AYDIN ADNAN MENDERES UNIVERSITY
COURSE INFORMATION FORM

Course Title	Mindfulness Training Through Psychodrama						
Course Code	HRS554		Couse Level		Second Cycle (Master's Degree)		
ECTS Credit	4	Workload	94 *(Hours)*	Theory	2	Practice	2	Laboratory	0
Objectives of the Course	Gaining basic theoretical knowledge about social structure and group dynamics and gaining insight on individual-society-group relations						
Course Content	Induction, deduction and anology methods take place alternately in the course of the course. The theoretical framework includes evaluation of processes and inferences about similar events.						
Work Placement	N/A						
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Case Study, Individual Study						
Name of Lecturer(s)	Assoc. Prof. Hatice ÖNER						

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Özbek , Abdülkadir, Leutz, Grete ,.: Psikodrama. Grup psikoterapilerinde Sahnesel
2	Yalom,Irwin:Grup psikoterapisinin Teori ve Pratiği. Çev.A.tangör,Ö.Karaçam, Nobel Tıp Kitabevleri
3	Eracar, Nevin.:Psikodrama Ve yaratıcı Drama İlişkisi. Psikodrama, Dr. Abdülkadir özbek Enstitüsü Dergisi. No.1 2009

Week	Weekly Detailed Course Contents	
1	Theoretical	Acquaintance
2	Theoretical	Orientation Games
3	Theoretical	Self Recognition
4	Theoretical	Recognition himself
5	Theoretical	Awareness
6	Theoretical	Confidence Games
7	Theoretical	Confidence Games
8	Theoretical	Midterm
9	Theoretical	Family Agenda
10	Theoretical	Inside the group
11	Theoretical	Animation
12	Theoretical	Animation
13	Theoretical	Animation
14	Theoretical	Rol play
15	Theoretical	Rol play
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	2	60
Midterm Examination	1	10	2	12
Final Examination	1	20	2	22
			Total Workload (Hours)	94
			[Total Workload (Hours) / 25*] = **ECTS**	4

25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To gain the opportunity to know himself.

2	To develop role-playing skills.
3	To communicate better.
4	To gain knowledge and experience about interpersonal dynamics.
5	To gain knowledge and vision about individual-group relations.

Programme Outcomes *(Mental Health and Psychiatric Nursing Master)*

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes *1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High*

	L1	L2	L3	L4	L5
P1	3	3	3	4	4
P2	3	3	3	4	4
P3	3	3	3	4	4
P4	3	3	3	4	4
P5	3	3	3	4	4
P6	3	3	3	4	4
P7	3	3	3	4	4
P8	3	3	3	4	4