



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychodynamic Psychotherapies							
Course Code		KPS524		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	3	Workload	76 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Learning the theoretical base and technique of dynamic psychotherapy							
Course Content		Basic concepts of psychoanalytic theory, types and properties of psychoanalysis and dynamic psychotherapy, scientific proof about effectiveness of dynamic psychotherapy, dynamic formulation issues, the constructing of therapeutic relationship, the understanding of resilience, transference and counter-transference, genetic and dynamic interpretations, the termination of therapy, evaluation							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	40
Assignment	14	60

Recommended or Required Reading

1	Gabbard, G. (2010). Long-term psychodynamic psychotherapy: A basic text. American Psychiatric Publishing.
2	PDM Task Force (2006) Psychodynamic diagnostic manual (PDM). Alliance of Psychoanalytic Organizations..
3	Mitchell, S. A. (1995). Freud and beyond: A history of modern psychoanalytic thought. Basic Books.

Week	Weekly Detailed Course Contents	
1	Theoretical	Key concepts in psychodynamic psychotherapy
2	Theoretical	Is psychodynamic psychotherapy an evidence-based treatment method?
3	Theoretical	Drive based psychoanalytic theory and applications
4	Theoretical	Relationship based psychoanalytic theory and applications
5	Theoretical	The case assessment for therapy: psychodynamic formulation
7	Theoretical	Critical issues of psychotherapy: boundary, price, gift, compassion
8	Theoretical	Therapeutic interventions: Understanding interpretive-supportive continuity
9	Theoretical	Target of therapy and therapeutic strategies
10	Theoretical	Get to grips with resilience, dreams and fantasies in dynamic psychotherapy
11	Theoretical	Counter-transference: Identify and work on
12	Theoretical	Depth work in therapy
13	Theoretical	Ending up therapy
14	Theoretical	Supervision in psychodynamic psychotherapy
15	Theoretical	Competence and competence evaluation in psychodynamic psychotherapy

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	1	2	45
Midterm Examination	1	9	1	10
Final Examination	1	20	1	21
Total Workload (Hours)				76
[Total Workload (Hours) / 25*] = ECTS				3

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Knows basic concepts and ecoles of psychoanalytic theory
2	Knows different theoretical and technical approaches to psychoanalysis and dynamic psychotherapy



3	Can make dynamic formulation and plan therapy accordingly
4	Can apply and terminate psychodynamic psychotherapy
5	Use the concepts related to psychoanalytic theory within the framework of dynamic therapy.

Programme Outcomes (Clinical Psychology Master)

1	Use the basic concepts and theories in the field of clinical psychology when dealing with the individual.
2	Students will be able to practice prevention and evaluation of psychological problems and psychotherapy.
3	Students can look at clinical psychology from an interdisciplinary perspective.
4	Conduct scientific research about the emergence and handling of psychological problems.
5	Use objective and reflective psychology measurement tools, observation and interview techniques.
6	To be able to make psychological evaluation by using objective psychological measurement tools, observation and interview techniques and to report the findings of the evaluation.
7	Students will be able to apply psychotherapy according to the results of psychological evaluation.
8	Carry out studies on the protection of community mental health and prevention of problems.
9	Conduct interdisciplinary studies with other disciplines.
10	Has ethical sensitivity and responsibility in scientific research and application studies.
11	Meet mental health counseling needs of social institutions.
12	Develops professional identity sensitivity.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	5	5	5
P2	5	5	5	5	5
P3	5	5	5	5	5
P4	5	5	5	5	5
P5	5	5	5	5	5
P6	5	5	5	5	5
P7	5	5	5	5	5
P8	4	4	4	4	4
P9	5	5	5	5	5
P10	5	5	5	5	5
P11	4	4	4	4	4
P12	5	5	5	5	5

