



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Assessment							
Course Code		HDK537		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	103 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		This course aims to teach health diagnostics of healthy subjects and patients at the life-course stages, physical examination and system examination with a holistic approach and in accordance of nursing process.							
Course Content		Asseessing the healthy and sick individual, women and newborn with a holistic and humanistic approach, getting history, physical examination methods and women-specific physical and laboratory examinations and evaluatins.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	20
Final Examination	1	60
Practice Examination	1	20

Recommended or Required Reading

1	1. Berman A, Synder S, Kozier B et al. (2008). Kozier & Erb's Fundamentals of Nursing. Concepts, Process and Practice, 8th ed., St. Louis.
2	2. Çakırcalı, E. (1998). Hemşirelikte Temel İlke ve Uygulamalar. Geliştirilmiş II. Baskı Ege Üniv. Basımevi. İzmir.
3	3. Guyton & Hall. Tıbbi Fizyoloji, Nobel Tıp Kitabevi.
4	4. Henry JB. (2001). Clinical Diagnosis and Management by Laboratory Methods, 20.th edition.
5	5. Onat T, Emerk K, Sözmén EY. (2002). İnsan Biyokimyası. Palme Yayınları, Ankara.
6	6. Taşkın L. (2003). Doğum ve Kadın Sağlığı Hemşireliği. VI. Basım, Sistem Ofset Matbaacılık, Ankara.
7	7. White L, Duncan G. (2002). Medical Surgical Nursing An Integrated Approach. 2nd Edition, Delmar Thomson Leaening Australia, Canada, Singapore.

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to health diagnostics/assessment
2	Theoretical	Health diagnostics and nursing process, data collection, perception of the health
3	Theoretical	Physical examination methods, diagnostics of the nutritional status
4	Theoretical	Skin, hair, nail diagnostics, head-neck diagnostics
5	Theoretical	Ear-Nose-Throat diagnostics
6	Theoretical	Diagnostics of thorax and lungs, diagnostics of cardio-vascular system
7	Theoretical	Breast diagnostics, abdomen diagnostics
8	Intermediate Exam	Midterm exam
9	Theoretical	Diagnostics of nervous/neurologic al system, Examination of mental status
10	Theoretical	Muscle-skeletal system diagnostics
11	Theoretical	Diagnostics of male genital organs
12	Theoretical	Diagnostics of female genital organs
13	Theoretical	Pediatric examination
14	Theoretical	Geriatric diagnostics
15	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	2	2	52
Lecture - Practice	13	1	0	13



Midterm Examination	1	16	2	18
Final Examination	1	18	2	20
Total Workload (Hours)				103
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To be able to Explain the basic principles of health diagnostics in accordance with the nursing processes.
2	To be able to comprehend the importance of the health diagnostic and nursing diagnosis.
3	To be able to Diagnose the normal functions and properties, findings of physical examinations and abnormal findings of the systems.
4	To be able to assess nursing systems by using the physical diagnostic methods.
5	To be able to Examine and assess the system functions by considering the physical, psychological and social developments of the individual in their life cycle from conception to the elderhood.
6	To be able to diagnose the systems appropriate to individual's life cycle
7	To be able to transform to the relevant units and to monitor the results after health check-ups
8	To be able to diagnose appropriate nursing by patient diagnostics.
9	To be able to diagnose appropriate nursing in accordance with general health assessment.

Programme Outcomes (Obstetrics and Gynecology Nursing Master)

1	Basing on the nursing degree level qualifications, to be able to comprehend the latest theoretical and applied information at the level of expertise in the field of Gynecology and Obstetrics Nursing, and can improve, deepen and use them.
2	to be able to bring solutions to issues requiring expertise related to Birth, Women's Health and Diseases Nursing, solve problems, evaluate gathered results and if necessary apply them.
3	to be able to combine information in her/his field with those from different fields to create new knowledge, interpret and synthesize and bring solutions.
4	to be able to evaluate information related to her/his field critically and direct the learning.
5	to be able to discuss and share field-information, current developments and her/his own actual works with groups in the same field or in other fields in a systematic manner.
6	to be able to follow evidence-based practices and carry out evidence-creating research in her/his field related to professional practices.
7	to be able to execute field-related works independently and/or within a team.
8	to be able to comprehend statistics, use related software effectively, have skills for choosing the right methods, calculation and interpretation while doing research.
9	to be able to prepare report of the research she/he did or participated and publish in a valued national/international journal and present at meetings.
10	to be able to develop strategy and politics in issues related to Birth, Women Health and Disease Nursing and interpret practice plans and evaluate gathered results in a scientific and ethical framework
11	to be able to establish verbal and written communication by using a foreign language at least at the European language portfolio B2 general level.
12	to be able to comprehend the importance of ethical principles and ethical rules for the individual and society and behave ethically.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9
P1	5	5	5	5	5	5	5	5	5
P2	5	5	5	5	5	5	5	5	5
P3	5	5	5	5	5	5	5	5	5
P4	5	5	5	5	5	5	5	5	5
P5	5	5	5	5	5	5	5	5	5
P10	5	5	5	5	5	5	5	5	5
P12	5	5	5	5	5	5	5	5	5

