



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|---|----------------------|---|---|--------------------------------|---|------------|---|
| Course Title | | Care of Elderly With Chronic Pain | | | | | | | |
| Course Code | | YSB631 | | Course Level | | Third Cycle (Doctorate Degree) | | | |
| ECTS Credit | 5 | Workload | 120 (<i>Hours</i>) | Theory | 1 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | To aim of the course is to give information about chronic pain topic and evaluation of pain intensity. In addition,aim is to increase awareness related to chronic pain in the elderly and the ways of coping with pain. | | | | | | | |
| Course Content | | Perception of pain in the elderly and the influence on social life Learn how to manage of pain originated from nervous system and vascular system in the elderly. Learn to manage of pain caused by bones, joints and the pain of muscular origin.The awareness and the importane of pain caused by visceral origin | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Demonstration, Discussion, Individual Study | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 20 |
| Final Examination | 1 | 60 |
| Assignment | 1 | 20 |

Recommended or Required Reading

| | |
|---|---|
| 1 | KABALAK AA, ÖZTÜRK H, ÇAĞ H. Yaşam Sonu Bakım Organizasyonu; Palyatif Bakım.Yoğun Bakım Dergisi 2013;11(2):56-70 |
| 2 | Dellaroza MS., Pimenta CA., Matsuo T. Prevalence and characterization of chronic pain among the elderly living in the community. Cad Saude Publica 2007; May; 23(5): 1151-1160. |
| 3 | 2. Özel F, Yıldırım Y, Fadiloğlu Ç. Pain management of elderly in nursing homes. AĞRI 2014;26(2):57-64 |
| 4 | Gökçe Kutsal: Ağrı. In: Gökçe Kutsal Y (Ed): Temel Geriatri. Güneş Tıp Kitabevleri, Ankara, 2007; p:279-288) |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|---|
| 1 | Theoretical | The concept of pain and origins |
| 2 | Theoretical | The Classification of Pain and Properties |
| 3 | Theoretical | The Factors Affecting the Diagnosis and Treatment of Pain in Elderly |
| 4 | Theoretical | General Principles of the Evaluation and Treatment of Pain in Elderly |
| 5 | Theoretical | Clinical Approach to Musculoskeletal Pains |
| 6 | Theoretical | Clinical approach to the pain of vascular origin |
| 7 | Intermediate Exam | Midterm exam |
| 8 | Theoretical | Clinical approach to the pain of neurogenic origin |
| 9 | Theoretical | Clinical Approach to the pain of visceral origin |
| 10 | Theoretical | Clinical approach to the cancer associated pains. |
| 11 | Theoretical | Is it possible to relieve pain without drugs? |
| 12 | Theoretical | Psychosocial Approaches to the Treatment of Pain |
| 13 | Theoretical | Treatment Algorithms in Various Conditions Causing Pain. |
| 14 | Final Exam | Final exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 12 | 0 | 1 | 12 |
| Assignment | 3 | 10 | 0 | 30 |
| Seminar | 1 | 25 | 1 | 26 |
| Midterm Examination | 1 | 20 | 1 | 21 |



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|--|---|----|---|-----|
| Final Examination | 1 | 30 | 1 | 31 |
| Total Workload (Hours) | | | | 120 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 5 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

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|---|---|
| 1 | Learning the topic of pain and chronic pain |
| 2 | Having info about raising awareness of pain in elderly |
| 3 | Having info regards to the reasons of pain |
| 4 | Having info about method of coping with pain in elderly |
| 5 | Learns palliative care in pain |

Programme Outcomes (Aging Health and Care Interdisciplinary Doctorate)

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|---|--|
| 1 | Gaining a holistic perspective in approaching the elderly |
| 2 | Being able to direct the society in the field of social, political and elderly health with scientific knowledge. |
| 3 | Being able to act as a guide for colleagues working in the field of elderly health |
| 4 | To be able to have an ethical perspective and behavior in the fields and practices related to aging. |
| 5 | Being able to act as a bridge between those working in the field and academicians |
| 6 | Producing projects that meet the needs of the society |
| 7 | Ability to produce scientific publications in the field of elderly health |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 |
|----|----|----|----|----|----|
| P1 | 4 | 4 | 3 | 4 | 4 |

