



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Sexual Health							
Course Code		EBL152		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	96 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to provide the students with necessary knowledge, attitude and values about sexual health, reproductive health, gender and gender concepts.							
Course Content		Adolescence Physical, Mental Changes, Sexual Identity Development, Health, Sexuality, Reproductive Health Concepts, Dimensions of Reproduction and Sexuality, Sexual Health and Related Problems, Views in societies to sexuality, The wrong Information and Beliefs related to sexuality, Sexual Health Education, Reproductive and Sexual Rights, Sexual Health / Reproductive Health Services, A Case Report							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Prerequisites & Co-requisites

Equivalent Course	EB502
-------------------	-------

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Akalın A. (2000). Cinsel kimlik gelişimi. İçinde: Fincancıoğlu N, Bulut A, editörler. Cinsel sağlık bilgileri eğitimi öğretmen el kitabı, İstanbul: İnsan Kaynağını Geliştirme Vakfı; p.27-35.
2	Babacan, S.S. (2003). "İnsan Seksüalitesinin Kültürel ve Psikososyal Yönleri", Kastamonu Eğitim Dergisi, 11 (1): 131-136.
3	Çakşak, A. (2018). Ergenlerde cinsel eğitim . Journal of Institute of Economic Development and Social Researches , 4 (11) , 498-504 .
4	Fennell R, Grant B. (2019). Discussing sexuality in health care: A systematic review. J Clin Nurs. 28:3065–76.
5	Türmen T. (2003) Toplumsal cinsiyet ve kadın sağlığı. İçinde: Akın A, editör. Toplumsal cinsiyet, sağlık ve kadın, Hacettepe Üniversitesi Yayınları, 3-16.
6	Büyükkayacı Duman N. (2019). Cinsel Sağlık. Nobel Tıp Kitabevleri 2019
7	T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü (2009) Cinsel Sağlık Ve Üreme Sağlığı, Üreme Sağlığına Giriş, Ankara
8	Set T., Dağdeviren N., Aktürk Z. (2006) Ergenlerde Cinsellik, Genel Tıp Dergisi, 16(3):137-141
9	Aslan E. (2012) Güvenli Cinsellik, http://www.uroturk.org.tr/guvenli_cinsellik.pdf
10	Kayır A. (2001) Cinsellik kavramı ve cinsel mitler. İçinde: Yetkin N, İncesu C, editörler. Cinsel işlev bozuklukları. İstanbul: Roche Müstahzarları Sanayi A.Ş, p.34-9.
11	T.C. Sağlık Bakanlığı Cinsel Sağlık/Üreme Sağlığı Müfredat Programı Dökümanı.

Week	Weekly Detailed Course Contents	
1	Theoretical	Meeting, The aim of the course
2	Theoretical	Sexuality and Sexual Health Related Definitions and Concepts
3	Theoretical	Adolescence Physical, Mental Changes, Sexual Identity Development
4	Theoretical	Dimensions of Reproduction and Sexuality
5	Theoretical	Sexual Health and Related Problems
6	Theoretical	Sexual Health and Related Problems
7	Theoretical	Views in societies to sexuality-The wrong Information and Beliefs related to sexuality
8	Theoretical	Sexual Health Education
9	Intermediate Exam	Midterm Examination
10	Theoretical	Sexual Violence and Sexual Abuse
11	Theoretical	Reproductive and Sexual Rights



12	Theoretical	Sexual Health / Reproductive Health Services
13	Theoretical	A Case Report
14	Theoretical	A Case Report
15	Theoretical	Midwifery Approach to Sexual Health Problems
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Assignment	1	5	9	14
Project	1	8	10	18
Midterm Examination	1	2	1	3
Final Examination	1	4	1	5
Total Workload (Hours)				96
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To be able to describe the concept of healthy sexuality, sexual health and reproductive health terms
2	To be able to say reproductive rights, discuss the importance of individuals
3	To be able to have information about sexuality and cultural attitudes, prejudices, sexual myths and taboos
4	To be able to comprehend view of sexuality in society, effects of the gender discrimination to health / reproductive health
5	To be able to speak without being shy about sexuality issues
6	To be able to understand the impact of sexuality, sexual values to giving care, to take into account the concept of sexuality in meeting the care needs, to gain knowledge and skills in care giving

Programme Outcomes (Child Development)

1	Comparatively evaluate and interpret the reliability and validity of the knowledge he / she has by using the basic and updated theoretical and practical educational and training tools and resources in the field of child development.
2	In line with the theoretical and practical knowledge he has acquired in the field of child development, he has the skills to evaluate children who show typical and atypical development with different methods and tools, develop support programs, provide family counseling and inform the society.
3	Uses his/her knowledge about self-care, physical-motor, cognitive-language, social-emotional development of 0-18 year old children for the developmental and educational diagnosis of children, in the units related to his/her profession for the benefit of children, families and society.
4	Analyzes the problems of their children and their families in terms of health, development, education and social service in the country and produces appropriate solutions and original ideas by using evidence-based knowledge on these problems.
5	Using the basic knowledge in the field of child development, he produces individual and group studies
6	He plans and implements research, professional projects and activities for the social environment in which it lives with the awareness of social responsibility, and monitors and evaluates the process.
7	Acts in accordance with the ethics of science, observes the psychological state of the children and their families in experimental researches on children.
8	Behaves in accordance with laws, regulations and legislation and respectful of democracy, human rights, social, scientific and professional ethical values, presenting an example for the society with his/her attitude, behavior and appearance.
9	Has adequate awareness about quality management and processes, individual and environmental protection and occupational safety issues including infants, children and families, participates and behaves accordingly in these processes.
10	He can integrate her professional knowledge with knowledge from different disciplines, he takes responsibility in multidisciplinary, interdisciplinary and transdisciplinary studies by participating in teamwork and fulfills his duties effectively.
11	Developing the habit of keeping research and learning awareness and knowledge up-to-date throughout life, he knows all the concepts related to development and education for children and young people aged 0-18 and follows the studies on this subject with a critical approach.
12	Using information and communication technologies together with the computer software required by the field.
13	To follow the changes and developments in the field using at least one foreign language.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	3	3	3	3	3	3
P3	3	3	3	3	3	3
P4	3	3	3	3	3	3



P9	3	3	3	3	3	3
P11	3	3	3	3	3	3

