



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

|  |   |   |                      |   |   |                                |   |            |   |
|--|---|---|----------------------|---|---|--------------------------------|---|------------|---|
| Course Title                                     |   | Mental Health and Psychiatric Nursing –i  |                      |   |   |                                |   |            |   |
| Course Code                                      |   | HRS501  |                      | Course Level  |   | Second Cycle (Master's Degree) |   |            |   |
| ECTS Credit                                      | 8 | Workload  | 198 ( <i>Hours</i> ) | Theory  | 2 | Practice                       | 0 | Laboratory | 0 |
| Objectives of the Course                         |   | The aim of this course is to help students to analyse information, conceptions and researchs that are in expert knowledge level; to determine internal and external factors affecting mental health of people in all development periods and to gain skills on mental health prevention and promotion, care in diseases and rehabilitation. |                      |   |   |                                |   |            |   |
| Course Content                                   |   | History of PSychiatric Nursing, Basic Theories of Psychiatric Nursing, Mental Disorders and Nursing Approach  |                      |   |   |                                |   |            |   |
| Work Placement                                   |   | N/A   |                      |   |   |                                |   |            |   |
| Planned Learning Activities and Teaching Methods |   |   |                      | Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving |   |                                |   |            |   |
| Name of Lecturer(s)                              |   | Prof. Fatma DEMİRKIRAN  |                      |   |   |                                |   |            |   |

### Assessment Methods and Criteria

| Method              | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1        | 40             |
| Final Examination   | 1        | 60             |

### Recommended or Required Reading

|    |  |
|----|--|
| 1  | Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.   |
| 2  | Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.   |
| 3  | Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.   |
| 4  | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.   |
| 5  | Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. |
| 6  | Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997.                                      |
| 7  | McFarland GK, Thomas MD. Psychiatric Mental Health Nursing. Lippincott Company, London, 1991.  |
| 8  | Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.  |
| 9  | Kum N.(2000) Psikiyatri Hemşireliği El Kitabı Vehbi Koç Vakfı Yayınları, II.Baskı, İstanbul.   |
| 10 | Barry PD. (2002). Mental Health and Mental İllness. Lippincott Company, Philadelphia.  |
| 11 | Isaacs A. (2001) Mental Health and Psychiatric Nursing. 3rd Ed. Lippincott Company, Philadelphia   |
| 12 | Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London   |
| 13 | Varcarolis EM (eds). (1998) Foundations of Psychiatric Mental Health Nursing. 3rd Ed. WB Saunders Company, Philadelphia.                     |
| 14 | Videbeck SL. (2004) Psychiatric Mental Health Nursing. 2nd Ed. Lippincott Williams&Wilkins, Philadelphia.                                    |
| 15 | Schultz JM, Dark SL. Basic concepts. Manual of Psychiatric Nursing Care, üçüncü baskı, Scott- Foresman, 1990, s.7-15.                        |
| 16 | Mcbride AB: "Psychiatric Nursing In The 1990", Arch Psyc Nurs 4(1):21-27, 1990.  |
| 17 | Rawlins R, Williams S, Beck C: Mental Health Nursing, Third Edition, Mosby Yera Book, 1997.  |
| 18 | Stuart GW, Suddeen SJ: Principles and Practice Psychiatric Nursing, Mosby Company, Toronto, 1987.  |
| 19 | Fortinash KM, Holoday PA: Psychiatric Mental Health Nursing, Mosby Company, Philadelphia, 1996.  |

| Week | Weekly Detailed Course Contents |   |
|------|---------------------------------|---|
| 1    | Theoretical                     | Introduction of Course  |
|      | Preparation Work                | Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 2    | Theoretical                     | Historical Process of Psychiatric Nursing   |



