

AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title	Basic Nutritional Principles in the Elderly Care							
Course Code YSB503			Couse Level		Second Cycle (Master's Degree)			
ECTS Credit 8	Workload	197 <i>(Hours)</i>	Theory	2	Practice	2	Laboratory	0
Objectives of the Course xxxxxxxxxxxxxxxxxxxxxxxxxxx			xxxxxxxxxxx	xxxxx				
Course Content xxxxxxxxxxxxxxxxxxxxxxxxxxx			xxxxxxxxxxx	xxxxxxxx	xxxxxx			
Work Placement N/A								
Planned Learning Activities and Teaching Methods Explanation (Presentation), Discussion, Individual Study								
Name of Lecturer(s)								

Assessment Methods and Criteria

Method	Quantity	Percentage (%)	
Midterm Examination	1	40	
Final Examination	1	60	

Recommended or Required Reading

1 x

Week	Weekly Detailed Co	urse Contents
1	Theoretical	nutrition overview
2	Theoretical	health and care basic principals
3	Theoretical	food items
4	Practice	health and care basic principals
5	Theoretical	health and care basic principals
6	Practice	health and care basic principals
7	Theoretical	health and care basic principals
8	Theoretical	food types
9	Theoretical	health and care basic principals
10	Practice	basic elements of care
11	Practice	basic food items
12	Theoretical	health and care basic principals
13	Practice	the evaluation of nutrition
14	Practice	health and care basic principals
15	Theoretical	health and care basic principals
16	Theoretical	healthy nutrients
17	Theoretical	health and care basic principals
18	Practice	healthy food preparation
19	Practice	food safety
20	Theoretical	food storage
21	Theoretical	basic principles of care
22	Practice	healthy drinking water
23	Practice	basic principles of care in special situaions
24	Theoretical	basic principles of care in demantia
25	Theoretical	basic principles of elderly care
26	Theoretical	food preservation
27	Practice	basic principles of care
28	Theoretical	health and care basic principals
29	Theoretical	detection of malnutrition
30	Theoretical	treatment issue
31	Theoretical	special care of elderly



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Practice

alarming symptoms of malnutrition

Workload Calculation
Activity

Activity	Quantity		Preparation	Duration	Total Workload
Assignment	2		22	2	48
Seminar	1		25	2	27
Individual Work	15		3	0	45
Midterm Examination	1		35	2	37
Final Examination	1		38	2	40
Total Workload (Hours)					197
[Total Workload (Hours) / 25*] = ECTS				Hours) / 25*] = ECTS	8

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

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1	x		
2	x		
3	x		
4	x		
5	x		

Programme Outcomes (Aging Health and Care Interdisciplinary Master)

1 Fundamentals of elderly health	
2 Basic care of the elderly	
3 Basic health problems and management	
4 Basic care problems and management	
5 Fundamental principals of research	

Contribution of Learning Outcomes to Programme Outcomes 1: Very Low, 2: Low, 3: Medium, 4: High, 5: Very High

	L1	L2	L3	L4	L5
P1	4	4	4	3	3
P2	4	4	4	3	3
P3	4	4	4	3	3
P4	4	4	4	3	3
P5	4	4	4	3	3