



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic Principles in Disabled Elderly Care							
Course Code		YSB502		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	7	Workload	173 (<i>Hours</i>)	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		Teaching of fundamental principles of elderly health and elderly's health care, gaining a general perspective on spesific services and applications for the elderly in order to enhance the quality of life of the elderly							
Course Content		Dependence, disability, disability concepts, making oral care and give position to functionally dependent older person, care requirements of system problems in older person and practices for care problems							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	20
Final Examination	1	60
Seminar	1	20

Recommended or Required Reading

1	x
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Week	Weekly Detailed Course Contents	
1	Theoretical	Dependence, disability, disability concepts
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
2	Theoretical	body mechanics and relate appropriate body mechanics to the techniques for turning, moving, and lifting the patient.
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
3	Theoretical	Personal hygiene practices to immobile patient
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
4	Theoretical	Oral Hygiene Care for Functionally Dependent
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
5	Theoretical	Common care problems of the elderly and care: diarrhea
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
6	Theoretical	Common care problems of the elderly and care: constipation
	Preparation Work	Review literature which related to subject
7	Theoretical	Fluid and electrolytes balance in the elderly.
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
8	Practice	Assesment
	Preparation Work	Summarizing and reading of literature
	Intermediate Exam	Midterm
9	Theoretical	Care of elderly with respiratory system problems
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject



10	Theoretical	Care of elderly with gastrointestinal systems problems
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
11	Theoretical	Care of elderly with urinary system problems
	Practice	Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
12	Theoretical	Care of elderly with nervous system problems
	Practice	TRAINING IN HOSPITAL: Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
13	Theoretical	Care of elderly with cardiovascular system problems
	Practice	TRAINING IN HOSPITAL: Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
14	Theoretical	Care of elderly with cardiovascular system problems
	Practice	TRAINING IN HOSPITAL: Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
15	Theoretical	Care of elderly with cardiovascular system problems
	Practice	TRAINING IN HOSPITAL: Care for Functionally Dependent
	Preparation Work	Review literature which related to subject
16	Practice	Final assesment
	Preparation Work	Summarizing and reading of literature
	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Seminar	1	20	2	22
Reading	4	10	2	48
Individual Work	14	2	0	28
Midterm Examination	1	35	2	37
Final Examination	1	36	2	38
Total Workload (Hours)				173
[Total Workload (Hours) / 25*] = ECTS				7

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Knowledge o personal hygiene practices to functionally dependent older person
2	Definition care requirements of system problems in older person
3	Knowledge the causes of incontinence, in older people and reflect on and assess how the quality of life can be affected by bladder and bowel
4	Knowledge management of constipation of older adults can occur
5	x

Programme Outcomes (Aging Health and Care Interdisciplinary Master)

1	Fundamentals of elderly health
2	Basic care of the elderly
3	Basic health problems and management
4	Basic care problems and management
5	Fundamental principals of research

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	4	4	4
P2	4	5	4	4	4
P3	3	5	3	3	3
P4	4	4	3	3	3



P5	4	4	3	3	3
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