

# AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title	Seminar							
Course Code	BDB407 Couse			el	First Cycle (Bachelor's Degree)			
ECTS Credit 2	Workload 54	4 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	To teach the presentation of a report on subjects related with food, nutrition and dietetics.							
Course Content	Searching, discussion and presentation of data about special subject in food, nutrition and dietetics area under a supervision of a teaching staff							
Work Placement	N/A							
Planned Learning Activities and Teaching Methods  Expla				n (Presentat	tion), Discussio	on, Project B	ased Study, Indiv	ridual
Name of Lecturer(s)	Ins. Mahmut ÇERİ, Lec. Ayçıl ÖZTURAN ŞİRİN, Lec. Duygu KAYA BİLECENOĞLU, Lec. Esra ÖRENLİLİ YAYLAGÜL, Prof. Dide KILIÇALP KILINÇ, Prof. Serdal ÖĞÜT, Res. Assist. Burcu DENİZ GÜNEŞ							

## **Prerequisites & Co-requisities**

ECTS Requisite 150

Assessment Methods and Criteria							
Method	Quantity	Percentage (%)					
Seminar		1	100				

### **Recommended or Required Reading**

1 Various kinds of textbooks, current articles, and other materials related to the subject

Week	Weekly Detailed Co	urse Contents
1	Theoretical	Writing reports by interpreting the materials related to the subjects
2	Theoretical	Writing reports by interpreting the materials related to the subjects
3	Theoretical	Writing reports by interpreting the materials related to the subjects
4	Theoretical	Writing reports by interpreting the materials related to the subjects
5	Theoretical	Writing reports by interpreting the materials related to the subjects
6	Theoretical	Preparation of the presentations from the reports
7	Theoretical	Preparation of the presentations from the reports
8	Theoretical	Preparation of the presentations from the reports
9	Theoretical	Preparation of the presentations from the reports
10	Theoretical	Preparation of the presentations from the reports
11	Theoretical	Presentations of the seminars
12	Theoretical	Presentations of the seminars
13	Theoretical	Presentations of the seminars
14	Theoretical	Presentations of the seminars



Workload Calculation								
Activity	Quantity	Preparation	Duration	Total Workload				
Lecture - Theory	14	1	2	42				
Seminar	1	10	2	12				
Total Workload (Hours)								
[Total Workload (Hours) / 25*] = <b>ECTS</b>								
*25 hour workload is accepted as 1 ECTS								

Learn	ing Outcomes
1	Learn how to critically analyze and interpret original articles published in a wide variety of journals
2	Investigate a current topic about food or nutrition
3	Write an assignment about the investigated subject
4	Learn how to make professional presentations
5	Present the investigated information in seminar format,
6	Learn how to critique the presentations given by others,
7	Gain skills to solve any kind of question related to the subject.

#### **Programme Outcomes** (Nutrition and Dietetics)

- Assess, apply and evaluate the accuracy, reliability and validity of basic knowledge and evidence based current scientific developments on nutrition and dietetics.
- Assess scientifically the energy and nutrients need of individuals and develop nutrition plans and programs for the clients according to the principles of adequate and balanced nutrition and assessment of energy and nutrient requirements
- 3 Develop food and nutrition plans and policies for the prevention and promotion of healthy lifestyle applying the methods of nutritional assessment for the population.
- 4 Assess the nutritional status of the patients, evaluate the clinical symptoms, plan and apply individualized medical nutrition therapy for the patients.
- 5 Evaluate the factors affecting the quality of food consumed by the individuals and populations from production to consumption and implement the legal standards and legislations on food safety and food security.
- Consider, interpret and apply the basic scientific knowledge on nutrition and dietetics especially have skills on critical thinking, problem solving and decision making and use effectively the appropriate current technologies and computer, demonstrate skills in preparing research manuscripts, project proposals, collecting and verifying data and writing report.
- Assess, evaluate and interpret the nutritional status of the individuals and population groups using current knowledge, develop preventive measures, apply medical nutrition therapy, demonstrate active participation, teamwork and contributions with national and international stakeholders in health and social areas, in terms of ethical principles.
- Plan menus in the institutional food service systems depending on the energy and nutrient requirements of target groups in the scope of nutrition and dietetic principles, take care of food safety in all settings from purchase of food to service, apply appropriate service using technological developments.
- Develop and use effective strategies for the education, counseling and encouragement of individuals and population groups to facilitate behavior change and choose healthy and safety foods, prepare and update the related educational materials.
- Apply laboratory work on product development, food analysis and related factors effecting food quality and interpret the results and evaluate them according to the legal arrangements.
- Plan, manage, evaluate, monitor and report researches and programs to educate and increase and improve the knowledge and awareness of individuals and population groups on healthy nutrition during all lifecycle period, and lead such activities, support and take role in the preparation and implementation of national and international food and nutrition plans and policies.
- Work and perform duties in the scope of occupational responsibilities and ethical principles, understand the importance of lifelong learning, follow the latest developments (innovations) in science, technology and health, demonstrate professional attributes for the enhancement of nutrition and dietetics profession.
- Use, apply, discuss and share scientific and evidence based knowledge in nutrition and dietetics practice with team and team members, develop and demonstrate effective skills using oral, print, visual methods in communicating and expressing thoughts and ideas, communicate with all stakeholders within ethical principles. Develop and demonstrate effective communications skills using oral, print, visual, electronic and mass media methods
- Plan, apply, monitor and evaluate individualized medical nutrition therapy within interdisciplinary approaches, considering the sociocultural, economical status of patients in various age groups and also contribute to clinical researches.

#### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7
P1	2	3	2	3	4	3	2
P2	2	2	2	2	2	3	2
P3	3	2	3	2	3	2	3
P4	2	2	4	4	3	4	3
P5	2	1	1	2	2	1	2



P6	1	1	1	2	4	2	4
P7	2	1	2	3	2	3	2
P8	3	2	3	3	2	3	3
P9	3	2	3	2	3	2	2
P10	2	3	2	1	3	4	3
P11	1	2	4	2	2	2	3
P12	1	1	2	2	2	3	2
P13	2	2	3	3	3	3	4
P14	3	3	2	2	2	2	2

