



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Reproductive Health and Family Planning Counseling							
Course Code		HDK527		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	150 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The course discusses the concept, definition and importance of the family planning, reproduction rights, sexuality, sexual health and sexual function disorders, reproductive and sexual health services for young peoples, basic concepts and criteria related to the reproductive health and family planning, the importance of the family planning, general situation of the family planning in the world and in Türkiye, communication skills and principles of counseling, types of counseling, the rights of the client and counselor, assessment of the client, breast examination, men- and women-specific family planning methods, new family planning methods, infertility, genital infections and their examination, sexually transmitted diseases, and prevention from sexually transmitted diseases.							
Course Content		In this lesson, the students and the issues related to reproductive health information and advice on these issues.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	1. Aile Planlamasında Temel Bilgiler (1997). İnsan Kaynağını Geliştirme Vakfı.
2	2. Cinsel Yolla Bulaşan Enfeksiyonlar Tanı ve Tedavi Rehberi (2002). İnsan Kaynağını Geliştirme Vakfı
3	3. Cinsel Sağlık/Üreme Sağlığı Kitabı (2007). No:2-B, Güvenli Annelik Katılımcı Kitabı, T.C. Sağlık Bakanlığı AÇS VE AP Genel Müdürlüğü, Ankara.
4	4. Cinsel Sağlık/Üreme Sağlığı Kitabı (2007). No:1-B, Üreme Sağlığına Giriş, T.C. Sağlık Bakanlığı AÇS VE AP Genel Müdürlüğü, Ankara.
5	5. Cinsel Sağlık/Üreme Sağlığı Kitabı (2007). No:4-B, Cinsel Yolla Bulaşan Enfeksiyonlar (CYBE), T.C. Sağlık Bakanlığı AÇS VE AP Genel Müdürlüğü, Ankara
6	6. Cinsel Sağlık/Üreme Sağlığı Kitabı (2007). No:5-B, Gençlere Yönelik Üreme Sağlığı Hizmetleri, T.C. Sağlık Bakanlığı AÇS VE AP Genel Müdürlüğü, Ankara.
7	7. Cinsel Sağlık/Üreme Sağlığı Kitabı (2007). No:3-B, Aile Planlaması Danışmanlığı Katılımcı El Kitabı, Ankara.
8	8. Gökmen O, Çiçek M N (2001). Günümüzde Kontrasepsiyon, Nobel Tıp Kitabevi, Tayf Ofset.
9	9. Şirin A ve ark. (2008) i, Kadın Sağlığı, Bedray Yayıncılık, Kenan Ofset Matbaacılık, İstanbul.
10	10. Taşkın L (2007). Doğum ve Kadın Hastalıkları Hemşireliği. Sistem Ofset Matbaacılık. Ankara.
11	11. Ulusal Aile Planlaması Hizmet Rehberi Cilt I- Cilt II. (2000). TC. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü, Ankara.
12	12. Aile planlaması danışmanlığı için resimli rehber (2000). Ankara: T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü ve AVSC International kuruluşunun işbirliği ile güncelleştirilmiş ve bastırılmıştır.
13	13. Cinsel Sağlık/Üreme sağlığı aile planlaması danışmanlığı katılımcı kitabı (2005). T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü. Ankara. Buluş Tasarım ve Mat. Hizmetleri.
14	14. Cinsel sağlık/üreme sağlığı, üreme sağlığına giriş katılımcı kitabı (2005). T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü. Ankara. Buluş Tasarım ve Mat. Hizmetleri.
15	15. Eğiticiler için aile planlaması kurs rehberi (2000). Ankara: HÜTF Halk Sağlığı ABD, John Hopkins Uluslararası Üreme Sağlığı ve Eğitim Programı ve Sağlık Eğitimi Genel Müdürlüğü
16	16. Ulusal aile planlaması hizmet rehberi Cilt 1 (2005). T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü. Ankara: Damla Mat. Reklamcılık ve Yayıncılık Tic. Ltd. Şti.
17	17. Ulusal aile planlaması hizmet rehberi Cilt 2 (2005). T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü. Ankara: Damla Mat. Reklamcılık ve Yayıncılık Tic. Ltd. Şti.

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition of reproductive health, the scope and importance
2	Theoretical	Reproductive health and family planning situation in the world and in Turkey



3	Theoretical	Reproductive and sexual rights, family planning policies and the legal status
4	Theoretical	Communications, Consulting
5	Theoretical	infection prevention
6	Theoretical	Genital tract infections
7	Theoretical	Intrauterine device (IUD)
8	Theoretical	Hormonal Methods
9	Intermediate Exam	Midterm
10	Theoretical	Evaluation of the applicant
11	Theoretical	Barrier methods
12	Theoretical	Emergency contraception, NFP
13	Theoretical	After birth and low contraception, Lactational amenorrhea
14	Theoretical	Surgical procedures
15	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	6	2	112
Assignment	1	10	2	12
Term Project	1	10	2	12
Midterm Examination	1	5	2	7
Final Examination	1	5	2	7
Total Workload (Hours)				150
[Total Workload (Hours) / 25*] = ECTS				6

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To be able to grasp the general concepts and principles about Women and reproductive health knowledge
2	To be able to explain the status of women's health and family planning in Turkey.
3	To be able to mentor.
4	To be able to explain genital tract infections and to recognize the needs of women with GTI.
5	To be able to comprehend family planning methods

Programme Outcomes (Obstetrics and Gynecology Nursing Master)

1	Basing on the nursing degree level qualifications, to be able to comprehend the latest theoretical and applied information at the level of expertise in the field of Gynecology and Obstetrics Nursing, and can improve, deepen and use them.
2	to be able to bring solutions to issues requiring expertise related to Birth, Women's Health and Diseases Nursing, solve problems, evaluate gathered results and if necessary apply them.
3	to be able to combine information in her/his field with those from different fields to create new knowledge, interpret and synthesize and bring solutions.
4	to be able to evaluate information related to her/his field critically and direct the learning.
5	to be able to discuss and share field-information, current developments and her/his own actual works with groups in the same field or in other fields in a systematic manner.
6	to be able to follow evidence-based practices and carry out evidence-creating research in her/his field related to professional practices.
7	to be able to execute field-related works independently and/or within a team.
8	to be able to comprehend statistics, use related software effectively, have skills for choosing the right methods, calculation and interpretation while doing research.
9	to be able to prepare report of the research she/he did or participated and publish in a valued national/international journal and present at meetings.
10	to be able to develop strategy and politics in issues related to Birth, Women Health and Disease Nursing and interpret practice plans and evaluate gathered results in a scientific and ethical framework
11	to be able to establish verbal and written communication by using a foreign language at least at the European language portfolio B2 general level.
12	to be able to comprehend the importance of ethical principles and ethical rules for the individual and society and behave ethically.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High



	L1	L2	L3	L4	L5
P1	4	4	4		
P2	5	5	5	5	
P3	4	4	4	4	
P4	4	4	4	4	3
P5	4	4	4	4	
P6	4	4	4	4	
P10	4	4	4	4	
P12	4	4	4	4	

