



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Creating Theropotic Mileu in Mental Health and Psychiatric Nursing							
Course Code		HRS533		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	104 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The purpose is to gain skills of creation and assessment therapeutic environment, provide information about the therapeutic properties of the environment.							
Course Content		This lesson including therapeutic environment, the media in creating a therapeutic environment and therapeutic interventions, nursing responsibilities.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	2	40
Final Examination	1	60

Recommended or Required Reading

1	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.
2	Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.
3	Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
4	Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.
5	Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989.
6	Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997.

Week	Weekly Detailed Course Contents	
1	Theoretical	Development of the concept of a therapeutic environment
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
2	Theoretical	Evaluation of the therapeutic environment
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
3	Theoretical	Therapeutic components of the environment
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
4	Theoretical	Participants in the therapeutic environment
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
5	Theoretical	The therapeutic properties of the environment and security / safety



5	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
6	Theoretical	Structured therapeutic environment features of the environment
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
7	Theoretical	The therapeutic properties of the environment norms
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
8	Theoretical	Limits the therapeutic properties of the environment
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
9	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
	Intermediate Exam	Midterm
10	Theoretical	Equilibrium properties of the therapeutic environment
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
11	Theoretical	The therapeutic properties of the media flexibility / variability
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
12	Theoretical	Using interventions at therapeutic environment (Patient education, spiritual intervention, personal, and sleep hygiene management, behavior therapy)
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
13	Theoretical	Using interventions at therapeutic environment (Patient education, spiritual intervention, personal, and sleep hygiene management, behavior therapy)(continue)
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
14	Theoretical	Creating a therapeutic environment of psychiatric nurse role



14	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
15	Theoretical	Creating a therapeutic environment of psychiatric nurse role
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
16	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995. Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Midterm Examination	2	10	4	28
Final Examination	1	18	2	20
Total Workload (Hours)				104
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To know the diagnosis and the development of a therapeutic environment.
2	To evaluate the therapeutic environment.
3	Create structured environment for formation of a therapeutic environment.
4	Balancing of features to provide a therapeutic environment.
5	Making therapeutic interventions used in (Patient education, spiritual intervention, personal, and sleep hygiene management, behavior therapy)
6	Understanding the role of the media creating a therapeutic psychiatric nurse.

Programme Outcomes (Mental Health and Psychiatric Nursing Master)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	5	5	5	5	5	5
P2	3	3	3	3	3	3
P3	5	5	5	5	5	5
P4	5	5	5	5	5	5



P5	5	5	5	5	5	5
P6	5	5	5	5	5	5
P7	5	5	5	5	5	5
P8	1	1	1	1	1	1

