



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Breastfeeding and Nutrition Counseling							
Course Code		HDK547		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	101 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To able breast milk and understanding the importance of breastfeeding, breastfeeding and to gain self-confidence in increasing assurance to individuals and to learn guiding in breastfeeding to baby.							
Course Content		The importance of breastfeeding, successful breastfeeding, listening and learning to achieve, health practices, gain confidence and presented to support and skill development breastfeeding to baby.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Bulut A, Gökçay G, Neyzi O, Uzel N (1994). Anne ve çocuk sağlığında öncelikler. Neyzi o (ed). Nobel tıp kitabevleri, İstanbul
2	Burroughs A, Leifer G (2001). Maternity nursing: An Introductory Text. W.B. Saunders Company, USA
3	T.C.Sağlık Bakanlığı. Emzirme danışmanlığı el kitabı. T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü, Ankara
4	T.C.Sağlık Bakanlığı (2009). Güvenli annelik. Cinsel sağlık ve üreme sağlığı. T.C.Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü Ankara
5	World Health Organization and Unicef (2009). Baby-friendly hospital initiative. Section 3, Breastfeeding promotion and support in a baby-friendly hospital. Erişim: 13.06.2012, http://whqlibdoc.who.int/publications/2009/9789241594981_eng.pdf

Week	Weekly Detailed Course Contents	
1	Theoretical	The importance and the benefits of breast milk and breastfeeding
2	Theoretical	Changes that occur during pregnancy and milk production physiology
3	Theoretical	Local breastfeeding status
4	Theoretical	breastfeeding
5	Theoretical	Evaluation and monitoring of breastfeeding
6	Theoretical	Listening and learning skills
7	Theoretical	Listening and learning skills
8	Intermediate Exam	midterm exam
9	Theoretical	Gain confidence and giving support
10	Theoretical	Gain confidence and giving support
11	Theoretical	Conditions associated with breast
12	Theoretical	Conditions associated with breast
13	Theoretical	History taking Rejection of the nozzle
14	Theoretical	Insufficient milk, Cry
15	Final Exam	Fianl exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	4	2	78
Lecture - Practice	2	2	2	8
Midterm Examination	1	8	1	9



Final Examination	1	5	1	6
Total Workload (Hours)				101
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To be able to explain importance of breast milk and breastfeeding
2	To be able to explain benefits of breastfeeding for the health of both mother and baby
3	To be able to guide mother for breastfeeding to baby
4	To be able to doing consultation with Breastfeeding
5	To be able to explain importance of breast milk

Programme Outcomes (Obstetrics and Gynecology Nursing Master)

1	Basing on the nursing degree level qualifications, to be able to comprehend the latest theoretical and applied information at the level of expertise in the field of Gynecology and Obstetrics Nursing, and can improve, deepen and use them.
2	to be able to bring solutions to issues requiring expertise related to Birth, Women's Health and Diseases Nursing, solve problems, evaluate gathered results and if necessary apply them.
3	to be able to combine information in her/his field with those from different fields to create new knowledge, interpret and synthesize and bring solutions.
4	to be able to evaluate information related to her/his field critically and direct the learning.
5	to be able to discuss and share field-information, current developments and her/his own actual works with groups in the same field or in other fields in a systematic manner.
6	to be able to follow evidence-based practices and carry out evidence-creating research in her/his field related to professional practices.
7	to be able to execute field-related works independently and/or within a team.
8	to be able to comprehend statistics, use related software effectively, have skills for choosing the right methods, calculation and interpretation while doing research.
9	to be able to prepare report of the research she/he did or participated and publish in a valued national/international journal and present at meetings.
10	to be able to develop strategy and politics in issues related to Birth, Women Health and Disease Nursing and interpret practice plans and evaluate gathered results in a scientific and ethical framework
11	to be able to establish verbal and written communication by using a foreign language at least at the European language portfolio B2 general level.
12	to be able to comprehend the importance of ethical principles and ethical rules for the individual and society and behave ethically.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1			3		
P2			3		
P3	3				
P4	3			3	
P5		3		3	
P6		3			3
P7					2

