



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Mental Health and Psychiatric Nursing -II							
Course Code		HRS503		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	6	Workload	148 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to help students to gain skills of discussing mental health concept, prevention of mental health, maintenance of mental health, and improvisation of mental health concepts; evaluating risk factors in mental health field; planning nursing care for risk groups; creating positive attitude oriented to prevention of violence and misuse.							
Course Content		Mental Disorders, Nursing Approach, Mental Health in Different Development Groups							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Experiment, Discussion, Individual Study, Problem Solving					
Name of Lecturer(s)		Lec. Süleyman Ümit ŞENOCAK, Prof. Fatma DEMİRKIRAN							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.
2	Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.
3	Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
4	Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.
5	Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989.
6	Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997.
7	McFarland GK, Thomas MD. Psychiatric Mental Health Nursing. Lippincott Company, London, 1991.
8	Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.
9	Kum N.(2000) Psikiyatri Hemşireliği El Kitabı Vehbi Koç Vakfı Yayınları, II.Baskı, İstanbul.
10	Barry PD. (2002). Mental Health and Mental İllness. Lippincott Company, Philadelphia.
11	Isaacs A. (2001) Mental Health and Psychiatric Nursing. 3rd Ed. Lippincott Company, Philadelphia
12	Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
13	Varcarolis EM (eds). (1998) Foundations of Psychiatric Mental Health Nursing. 3rd Ed. WB Saunders Company, Philadelphia.
14	Videbeck SL. (2004) Psychiatric Mental Health Nursing. 2nd Ed. Lippincott Williams&Wilkins, Philadelphia.
15	Schultz JM, Dark SL. Basic concepts. Manual of Psychiatric Nursing Care, üçüncü baskı, Scott- Foresman, 1990, s.7-15.
16	Mcbride AB: "Psychiatric Nursing In The 1990", Arch Psyc Nurs 4(1):21-27, 1990.
17	Rawlins R, Williams S, Beck C: Mental Health Nursing, Third Edition, Mosby Yera Book, 1997.
18	Stuart GW, Suddeen SJ: Principles and Practice Psychiatric Nursing, Mosby Company, Toronto, 1987.
19	Fortinash KM, Holoday PA: Psychiatric Mental Health Nursing, Mosby Company, Philadelphia, 1996.

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction of Course and Programme Making
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
2	Theoretical	Consultation Liaison Psychiatry Nursing



2	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
3	Theoretical	Mental Disorders in General Medicine and Multidisciplinary Approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
4	Theoretical	Care of individuals with diseases threatening life
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
5	Theoretical	Medical Treatments in mental disorders and nursing approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
6	Theoretical	Prevention of Mental Disorders
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
7	Theoretical	Prevention Levels
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
8	Theoretical	Mental Disorders and Health Promotion
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
9	Theoretical	Mental Disorders in Children
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
10	Theoretical	Mental Health Problems in Adolescents



10	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
11	Theoretical	Senility and Mental Health
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
12	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
	Intermediate Exam	midterm exam
13	Theoretical	Addiction and nursing care, Homeless People with mental disorders, Street Urchins, Prisoners with Mental Disorders
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
14	Theoretical	Violence and Misuse in Public, Nursing Care
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
15	Theoretical	Violence and Misuse in Public, Nursing Care
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
16	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Lecture - Practice	14	3	4	98
Midterm Examination	1	8	1	9
Final Examination	1	12	1	13
Total Workload (Hours)				148
[Total Workload (Hours) / 25*] = ECTS				6
*25 hour workload is accepted as 1 ECTS				



**Learning Outcomes**

1	To be able to assess Mental Health Disorders and use appropriate nursing interventions
2	To discuss concepts of Prevention, maintenance and improvisation of health
3	To determine precautions for preventing mental and neurological disorders
4	To adopt making interdisciplinary work oriented to preventive mental health services
5	To evaluate risk factors in mental health field
6	To make plan for nursing care oriented to risk groups in mental health field
7	To know features of prisoners with mental disorders
8	To be willing to participate to services oriented to prevention of violence and misuse in public
9	To practise preventing, improving, treating mental health methods for requiring individuals

**Programme Outcomes (Mental Health and Psychiatric Nursing Master)**

1	Student has the current theoretical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in a team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9
P1	5	5	5	5	5	5	5	5	5
P2	4	4	4	4	4	4	4	4	4
P3	4	4	4	4	4	4	4	4	4
P4	4	4	4	4	4	4	4	4	4
P5	4	4	4	4	4	4	4	4	4
P6	4	4	4	4	4	4	4	4	4
P7	3	3	3	3	3	3		3	3
P8	4	4	4	4	3	3	3	3	3

