



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Struggling With Addiction							
Course Code		ADG102		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	48 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to introduce individual and institutional strategies for combating addiction, enabling students to understand the processes of prevention, treatment, and access to support services. Throughout the course, students will become familiar with organizations involved in addiction response, analyze help-seeking pathways, evaluate individual prevention and protection strategies, and develop awareness of the social impacts of addiction.							
Course Content		This course focuses on the types of addiction, their effects on individuals and society, national and international strategies for combating addiction, and the organizations that provide support—including public institutions, private services, and NGOs. It also covers help-seeking behaviors, referral processes for treatment, the functioning of social support systems, and individual prevention strategies aimed at reducing the risk of developing addiction.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Ins. Gülşah Şükran KALE YOLCU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.
3	Kısaç, İ., Aydın, D., & Erzen, E. (Eds.). (2024). Addiction and combating addictions: Types, causes, and proposed solutions. Kronik Publishing.
4	Şahin, C., Özkan, A., & Bulut, Y. E. (Eds.). (2023). Addiction from all perspectives. Pegem Academy.

Week	Weekly Detailed Course Contents	
1	Theoretical	The Concept of Addiction and Its Scientific Foundations
2	Theoretical	Types of Addiction and Classification Systems
3	Theoretical	Addictive Substances: Effects and Patterns of Use
4	Theoretical	Tobacco Use and Nicotine Dependence
5	Theoretical	Alcohol Use and Alcohol Dependence
6	Theoretical	Behavioral Addictions and Digital Technology Use
7	Theoretical	Biopsychosocial Dynamics of Addiction
8	Theoretical	Historical Development and Societal Reflections of Addiction
9	Theoretical	Global and National Trends in Substance Use
10	Theoretical	Psychosocial Characteristics of Individuals with Addiction
11	Theoretical	Life and Social Problems Associated with Addiction
12	Theoretical	Organizational Structures Addressing Addiction in Turkey
13	Theoretical	Public Policies and Institutional Intervention Approaches
14	Theoretical	Individual Prevention and Intervention Strategies for Addiction

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42



Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Recognizes types of addiction and their effects on individuals and society.
2	Knows national and international strategies for combating addiction.
3	Recognizes public institutions, private organizations, and NGOs involved in combating addiction.
4	Analyzes help-seeking behaviors and referral processes for addiction treatment.
5	Evaluates social support systems used in combating addiction
6	Explains individual protection and prevention strategies for addiction.
7	Discusses ethical principles and intervention methods in combating addiction.
8	Develops an individual or institutional intervention plan.

Programme Outcomes (Plant Protection)

1	To be able to learn about systematics, morphological, biological, ecological and epidemiological information about diseases, pests and weeds that cause the loss of the crop at every stage of production,
2	To be able to become familiar with agricultural management control methods and their use in control of plant diseases, pests and weeds in cultivated agricultural crops,
3	To be able to diagnose and identify plant diseases, insect, mite or nematode pests or weeds that cause economical losses in stored crops and products,
4	To be able to use pesticides safely and effectively and informed about their hazardous non-target effects on the environment and human health.
5	To be able to learn plant protection products and their practice in organic agriculture,
6	To be able to evaluate the information obtained throughout the learning process with cause-effect relations, to be able to collect data and transfer the results to practice, and to predict where, when and why to use the information
7	To be able to comply with professional, cultural, social ethic rules in his / her field and to be entrepreneurial
8	To be able to have conscious of the universality of social rights, social justice, quality and cultural values, environment protection, occupational health and safety issues
9	To be able to use information and communication technologies together with the required computer software of his / her field
10	To be able to have the necessary background and qualifications to work in public and private agriculture sectors, to be able to conduct a study independently / as a team member and to be able to comply with the relevant legislation

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P10	1	1	1	1	1

