



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Aromatherapy							
Course Code		TABİ301		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to let student be able to learn and be able to apply aromatherapy as a supportive treatment method applied by massage, compresses, inhalations and baths with essential oil and plants containing essential oil.							
Course Content		Having knowledge on aromatic oils, benefits preparation and their applications							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Lec. Şebnem Nalan AKAROĞLU							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Course notes of Lecturers
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Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to Aromatherapy, definitions and history
2	Theoretical	The effects of aromatherapy
3	Theoretical	The benefits of aromatherapy
4	Theoretical	Application methods of aromatherapy
5	Theoretical	Massage, compresses, inhalation and scenting of place
6	Theoretical	SPA and Bath
7	Theoretical	Oils used in Aromathreapy
8	Intermediate Exam	Exam
9	Theoretical	Oils used in Aromathreapy
10	Theoretical	Practices of aromatherapy massage
11	Theoretical	Client and Practitioner Preparation
12	Theoretical	Preparation aromatic mixture
13	Theoretical	Planning of massage, duration, frequency selection and manipulation
14	Theoretical	Massage Room Features and Hygiene
15	Theoretical	Aromatherapy Massage General Practice and Procedure Steps

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	3	2	0	6
Term Project	1	4	0	4
Midterm Examination	1	4	1	5
Final Examination	1	6	1	7
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Learning basics of aromatherapy
2	Lerning the preparation of foundations and benefits of essential oils and aromatic oils



3	Performing aromatherapy application
4	Learns the preparation of massage oil mixtures
5	Knows the effects of drugs in treatment

**Programme Outcomes (Plant Protection)**

1	To be able to learn about systematics, morphological, biological, ecological and epidemiological information about diseases, pests and weeds that cause the loss of the crop at every stage of production,
2	To be able to become familiar with agricultural management control methods and their use in control of plant diseases, pests and weeds in cultivated agricultural crops,
3	To be able to diagnose and identify plant diseases, insect, mite or nematode pests or weeds that cause economical losses in stored crops and products,
4	To be able to use pesticides safely and effectively and informed about their hazardous non-target effects on the environment and human health.
5	To be able to learn plant protection products and their practice in organic agriculture,
6	To be able to evaluate the information obtained throughout the learning process with cause-effect relations, to be able to collect data and transfer the results to practice, and to predict where, when and why to use the information
7	To be able to comply with professional, cultural, social ethic rules in his / her field and to be entrepreneurial
8	To be able to have conscious of the universality of social rights, social justice, quality and cultural values, environment protection, occupational health and safety issues
9	To be able to use information and communication technologies together with the required computer software of his / her field
10	To be able to have the necessary background and qualifications to work in public and private agriculture sectors, to be able to conduct a study independently / as a team member and to be able to comply with the relevant legislation

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4	L5
P6	3	3	3	3	3
P10	3	3	3	3	3

