



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Antenatal Education and Preparation to Parenthood							
Course Code		HDK539		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	102 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		This program aims to teach pregnancy, childbirth and postpartum period in order to improve maternal and newborn health status of mother, father and other family members to learn techniques and approaches for training with knowledge and skills to apply a pre-natal education and lets the plan.							
Course Content		In this course topics include Pre-natal education and skills training							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	60
Assignment	1	40

Recommended or Required Reading

1	1. Nichols F.H., Humenick S.S (2000). Childbirth Education, Practice, Research and Theory, 2. Edition, Mosby Company.
2	2. Demir A (2002). Hamileliğe Hazırlık Doğum ve Sonrası Annenin El Kitabı, Kurtuluş Matbaacılık, Ankara.
3	3. Günel S (2003). Resimli Doğum Bilgisi, Ömür Basımevi, Ertem Matbaacılık, Ankara.
4	4. Okumuş H, Mete S. Anne ve babalar için Doğuma Hazırlık, I. Baskı, Deomed, 2009.
5	5. Dick Read G (2005). Childbirth without fear, 2nd Edition. London:Printer and Martin Ltd.
6	6. Kadayıfçı O. Lamaze Yöntemi ile Doğuma Hazırlık, Nobel Tıp Kitabevi, Ankara, 2005.
7	7. İstanbul Tıp fakültesi kadın ve Çocuk Sağlığı Eğitim ve Araştırma Birimi (2000). Doğum Öncesi Eğitim. Program hazırlayanlar ve Eğitimciler İçin Rehber, İstanbul.
8	8. Okumuş H, Mete S, Aytur T, Yenal K, Demir N. (2002). Doğuma hazırlık sınıfının doğum sürecine etkisinin incelenmesi. Klinik Bilimler ve Doktor Dergisi. 8(6):771-775.
9	9. Kişnişçi H, Gökşin E. ve Ark. (1996). Temel Kadın Hastalıkları ve Doğum Bilgisi. Güneş Kitabevi, Ankara.
10	10. Önderoğlu L., Levero K., Gant N, Alexander A (2004). Williams Doğum Bilgisi El Kitabı, Güneş Kitabevi, Öncü Basımevi, Ankara.
11	11. Taşkın L (2009). Doğum ve Kadın Hastalıkları Hemşireliği. Sistem Ofset Matbaacılık. Ankara.
12	12. Dunkley J (2000). Health Promotion in Midwifery Practice, A Resource For Health Professionals, Boillie Tindall, 1. Edition. Pheladelphia.
13	13. Johnson J.Y (2003). Maternal&Child Health Nursing, Care of the Childbearing, 4. Edition. Sounders Company, Pheladelphia.
14	14. Jansen M.D., Bobak I.M (2003). Maternity and Gynecologic Care, Third Edition, Toronto. The C. V. Mosby Company.
15	15. Şeker S (2006). Doğuma Hazırlık Sınıflarının Annenin Fonksiyonel Durumuna ve Bebeğini Algılamasına Etkisi, Danışman: Sevil Ü. Ege Üniversitesi Sağlık Bil. Enst. Yayınlanmamış Doktora Tezi, İzmir
16	16. Yenal K (2006). Web ortamında yapılan gebe eğitim programının gebelerin günlük yaşam aktivitelerine etkisinin incelenmesi. Danışman: Sevil Ü. Ege Üniversitesi Sağlık Bil. Enst. Yayınlanmamış Doktora Tezi, İzmir.
17	17. Özbaşaran F, Avcı HD, Çoban A, Taşpınar A (2008). Doğum öncesi dönemde gebelere uygulanan planlı eğitimin (doğum öncesi eğitim kursu) etkinliğinin incelenmesi, DPT Bilimsel Araştırma Projeleri, Manisa

Week	Weekly Detailed Course Contents	
1	Theoretical	Opening and Introduction
2	Theoretical	How do adults learn?
3	Theoretical	Councelling [Danışmanlık]
4	Theoretical	Learning Styles
5	Theoretical	Preparation of a positive learning environment
6	Theoretical	Organizing a training program
7	Theoretical	Skills training to facilitate
8	Theoretical	Hormonal Methods
9	Theoretical	Group presentation



10	Theoretical	Group presentation
11	Theoretical	Group presentation
12	Theoretical	
13	Theoretical	Group presentation
14	Theoretical	Group presentation
15	Theoretical	Group presentation
16	Theoretical	Assessment

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	2	2	52
Assignment	2	20	2	44
Final Examination	1	4	2	6
Total Workload (Hours)				102
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To be able to plan and execute a training program in accordance with specifications of adult education.
2	To be able to identify requirements for prenatal education and conduct training.
3	To be able to analyse the conditions in order to open Prenatal Education Class by improving a conceptual framework
4	To be able to Prepare the necessary materials to carry out a dynamic education and to apply training methods
5	To be able to follow new developments towards Perinatal education
6	To be able to help and inform Mom and Dad candidates in terms of identifying what is right for themselves and their babies

Programme Outcomes (Obstetrics and Gynecology Nursing Master)

1	Basing on the nursing degree level qualifications, to be able to comprehend the latest theoretical and applied information at the level of expertise in the field of Gynecology and Obstetrics Nursing, and can improve, deepen and use them.
2	to be able to bring solutions to issues requiring expertise related to Birth, Women's Health and Diseases Nursing, solve problems, evaluate gathered results and if necessary apply them.
3	to be able to combine information in her/his field with those from different fields to create new knowledge, interpret and synthesize and bring solutions.
4	to be able to evaluate information related to her/his field critically and direct the learning.
5	to be able to discuss and share field-information, current developments and her/his own actual works with groups in the same field or in other fields in a systematic manner.
6	to be able to follow evidence-based practices and carry out evidence-creating research in her/his field related to professional practices.
7	to be able to execute field-related works independently and/or within a team.
8	to be able to comprehend statistics, use related software effectively, have skills for choosing the right methods, calculation and interpretation while doing research.
9	to be able to prepare report of the research she/he did or participated and publish in a valued national/international journal and present at meetings.
10	to be able to develop strategy and politics in issues related to Birth, Women Health and Disease Nursing and interpret practice plans and evaluate gathered results in a scientific and ethical framework
11	to be able to establish verbal and written communication by using a foreign language at least at the European language portfolio B2 general level.
12	to be able to comprehend the importance of ethical principles and ethical rules for the individual and society and behave ethically.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	5	5	4	5	5	5
P2	5	5	4	5	5	5
P3	5	5	4	5	5	5
P4	5	5	4	5	5	5
P5	5	5	4	5	5	5
P6	5	5	4	5	5	5
P10	4	5	4	4	4	5



P12	5	5	5	5	5	5
-----	---	---	---	---	---	---

