



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychoeducation							
Course Code		HRS553		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	94 (<i>Hours</i>)	Theory	2	Practice	4	Laboratory	0
Objectives of the Course		It is aimed that these course students can use psychoeducation and psychoeducation methods effectively which is an integral part of the student's psychiatric treatment plan which provides the active participation of patients and family members in their care, and provides the necessary knowledge in providing treatment for the illness and treatment.							
Course Content		This course contains related topics; informing about psychiatric illness, referral and treatment, reducing the severity of symptoms and comorbidities, developing family and interpersonal relationships, reducing extreme emotion expression, early diagnosis and treatment, prevention or reduction of relapses by teaching the early indications to family and the patient, improving social functionality.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	25
Final Examination	1	50
Practice	1	25

Recommended or Required Reading

1	Kum, N., Pektekin, Ç., Özcan, A., Terakye, G., Öztürk, G., Yurt, V., Öz, F., Doğan, S., Buldukoğlu, K.: Psikiyatri Hemşireliği El Kitabı. Ed:N.Kum, Vehbi Koç Yayınları, İstanbul, 1996.
2	Öztürk, O., Uluşahin A., Ruh Sağlığı ve Bozuklukları I, II, Yenilenmiş 11.Basım, Tuna Matbaacılık San. Ve Tic. A.Ş.,Ankara, 2008.
3	Gençtan, E.,Psikodinamik Psikiyatri ve Normal Dışı Davranışlar, 9.Basım, Remzi Kitabevi, Ankara, 1993.
4	Ekşi, A., Ağaoğlu, L., Albayrak, C., Apak, M., vd., Ben Hasta Değilim, Ed: A.Ekşi, Nobel Tıp Kitabevi, İstanbul, 1999.
5	Hofling, C.K.,Leininger, M.M., Bregg, E., Hemşirelikte Ana Psikiyatrik Kavramlar, Vehbi Koç Vakfı Yayınları, İstanbul, 1981.
6	Yüksel, N., Ruhsal Belirtiler, Hatiboğlu Yayınevi, Ankara, 1994.
7	Stuart, G.W.,Sundeen, S.J., PrinciplesandPractice of PsychiatricNursing. Third Edition, MosbyCompany, Toronto, 1987.
8	Benner, P.,Wrubel, J., ThePrimacy of Caring Stres andCoping in HealthandIllness,Addison-WesleyCompany, California, 1989.
9	Keltner, N.L.,Schwecke, L.H., Bostrom, C.E., PsychiatricNursing, Second Edition, MosbyCompany, 1995.
10	Abrams, C.A.,ClinicalDrugTherapyRationalesforNursingPractice, Fifth Edition, Lippincott, Newyork, 1998.
11	Özkan, S., Psikiyatrik Tıp:KonsültasyonLiyazon Psikiyatrisi, Roche, İstanbul, 1993.
12	Terakye, G., Hasta Hemşire İlişkileri, 5.Baskı, Zirve Ofset, Ankara, 1998.
13	Mezzich, J.E.,Kleinman A., Fabrega, H., Parron, D.L., Kültür ve Psikiyatrik Tanı, ComposMentis Yayınları, Ankara, 1997.
14	Ertekin, Y., Stres ve Yönetim, Devlet İstatistik Enstitüsü Matbaası, Ankara, 1993.
15	Tükel, R.,Anksiyete Bozuklukları, Ed: Raşit Tükel, Pfizer İlaçları, Ankara, 2000.
16	BestiÜSTÜNaPsikoeğitimTürkiye Klinikleri J PsychiatrNurs-Special Topics 2016;2(3):100-6
17	Pharoah F, Mari J, Rathbone J, WongWFamilyinterventionforschizophrenia (Review)This is a reprint of a Cochranereview, preparedandmaintainedbyTheCochrane Collaboration andpublished in TheCochrane Library 2010, Issue 12

Week	Weekly Detailed Course Contents	
1	Theoretical	Historical Development Process of Psychoeducation
	Preparation Work	Literature search



