factors effecting food quality and interpret the results and evaluate them according to the legal arrangements.
11	Plan, manage, evaluate, monitor and report researches and programs to educate and increase and improve the knowledge and awareness of individuals and population groups on healthy nutrition during all lifecycle period, and lead such activities, support and take role in the preparation and implementation of national and international food and nutrition plans and policies.
12	Work and perform duties in the scope of occupational responsibilities and ethical principles, understand the importance of lifelong learning, follow the latest developments (innovations) in science, technology and health, demonstrate professional attributes for the enhancement of nutrition and dietetics profession.
13	Use, apply, discuss and share scientific and evidence based knowledge in nutrition and dietetics practice with team and team members, develop and demonstrate effective skills using oral, print, visual methods in communicating and expressing thoughts and ideas, communicate with all stakeholders within ethical principles. Develop and demonstrate effective communications skills using oral, print, visual, electronic and mass media methods
14	Plan, apply, monitor and evaluate individualized medical nutrition therapy within interdisciplinary approaches, considering the sociocultural, economical status of patients in various age groups and also contribute to clinical researches.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1
P1	3
P2	2
P3	2
P4	3
P5	3
P6	2
P7	4
P8	2
P9	2
P10	3



P11	2
P12	2
P13	3
P14	2

