



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Breastfeeding Counseling							
Course Code		EBE538		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	101 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To learn and listen problems and solutions related to breastfeeding, breast milk and understanding the importance of breastfeeding, breastfeeding and to gain self-confidence in increasing assurance to individuals and to learn guiding in breastfeeding to baby.							
Course Content		The importance of breastfeeding, local breast-feeding status, milk production, successful breastfeeding, listening and learning to achieve, health practices, gain confidence and presented to support and skill development breastfeeding to baby.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Problem Solving					
Name of Lecturer(s)		Lec. Gizem ÖZTÜRK							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Breastfeeding counselling a training course. Who/cdr/93.5, unicef/nut/93.3. Erişim: 13.06.2012, <a href="http://www.who.int/maternal_child_adolescent/documents/pdfs/bc_participants_manual.pdf">http://www.who.int/maternal_child_adolescent/documents/pdfs/bc_participants_manual.pdf</a>
2	Bulut A, Gökçay G, Neyzi O, Uzel N (1994). Anne ve çocuk sağlığında öncelikler. Neyzi o (ed). Nobel tıp kitabevleri, İstanbul
3	Burroughs A, Leifer G (2001). Maternity nursing: An Introductory Text. W.B. Saunders Company, USA
4	Gökçay G (2008). Yaşamın İlk İki Yılında Çocuk Sağlığı ve Bakımı. Mag matbaacılık, İstanbul
5	Royal college of midwives (1994). Successful breastfeeding. Oxford Churchill Livingstone, Oxford
6	T.C.Sağlık Bakanlığı. Emzirme danışmanlığı el kitabı. T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü, Ankara
7	T.C.Sağlık Bakanlığı (2009). Aile planlaması danışmanlığı, T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü, Ankara.
8	T.C.Sağlık Bakanlığı (2009). Güvenli annelik. Cinsel sağlık ve üreme sağlığı. T.C.Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü Ankara
9	T.C.Sağlık Bakanlığı (2009). Üreme sağlığına giriş, T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü, Ankara
10	Womenshealth.gov <a href="http://www.womenshealth.gov/breastfeeding/">http://www.womenshealth.gov/breastfeeding/</a>
11	World Health Organization and Unicef (2009). Baby-friendly hospital initiative. Section 3, Breastfeeding promotion and support in a baby-friendly hospital. Erişim: 13.06.2012, <a href="http://whqlibdoc.who.int/publications/2009/9789241594981_eng.pdf">http://whqlibdoc.who.int/publications/2009/9789241594981_eng.pdf</a>

Week	Weekly Detailed Course Contents	
1	Theoretical	Meeting, course description The importance and the benefits of breast milk and breastfeeding
	Preparation Work	Introduction, Reading, Browsing Resources
2	Theoretical	Changes that occur during pregnancy and milk production and flow physiology of the breast
	Preparation Work	Reading, Browsing Resources
3	Theoretical	Local breastfeeding status, health practices
	Preparation Work	Reading, Browsing Resources
4	Theoretical	How is breastfeeding? Evaluation and monitoring of breastfeeding
	Preparation Work	Reading, Browsing Resources
5	Theoretical	Listening and learning Placing your baby the breast
	Preparation Work	Reading, Browsing Resources



6	Theoretical	Gain confidence and giving support, Position of the baby-making
	Preparation Work	Reading, Browsing Resources
7	Theoretical	Conditions associated with breast
	Preparation Work	Reading, Browsing Resources
8	Intermediate Exam	Midterm exam
9	Theoretical	History taking Rejection of the nozzle Insufficient milk Cry
	Preparation Work	Reading, Browsing Resources
10	Theoretical	Women's nutrition, health, fertility and work status Drugs used by mother
	Preparation Work	Reading, Browsing Resources
11	Theoretical	Milking the breast milk Storing of milk and giving to baby Feeding of low birth weight and sick babies
	Preparation Work	Reading, Browsing Resources
12	Theoretical	To increase breast milk Foundation for the restart
	Preparation Work	Reading, Browsing Resources
13	Theoretical	Case studies
	Preparation Work	Reading, Browsing Resources, Examination, Practice
14	Theoretical	Case studies
	Preparation Work	Reading, Browsing Resources, Examination, Practice
15	Theoretical	Case studies
	Preparation Work	Reading, Browsing Resources, Examination, Practice
16	Final Exam	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	12	3	2	60
Laboratory	2	2	2	8
Midterm Examination	1	10	1	11
Final Examination	1	20	2	22
Total Workload (Hours)				101
[Total Workload (Hours) / 25*] = <b>ECTS</b>				4
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	To be able to explain importance of breast milk and breastfeeding
2	To be able to explain benefits of breastfeeding for the health of both mother and baby
3	To be able to explain the effect of culture, values, beliefs and traditional practices on breastfeeding
4	To be able to guide mother for breastfeeding to baby
5	to be able to show a positive attitude and behavior on breastfeeding consulting services
6	To be able to explain the role of midwives and nurses in consultation with Breastfeeding

### Programme Outcomes (Midwifery Master)

1	based on midwifery degree level qualifications, to be able to comprehend the theoretical, practical and to-date information at the level of expertise in midwifery, and develop this information.
2	to be able to develop the philosophy of midwifery with information about concepts, theories and principles of midwifery.
3	to be able to define the issues of profession of midwifery, and develop the appropriate strategies of national and international professional in cooperation with legislative bodies.



4	to be able to develop strategies, policies and implementation plans in midwifery, and evaluate the results obtained within the framework of quality processes.
5	to be able to offer midwifery service of the women, family and community health promoting, disease preventive, curative and supportive.
6	to be able to describe and discuss the basic concepts of women, family and community health, the national and international indicators.
7	to be able to comprehend characteristics of all life stages of women, the potential and existing bio-psycho-social problems, and state care requirements, and give evidence-based midwifery care with problem-solving approach.
8	to be able to comprehend statistics, effective uses relevant software, and to be able to select, calculate and interpret statistical methods while doing research
9	to be able to follow evidence-based practices related to professional practice and conduct research to create evidence of their field.
10	to be able to write the report that she has done / participated the research, and publish national / international a refereed journal publications / offer in the scientific meetings.
11	to be able to monitor scientific and technological developments in the area of midwifery, scan literature, critically evaluate and use new information obtained in accordance with the principles of lifelong learning.
12	to be able to make oral and written communication at least one European language portfolio B2 using in a general level.
13	to be able to comprehend the importance of ethical principles and ethics committees for individual and society, and treat according to ethical principles.

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	5	5	5	5	5	5
P2	5	5	5	5	5	5
P8	5	5	5	5	5	5
P9	5	5	5	5	5	5
P11	5	5	5	5	5	5
P12	5	5	5	5	5	5

