



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Struggling With Addiction							
Course Code		ADG102		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction							
Course Content		Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of combating addictions							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Ins. Gülşah Şükran KALE YOLCU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of addiction
2	Theoretical	Basic concepts of addiction
3	Theoretical	Concept of abstinence
4	Theoretical	Concept of tolerance
5	Theoretical	Depressants-I: Coping with alcohol and opiates
6	Theoretical	Stimulants: Coping with Cocaine and Amphetamines
7	Theoretical	The harms of nicotine and caffeine use
8	Theoretical	The harms of nicotine and caffeine use
9	Theoretical	Social and legal aspects of substance abuse
10	Theoretical	Research on addiction
11	Theoretical	Behavioral Addictions
12	Theoretical	Introduction of addiction centers and studies
13	Theoretical	Individual differences in addiction
14	Theoretical	An Overview
15	Final Exam	Final Exam
16	Theoretical	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	It creates conscious awareness about the fight against addiction.
2	Knows the causes of psychological addictions
3	Categorizes abused substances



4	Gives examples of use patterns and behavioral effects of abused substances
5	Compares and criticizes information about the subject from non-scientific sources with scientific information.

Programme Outcomes (Plant Protection)

1	To be able to learn about systematics, morphological, biological, ecological and epidemiological information about diseases, pests and weeds that cause the loss of the crop at every stage of production,
2	To be able to become familiar with agricultural management control methods and their use in control of plant diseases, pests and weeds in cultivated agricultural crops,
3	To be able to diagnose and identify plant diseases, insect, mite or nematode pests or weeds that cause economical losses in stored crops and products,
4	To be able to use pesticides safely and effectively and informed about their hazardous non-target effects on the environment and human health.
5	To be able to learn plant protection products and their practice in organic agriculture,
6	To be able to evaluate the information obtained throughout the learning process with cause-effect relations, to be able to collect data and transfer the results to practice, and to predict where, when and why to use the information
7	To be able to comply with professional, cultural, social ethic rules in his / her field and to be entrepreneurial
8	To be able to have conscious of the universality of social rights, social justice, quality and cultural values, environment protection, occupational health and safety issues
9	To be able to use information and communication technologies together with the required computer software of his / her field
10	To be able to have the necessary background and qualifications to work in public and private agriculture sectors, to be able to conduct a study independently / as a team member and to be able to comply with the relevant legislation

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P10	1	1	1	1	1

