



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|--|----------------------|---|---|--------------------------------|---|------------|---|
| Course Title | | Adaptation to Pregnancy and Postpartum Periods | | | | | | | |
| Course Code | | EBE540 | | Course Level | | Second Cycle (Master's Degree) | | | |
| ECTS Credit | 4 | Workload | 106 (<i>Hours</i>) | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | The purpose of this course, students have knowledge and skills in the psycho-social and cultural features of pregnancy, childbearing and postpartum periods, to decide to be parents and adaptation to pregnancy, adaptation to postpartum periods, achievement of motherhood role, psychological problems experienced in pregnancy and postpartum periods, early diagnosis and preventive midwifery care. | | | | | | | |
| Course Content | | During this lecture, it is examined the psycho-social and cultural features of pregnancy, childbearing and postpartum periods, to decide to be parents and adaptation to pregnancy, adaptation to postpartum periods, achievement of motherhood role, psychological problems experienced in pregnancy and postpartum periods, early diagnosis and preventive midwifery care. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving | | | | | |
| Name of Lecturer(s) | | Prof. Ayten TAŞPINAR | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 60 |

Recommended or Required Reading

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| 1 | Arısan K. Propedötik Kadın-Doğum. Çeltüt Matbaası, İstanbul, 1993. |
| 2 | Gary CF., Norman F., Konneth J. Williams Doğum Bilgisi, Vol: 1, 21st Edition, Nobel Tıp Kitapevi, Ankara, 2001 |
| 3 | Gilbert E.S., Harmon S.H. Yüksek Riskli Gebelik ve Doğum. Çeviri Editörü: Lale Taşkın, Palme Yayıncılık, Ankara, 2002. |
| 5 | Scolt J.R, Bisaia P.J, and Others. Normal Doğum Eylemi, Doğum İzleme ve Yardım. Danfort Obstetric Ve Jinekoloji. Yüce Yayınları. İstanbul, 1992. |
| 6 | Johnson J.Y. Maternal&Child Health Nursing, Care of the Childbearing, 4. Edition. Saunders Company, Pheladelphia 2003 |
| 7 | LowdermicL.Maternity Women's Health Care, 9. Edition. Mosby Campany, 2007 |
| 8 | Marland H.,Rafferty M.A. Midwives, Society and Childbirth, Mosby Campany, 2000. |
| 9 | Wickham S. Midwifery Best Practice, Book for Midwives, Mosby Campany, 1. Edition. 2003 |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|---|
| 1 | Theoretical | Introduction to course, determination of student expectations, the sharing of references |
| 2 | Theoretical | The psycho-social and cultural features of pregnancy, childbearing and postpartum periods |
| | Preparation Work | Reading, research, the preparation of case sample |
| 3 | Theoretical | The psycho-social and cultural features of pregnancy, childbearing and postpartum periods |
| | Preparation Work | Reading, research, the preparation of case sample |
| 4 | Theoretical | To decide to be parents and adaptation to pregnancy |
| | Preparation Work | Reading, research, the preparation of case sample |
| 5 | Theoretical | To decide to be parents and adaptation to pregnancy |
| | Preparation Work | Reading, research, the preparation of case sample |
| 6 | Theoretical | Adaptation to postpartum periods, achievement of motherhood role |
| | Preparation Work | reading, research, the preparation of case sample |
| 7 | Theoretical | Adaptation to postpartum periods, achievement of motherhood role |
| | Preparation Work | Reading, research, the preparation of case sample |
| 8 | Preparation Work | Reading, research, the preparation of the sample |
| | Intermediate Exam | Midterm exam |
| 9 | Theoretical | Psychological problems experienced in pregnancy and postpartum periods |
| | Preparation Work | Reading, research, the preparation of case sample |



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| 10 | Theoretical | Psychological problems experienced in pregnancy and postpartum periods |
| | Preparation Work | Reading, research, the preparation of case sample |
| 11 | Theoretical | Case presentation |
| | Practice | NA |
| | Preparation Work | Reading, research, the preparation of case sample |
| 12 | Theoretical | Case presentation |
| | Preparation Work | Reading, research, the preparation of case sample |
| 13 | Theoretical | Early diagnosis of the psychological problems experienced in pregnancy and postpartum periods |
| | Preparation Work | Reading, research, the preparation of case sample |
| 14 | Theoretical | Case presentation |
| | Preparation Work | Reading, research, the preparation of case sample |
| 15 | Theoretical | Preventive midwifery care of the psychological problems experienced in pregnancy and postpartum periods |
| | Preparation Work | reading, research, the preparation of case sample |
| 16 | Preparation Work | Okuma, araştırma, örnek hazırlama |
| | Final Exam | Final exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 2 | 2 | 56 |
| Assignment | 14 | 1 | 1 | 28 |
| Midterm Examination | 1 | 8 | 2 | 10 |
| Final Examination | 1 | 10 | 2 | 12 |
| Total Workload (Hours) | | | | 106 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 4 |

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

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| 1 | To be able to explain the psycho-social and cultural features of pregnancy, childbearing and postpartum periods |
| 2 | To be able to explain to be parents and adaptation to pregnancy |
| 3 | To be able to explain adaptation to postpartum periods, achievement of motherhood role |
| 4 | To be able to count psychological problems experienced in pregnancy and postpartum periods |
| 5 | To be able to explain early diagnosis of the psychological problems experienced in pregnancy and postpartum periods |
| 6 | Gebelikte ve doğum sonrası dönemlerde görülen ruhsal problemlerin erken tanısını yapabilme |
| 7 | To be able to count preventive midwifery care of the psychological problems experienced in pregnancy and postpartum periods |
| 8 | To be able to give preventive midwifery care of the psychological problems experienced in pregnancy and postpartum periods |
| 9 | To be able to prepare case sample and present |

Programme Outcomes (Midwifery Master)

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| 1 | based on midwifery degree level qualifications, to be able to comprehend the theoretical, practical and to-date information at the level of expertise in midwifery, and develop this information. |
| 2 | to be able to develop the philosophy of midwifery with information about concepts, theories and principles of midwifery. |
| 3 | to be able to define the issues of profession of midwifery, and develop the appropriate strategies of national and international professional in cooperation with legislative bodies. |
| 4 | to be able to develop strategies, policies and implementation plans in midwifery, and evaluate the results obtained within the framework of quality processes. |
| 5 | to be able to offer midwifery service of the women, family and community health promoting, disease preventive, curative and supportive. |
| 6 | to be able to describe and discuss the basic concepts of women, family and community health, the national and international indicators. |
| 7 | to be able to comprehend characteristics of all life stages of women, the potential and existing bio-psycho-social problems, and state care requirements, and give evidence-based midwifery care with problem-solving approach. |
| 8 | to be able to comprehend statistics, effective uses relevant software, and to be able to select, calculate and interpret statistical methods while doing research |
| 9 | to be able to follow evidence-based practices related to professional practice and conduct research to create evidence of their field. |



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| 10 | to be able to write the report that she has done / participated the research, and publish national / international a refereed journal publications / offer in the scientific meetings. |
| 11 | to be able to monitor scientific and technological developments in the area of midwifery, scan literature, critically evaluate and use new information obtained in accordance with the principles of lifelong learning. |
| 12 | to be able to make oral and written communication at least one European language portfolio B2 using in a general level. |
| 13 | to be able to comprehend the importance of ethical principles and ethics committees for individual and society, and treat according to ethical principles. |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L9 |
|-----|----|----|----|----|----|----|----|----|----|
| P1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| P6 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| P7 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| P8 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P9 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P11 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| P13 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