2	Theoretical	Psychoeducation Models a) Information model b) Abilityinformation model c) Supporting model d) Comprehensive/ wide model e) Multiple family group therapy model f) Behavioral Family Management Model g)Family- Focused Treatment Model g.1 family focused module g.2 module (7-10 sessions) g.3 peer to peer psychoeducation module
	Preparation Work	Literature search
3	Theoretical	Psychoeducation Models- Course Continued
	Preparation Work	Literature search
4	Theoretical	Psychoeducation Models- Course continued
	Practice	Assessing the health status of the patient, Identifying health problems, Care planning, implementation and evaluation
	Preparation Work	Literature search
5	Theoretical	Psychoeducation Models- Course continued
	Preparation Work	Literature search
6	Theoretical	Planning Steps in Psychoeducation Groups
	Preparation Work	Literature search
7	Preparation Work	Kum, N.,Pektekin, Ç., Özcan, A., Terakye, G., Özaltın, G., Yurt, V., Öz, F.,Doğan, S., Buldukoğlu, K., Psikiyatri Hemşireliği El Kitabı. Ed:N.Kum, Vehbi Koç Yayınları, İstanbul, 1996. Stuart, G.W.,Sundeen, S.J., PrinciplesandPractice of PsychiatricNursing. Third Edition, MosbyCompany, Toronto, 1987.
	Intermediate Exam	Midterm
8	Theoretical	Describing the symptoms of the disease
	Preparation Work	Literature search
9	Theoretical	Informing the family and the patient about the path and treatment of the disease
	Preparation Work	Literature search
10	Theoretical	Strategies for reducing the severity of symptoms and decreasing comorbidity
	Preparation Work	Literature search
11	Theoretical	Development of family and interpersonal relationships
	Preparation Work	Literature search
12	Theoretical	Strategies to reduce over expression
	Preparation Work	Literature search
13	Theoretical	Early diagnosis and treatment, informing the prevention or reduction of relapses by teaching early indications
	Preparation Work	Literature search
14	Theoretical	Strategies for increasing social functioning
	Preparation Work	Literature search
15	Theoretical	Course Evaluation
	Preparation Work	Literature search
16	Preparation Work	Kum, N.,Pektekin, Ç., Özcan, A., Terakye, G., Özaltın, G., Yurt, V., Öz, F.,Doğan, S., Buldukoğlu, K., Psikiyatri Hemşireliği El Kitabı. Ed:N.Kum, Vehbi Koç Yayınları, İstanbul, 1996. Stuart, G.W.,Sundeen, S.J., PrinciplesandPractice of PsychiatricNursing. Third Edition, MosbyCompany, Toronto, 1987. Kum, N.,Pektekin, Ç., Özcan, A., Terakye, G., Özaltın, G., Yurt, V., Öz, F.,Doğan, S., Buldukoğlu, K
	Final Exam	FINAL EXAM

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	2	60
Midterm Examination	1	10	2	12



Final Examination	1	20	2	22
Total Workload (Hours)				94
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To be able to make a care plan in the direction of nursing process to individual with mental disorder.
2	To know the treatment methods used in the field of mental health and psychiatry
3	Know and practice mental health services and nursing responsibilities
4	Discussing the practices of consultation and liaison psychiatric nursing in general hospitals
5	Knowing and practicing Psychiatric Emergencies and Psychiatric Emergency Nursing works
6	To be able to discuss the functions of the mental health and illness nurse and Develop take an active role manner for solving mental health problems in Community Mental Health Services

Programme Outcomes (Mental Health and Psychiatric Nursing Master)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	3	3	3	3	3	3
P2	3	3	3	3	3	3
P3	3	3	3	3	3	3
P4	3	3	3	3	3	3
P5	3	3	3	3	3	3
P6	3	3	3	3	3	3
P7	3	3	3	3	3	3
P8	3	3	3	3	3	3

