



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic Hygienic Principles in the Elderly Care							
Course Code		YSB606		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	5	Workload	127 (<i>Hours</i>)	Theory	1	Practice	0	Laboratory	0
Objectives of the Course		In this course, will aim to increase knowledge about the experienceneed to be considered in old age with the principles of hygiene of the people working in aged care and general hygiene of aged care home.							
Course Content		Hygiene and basic concepts will be explained. General principles of hygiene will be described in aged care home. Healthy nutrition relationship with food hygiene will be discussed.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Crome P. What's different about older people. Toxicology 2003; 1:192; 49-54
2	Merdol TK, Beyhan Y, Ciğerim N, Sağlam F, Tayfur M, Baş M, DAĞ A. 2003. Sanitasyon ve Hijyen Eğitimi. Hatipoğlu Yayınları, Ankara, 2.baskı, 142s.

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition and properties of the importance of hygiene
2	Theoretical	Hygiene principles I
3	Theoretical	Personal hygiene in the elderly
4	Theoretical	important factors affecting hygiene in old age
5	Theoretical	Rules of personal hygiene in the elderly
6	Theoretical	Food hygiene in the elderly
7	Theoretical	Hygiene principles II
8	Intermediate Exam	midterm exam
9	Theoretical	Choosing healthy foods in the elderly
10	Theoretical	Environmental hygiene in the elderly
11	Theoretical	Water and air hygiene, risk management
12	Theoretical	Hygiene Training staff in aged care homes
13	Theoretical	Elderly in nursing homes, cleaning rules
14	Theoretical	Sources of contamination of microorganisms
15	Theoretical	Personal hygiene in nursing homes, definition and importance
16	Final Exam	Final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	12	0	2	24
Assignment	3	10	0	30
Seminar	1	20	1	21
Midterm Examination	1	20	1	21
Final Examination	1	30	1	31
Total Workload (Hours)				127
[Total Workload (Hours) / 25*] = ECTS				5

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	By the definition explains the fundamental concepts of hygiene.
2	Understands the principles of general hygiene in nursing homes.
3	Food hygiene and healthy eating explains the relationship.
4	By general definitions explain the basic concepts of hygiene.
5	Staff will explain the basic concepts of hygiene by definition.

Programme Outcomes (*Aging Health and Care Interdisciplinary Doctorate*)

1	Gaining a holistic perspective in approaching the elderly
2	Being able to direct the society in the field of social, political and elderly health with scientific knowledge.
3	Being able to act as a guide for colleagues working in the field of elderly health
4	To be able to have an ethical perspective and behavior in the fields and practices related to aging.
5	Being able to act as a bridge between those working in the field and academicians
6	Producing projects that meet the needs of the society
7	Ability to produce scientific publications in the field of elderly health

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	4	5	4	4

