



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Care of the Chronical Diseases							
Course Code		YSB604		Couse Level		Third Cycle (Doctorate Degree)			
ECTS Credit	8	Workload	203 (Hours)	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		To teach and be aware of importance of thechronic diseases, models of care for chronical diseases, burden of the care giver. To gain general perspective of the importance of chronic diseases, the burden on society and the family. To educate basic principles about the health and care of the elderly and to inform on the chronic care model.							
Course Content		Content will focus on care of common chronic diseases such as hypertension, heart failure, cancer and diabetes. A depression in mental status that may occur with older age can be affect memory and cognitive functions adversely. The main purpose of the care in elderly is to be able to ensure selfcare rather than meet all the requirements.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)		Prof. Rahşan ÇEVİK AKYIL							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	10
Final Examination	1	60
Assignment	5	10
Practice Examination	1	20

### Recommended or Required Reading

1	Mark F Harris and Nicholas A Zwar. Care of patients with chronic disease: the challenge for general practice.MJA 2007; 187: 104–107
2	Prof. Dr. Zehra Durna.Kronik Hastalıklarda Bakım. Nobel Tıp Kitabevi.1.basım. 06/2012
3	Özdemir Ü. ve Taşcı S. Kronik hastalıklarda psikososyal sorunlar ve bakım.Erciyes Üniversitesi Sağlık Bilimleri Fakültesi Dergisi Cilt 1 Sayı 1 (2013)
4	Melike DEMİR, Serap ÜNSAR. Kalp Yetmezligi ve Evde Bakım .Fırat Sağlık Hizmetleri Dergisi 2008;3(8): 119-130

Week	Weekly Detailed Course Contents	
1	Theoretical	The concept of chronic disease and the elements
	Practice	
2	Theoretical	Social and psychological burden of the patient with chronic disease on the individuals and families
	Practice	
3	Theoretical	Chronic illness care team and functions
	Practice	
4	Theoretical	Chronic care models
	Practice	
5	Theoretical	Hygienic care and chronic diseases in the elderly
	Practice	
6	Theoretical	The care and nourishing of the diabetic patient.
	Practice	
7	Theoretical	Care and nutrition in chronic respiratory diseases
	Practice	
8	Intermediate Exam	Midterm exam
9	Theoretical	Care of chronic cardiovascular diseases in elders.
	Practice	
10	Theoretical	Care of chronic musculoskeletal disorders in the elderly
	Practice	
11	Theoretical	Care of chronic nervous system diseases and mental health problems in the elderly



11	Practice	
12	Theoretical	Care of chronic gastrointestinal tract disorders in the elderly
	Practice	
13	Theoretical	Care of chronic urogenital system disorders in the elderly
	Practice	
14	Theoretical	Holistic approach in the care of chronic diseases
	Practice	
15	Theoretical	Can individual-based, disease-specific care possible?
	Practice	
16	Final Exam	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Lecture - Practice	14	0	2	28
Assignment	5	10	2	60
Individual Work	7	5	0	35
Midterm Examination	1	20	1	21
Final Examination	1	30	1	31
Total Workload (Hours)				203
[Total Workload (Hours) / 25*] = <b>ECTS</b>				8

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Learn frequent health problems in the elderly
2	Will be able to explain the issues to be considered in the care of elderly
3	Having an idea regards to the drug administration and nutrition in chronic patients
4	Having info regards to the components and models of the chronic care.
5	Support the development of new projects related to chronic care

### Programme Outcomes (Aging Health and Care Interdisciplinary Doctorate)

1	Gaining a holistic perspective in approaching the elderly
2	Being able to direct the society in the field of social, political and elderly health with scientific knowledge.
3	Being able to act as a guide for colleagues working in the field of elderly health
4	To be able to have an ethical perspective and behavior in the fields and practices related to aging.
5	Being able to act as a bridge between those working in the field and academicians
6	Producing projects that meet the needs of the society
7	Ability to produce scientific publications in the field of elderly health

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	4	4	4	4