|   |                  |  |
|---|------------------|--|
| 2 | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 3 | Theoretical      | Basic Concepts in Psychiatric Nursing  |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 4 | Theoretical      | Basic Theories and Psychiatric Nursing   |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 5 | Theoretical      | Ethical Problems in Mental Health Nursing  |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 6 | Theoretical      | Diagnose Criterias in Mental Disorders and Nursing Process   |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 7 | Theoretical      | Beginning to Mental Disorders<br>Individuals with Affect Disorders and Nursing Approach<br>Clients with Schizophrenia and Other Psycotic Disorders and Nursing Approach  |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 8 | Theoretical      | Clients with Dissociative and Somatoform Disorders and Nursing Approach<br>Pscosomatic Disorders and Nursing Approach  |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 9 | Theoretical      | Clients with Personality Disorder and Nursing Approach<br>Sexual Function Disorders and Nursing Approach   |
|   | Preparation Work | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |



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|----|-------------------|--|
| 10 | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
|    | Intermediate Exam | Midterms   |
| 11 | Theoretical       | Substance Abuse Disorders and Nursing Approach<br>Organic MEntal Disorders and Nursing Approach  |
|    | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 12 | Theoretical       | Treatment methods used in Psychiatry and Mental Health and Responsibility of Nurses  |
|    | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 13 | Theoretical       | Psychiatric Rehabilitation   |
|    | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 14 | Theoretical       | Emergency Cases in Psychiatry and Emergency Psychiatric Nursing  |
|    | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 15 | Theoretical       | Emergency Cases in Psychiatry and Emergency Psychiatric Nursing  |
|    | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
| 16 | Preparation Work  | Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.<br>Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.<br>Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.<br>Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.<br>Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London |
|    | Final Exam        | Final Exam   |

### Workload Calculation

| Activity                                | Quantity | Preparation | Duration | Total Workload |
|---|----------|-------------|----------|----------------|
| Lecture - Theory                        | 14       | 4           | 3        | 98             |
| Midterm Examination                     | 2        | 30          | 4        | 68             |
| Final Examination                       | 1        | 30          | 2        | 32             |
| Total Workload (Hours)                  |          |             |          | 198            |
| [Total Workload (Hours) / 25*] = ECTS   |          |             |          | 8              |
| *25 hour workload is accepted as 1 ECTS |          |             |          |                |



**Learning Outcomes**

|    |   |
|----|---|
| 1  | To be able to discuss History of Psychiatric Nursing  |
| 2  | To be able to discuss theorists and theories in psychiatric nursing                                     |
| 3  | To be able to discuss schools and flows in psychiatry   |
| 4  | To be able to Express system theories, developmental theories, learning theories.                       |
| 5  | To be able to use consultancy and help skills   |
| 6  | To be able to evaluate a person with mental problem   |
| 7  | To be able to count diagnose and treatment methods used in psychiatry                                   |
| 8  | To be able to secure concord of patient to diseases and rehabilitation.                                 |
| 9  | To be able to discuss crisis, crisis intervention and coping skills with stress                         |
| 10 | To be able to discuss effects of consultation liaison psychiatry practises in general health system     |
| 11 | To be willing in reflecting ethical principles and concepts   |
| 12 | To be able to apply preventive, formative and remedial mental health methods on people with such needs. |

**Programme Outcomes (Mental Health and Psychiatric Nursing Master)**

|   |  |
|---|--|
| 1 | Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it. |
| 2 | Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways                     |
| 3 | Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.  |
| 4 | Student manages researches about his/her field independently or in an team.  |
| 5 | Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.                                 |
| 6 | Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.                                   |
| 7 | Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.                            |
| 8 | Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.  |

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

|    | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L9 | L10 | L11 | L12 |
|----|----|----|----|----|----|----|----|----|----|-----|-----|-----|
| P1 | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5   | 5   | 5   |
| P2 | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4   | 4   | 4   |
| P3 | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4   | 4   | 4   |
| P4 | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5   | 5   | 5   |
| P5 | 3  | 3  | 3  | 3  | 3  | 3  | 3  | 3  | 3  | 3   | 3   | 3   |
| P6 | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4   | 4   | 4   |
| P7 | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5  | 5   | 5   | 5   |
| P8 | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4  | 4   | 4   | 4   |

