AYDIN ADNAN MENDERES UNIVERSITY
COURSE INFORMATION FORM

Course Title	Assertiveness						
Course Code	HSH526		Couse Level	Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	99 *(Hours)*	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	Aim of this course student learn about the principles and rules of assertion and practice assertive techniques in your own life.						
Course Content	Description of assertiveness, the importance of assertiveness behavior, Assertiveness –avoidant and aggression behaviors and the characteristics of these behavior, The importance and benefits of assertiveness, Recovery initiate and learning behavior, Common and different aspects of the concepts of initiative and entrepreneurship						
Work Placement	N/A						
Planned Learning Activities and Teaching Methods			Explanation (Presentation), Discussion, Case Study				
Name of Lecturer(s)							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Alberti R, Emmons N (1998). Atılganlık Hakkınızı Kullanın. Ç: S. Katlan, 7. Baskı, HYB Yayıncılık, Ankara.
2	Phelps S, Austin N (1997). Atılgan Kadın. Ç: S Katlan, HYB Yayıncılık, Ankara.
3	Voltan Acar N (2002). Grupla Psikolojik Danışmada Alıştırmalar Deneyler. Nobel Yayın Dağıtım, Ankara.
4	Williams C (2000) Being Assertive. Dr. CJ Williams and University of Leeds Innovations Ltd(ULIS).

Week	Weekly Detailed Course Contents	
1	Theoretical	Acquaintance, course description, determination of expectations from the course
2	Theoretical	Students define themselves before learning about assertiveness course and they express their behavioral characteristics before learning about assertiveness course
3	Theoretical	Description of assertiveness, the importance of assertiveness behavior
4	Theoretical	Assertiveness-avoidant and aggression behaviors
5	Theoretical	The behavioral characteristics of avoidant personality
6	Theoretical	The behavioral characteristics of aggressive personality
7	Theoretical	Sociable personality and features of assertiveness behavior
8	Intermediate Exam	Mid-Term Exam
9	Theoretical	The benefits of assertiveness
10	Theoretical	The importance of assertiveness in terms of personal and professional situations
11	Theoretical	The personal and professional benefits of sociable personality trait
12	Theoretical	Recovery initiate and learning behavior
13	Theoretical	Sociable personality and examples of behavior of sociable personality
14	Theoretical	Common and different aspects of the concepts of initiative and entrepreneurship
15	Theoretical	Evaluation of the course and discussion of the course and discussion of the skills acquired
16	Theoretical	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Midterm Examination	1	20	1	21

Final Examination	1	20	2	22
		Total Workload (Hours)		99
		[Total Workload (Hours) / 25*] = **ECTS**		4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To be able to communicate with self-esteem and self-confidence
2	To be able to express thoughts and feeling clearly
3	To be able to communicate without being pushy
4	To be able to communicate without being timid
5	To be able to do self-criticism
6	To be able to develop self-confidence
7	To be able to express him/her self correctly within the health care team and to be able to defend her/him professional rights

Programme Outcomes *(Public Health Nursing Master)*

1	PO 1. Student has the current theoretical and practice knowledge in Master's degree in Public Health Nursing field based on his previous learning in bachelor's degree, student realizes the knowledge, deepens and uses it.
2	PO 2. Student brings solutions to the issues which require expertise and is related to the Public Health Nursing. Student solves the problem, he/she evalvates the results obtained and applies as needed
3	PO 3. To be able to create new information by integrating different disciplinary in Public Health Nursing field
4	PO 4. Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual way
5	PO 5. Student follows based on evidence practices and makes researches creating evidence about professional application in his/her own field
6	PO 6. Student manages researches about his/her field independently or in an team
7	PO 7. Student has information on statistics, uses related soft wares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
8	PO 8. Student can write report of the researches he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academic meetings
9	PO 9. Student can make strategy and policy in topics related to Public Health Nursing, comments practice plans, and evaluates obtained results in scientific and ethical frame
10	PO 10. Student makes verbal and writing communication using one foreign language at least B2 level in European language portfolio
11	PO 11. To be able to comprehend the importance of ethical principles and ethical rules for the individual and society and behave ethic

Contribution of Learning Outcomes to Programme Outcomes *1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High*

	L1	L2	L3	L4	L5	L6	L7
P1	4	5	5	5	4	5	5
P2	4	4	3	3	4	4	4
P3	4	4	3	4	5	4	4
P4	4	5	4	5	4	4	5
P5	4	5	4	4	5	4	4
P6	5	5	5	4	5	4	5
P11	3	3	4	4	4	3	4