



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

|  |   |   |                      |  |   |                                |   |            |   |
|--|---|---|----------------------|--|---|--------------------------------|---|------------|---|
| Course Title                                     |   | Foodborne Allergies and Allergens   |                      |  |   |                                |   |            |   |
| Course Code                                      |   | VBH645  |                      | Couse Level                            |   | Third Cycle (Doctorate Degree) |   |            |   |
| ECTS Credit                                      | 4 | Workload  | 100 ( <i>Hours</i> ) | Theory                                 | 1 | Practice                       | 0 | Laboratory | 0 |
| Objectives of the Course                         |   | To give detailed information regarding to the food-borne allergens  |                      |  |   |                                |   |            |   |
| Course Content                                   |   | Description of allergy. Substances can be allergic. The mechanisms and theresons of allergies. Allergic reactions from the viewpoit of public health. Allergic cases due to food borne allergens. Individualt and environmental conditions and risk factors. Food additives. Prevention and treatment. national and international legislations. |                      |  |   |                                |   |            |   |
| Work Placement                                   |   | N/A   |                      |  |   |                                |   |            |   |
| Planned Learning Activities and Teaching Methods |   |   |                      | Explanation (Presentation), Discussion |   |                                |   |            |   |
| Name of Lecturer(s)                              |   |   |                      |  |   |                                |   |            |   |

### Assessment Methods and Criteria

| Method              | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1        | 40             |
| Final Examination   | 1        | 60             |

### Recommended or Required Reading

|   |  |
|---|--|
| 1 | The Food Allergy Book, 2000                              |
| 2 | William Walsh, Food Allergies and Food Intolarence, 1997 |

| Week | Weekly Detailed Course Contents |  |
|------|---------------------------------|--|
| 1    | Theoretical                     | Introduction   |
| 2    | Theoretical                     | Description of allergen.   |
| 3    | Theoretical                     | Types of allergen  |
| 4    | Theoretical                     | Mechanism of food allergy  |
| 6    | Theoretical                     | Allergies caused by IgE.   |
| 7    | Theoretical                     | Food allergies, allergies caused by factors other than IgE                                 |
| 8    | Intermediate Exam               | Midterm exam   |
| 9    | Theoretical                     | Allergies caused by food additives. Allergic reactions developing to foodborne antibiotics |
| 10   | Theoretical                     | Food borne class 1 allergens   |
| 11   | Theoretical                     | Food borne class 2 allergens   |
| 12   | Theoretical                     | Allergy caused by histamine.   |
| 13   | Theoretical                     | Allergy caused by histamine.   |
| 14   | Theoretical                     | Protection and legislations  |
| 15   | Theoretical                     | Discussion   |

### Workload Calculation

| Activity                              | Quantity | Preparation | Duration | Total Workload |
|---------------------------------------|----------|-------------|----------|----------------|
| Lecture - Theory                      | 1        | 0           | 14       | 14             |
| Assignment                            | 1        | 0           | 10       | 10             |
| Reading                               | 1        | 0           | 14       | 14             |
| Midterm Examination                   | 1        | 25          | 1        | 26             |
| Final Examination                     | 1        | 35          | 1        | 36             |
| Total Workload (Hours)                |          |             |          | 100            |
| [Total Workload (Hours) / 25*] = ECTS |          |             |          | 4              |

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

|   |   |
|---|---|
| 1 | Knows the description of allergen   |
| 2 | Learns allergy mechanism  |
| 3 | Has knowledge about the causes of allergies.                                |
| 4 | Understands the relationship between food items, food additives and allergy |
| 5 | Learns legal regulations of allergens                                       |

**Programme Outcomes** (*Food Hygiene and Technology (Veterinary Medicine) Doctorate*)

|    |  |
|----|--|
| 1  |  |
| 2  |  |
| 3  |  |
| 4  |  |
| 5  |  |
| 6  |  |
| 7  |  |
| 8  |  |
| 9  |  |
| 10 |  |
| 11 |  |
| 12 |  |
| 13 |  |

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

|     | L1 | L2 | L3 | L4 | L5 |
|-----|----|----|----|----|----|
| P1  | 5  | 5  | 5  | 5  | 5  |
| P2  | 5  | 5  | 5  | 5  | 5  |
| P3  | 5  | 5  | 5  | 5  | 5  |
| P4  | 5  | 5  | 5  | 5  | 5  |
| P5  | 5  | 5  | 5  | 5  | 5  |
| P8  | 5  | 5  | 5  | 5  | 5  |
| P9  | 5  | 5  | 5  | 5  | 5  |
| P10 | 4  | 4  | 5  | 5  | 5  |
| P12 | 5  | 5  | 5  | 5  | 5  |
| P13 | 5  | 5  | 5  | 5  | 5  |

