



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|--|------------|---|---|--------------------------------|---|------------|---|
| Course Title | | Caring Modalities in Mental Health and Psychiatric Nursing | | | | | | | |
| Course Code | | HRS521 | | Couse Level | | Second Cycle (Master's Degree) | | | |
| ECTS Credit | 4 | Workload | 97 (Hours) | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | The aim of this course is making student know nursing models, adapt this models to case studies and combine his/her knowledge of models with the care he/she gives to patient. | | | | | | | |
| Course Content | | This lesson teaches the theories which; examining etiology and epidemiology of mental health problems, looking over theories and theorists in psychiatry nursing, protecting, promoting mental health, intervening emergent conditions and care concept. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 2 | 40 |
| Final Examination | 1 | 60 |

Recommended or Required Reading

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| 1 | Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. |
| 2 | Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. |
| 3 | Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991. |
| 4 | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. |
| 5 | Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. |
| 6 | Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. |
| 7 | McFarland GK, Thomas MD. Psychiatric Mental Health Nursing. Lippincott Company, London, 1991. |
| 8 | Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | Nursing and Theories |
| | Preparation Work | Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 2 | Theoretical | Theories of Mental Health Nursing |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 3 | Theoretical | Theory of Stress |



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| 3 | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 4 | Theoretical | Nola J. Pender |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 5 | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| | Intermediate Exam | Midterm Exam |
| 6 | Theoretical | Zderad and Zderad's Theory |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 7 | Theoretical | Sister Calliste Roy: Theory of Adaptation |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 8 | Theoretical | Theory of Systems |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 9 | Theoretical | Betty Neuman |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 10 | Theoretical | Dorethea Orem |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |



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| 11 | Theoretical | Dorothy E. Johnson and Behavioral Systems Model |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 12 | Theoretical | Rosemarie Rizzo Parse |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 13 | Theoretical | Leininger's Theory |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 14 | Theoretical | Leininger's Theory |
| | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| 15 | Theoretical | Evaluation of Lecture |
| 16 | Preparation Work | Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989. Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. |
| | Final Exam | Final Exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 2 | 2 | 56 |
| Midterm Examination | 2 | 10 | 2 | 24 |
| Final Examination | 1 | 15 | 2 | 17 |
| Total Workload (Hours) | | | | 97 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 4 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

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|---|--|
| 1 | Student knows nursing models |
| 2 | Student adapts nursing models to case examples |
| 3 | Student combines his/her knowledge of nursing models with the care he/she gives to patient |
| 4 | To be able to use nursing models in psychiatric care |
| 5 | Model development |



Programme Outcomes (Mental Health and Psychiatric Nursing Master)

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|---|--|
| 1 | Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it. |
| 2 | Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways |
| 3 | Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field. |
| 4 | Student manages researches about his/her field independently or in an team. |
| 5 | Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment. |
| 6 | Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings. |
| 7 | Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame. |
| 8 | Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio. |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 |
|----|----|----|----|----|----|
| P1 | 5 | 5 | 5 | 3 | 3 |
| P2 | 3 | 3 | 3 | 5 | 4 |
| P3 | 3 | 3 | 3 | 4 | 3 |
| P4 | 3 | 3 | 3 | 5 | 4 |
| P5 | 3 | 3 | 3 | 4 | 3 |
| P6 | 3 | 3 | 3 | 3 | 4 |
| P7 | 4 | 4 | 4 | 3 | 5 |
| P8 | 2 | 2 | 3 | 4 | 5 |

