



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Mental Health and Psychiatric Nursing							
Course Code		HTR505		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	124 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to help students to analyse information, conceptions and researchs that are in expert knowledge level; to determine internal and external factors affecting mental health of people in all development periods and to gain skills on mental health prevention and promotion, care in diseases and rehabilitation.							
Course Content		This course focuses on examining etiology and epidemiology of mental health problems, looking over theories and theorists in psychiatric nursing, protecting, promoting mental health, intervening emergent conditions and care concept.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.
2	Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.
3	Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
4	Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.
5	Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989.
6	Johnson BS. Adaptation and Growth Psychiatric Mental Health Nursing. Lippincott Company, Newyork, 1997.
7	McFarland GK, Thomas MD. Psychiatric Mental Health Nursing. Lippincott Company, London, 1991.
8	Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul.
9	Kum N.(2000) Psikiyatri Hemşireliği El Kitabı Vehbi Koç Vakfı Yayınları, II.Baskı, İstanbul.
10	Barry PD. (2002). Mental Health and Mental İllness. Lippincott Company, Philadelphia.
11	Isaacs A. (2001) Mental Health and Psychiatric Nursing. 3rd Ed. Lippincott Company, Philadelphia
12	Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
13	Varcarolis EM (eds). (1998) Foundations of Psychiatric Mental Health Nursing. 3rd Ed. WB Saunders Company, Philadelphia.
14	Videbeck SL. (2004) Psychiatric Mental Health Nursing. 2nd Ed. Lippincott Williams&Wilkins, Philadelphia.
15	Schultz JM, Dark SL. Basic concepts. Manual of Psychiatric Nursing Care, üçüncü baskı, Scott- Foresman, 1990, s.7-15.
16	Mcbride AB: "Psychiatric Nursing In The 1990", Arch Psyc Nurs 4(1):21-27, 1990.
17	Rawlins R, Williams S, Beck C: Mental Health Nursing, Third Edition, Mosby Yera Book, 1997.
18	Stuart GW, Suddeen SJ: Principles and Practice Psychiatric Nursing, Mosby Company, Toronto, 1987.
19	Fortinash KM, Holoday PA: Psychiatric Mental Health Nursing, Mosby Company, Philadelphia, 1996.

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction of Course-Historical Process of Psychiatric Nursing
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
2	Theoretical	Basic Concepts in Psychiatric Nursing-Basic Theories and Psychiatric Nursing



2	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
3	Theoretical	Ethical Problems in Mental Health Nursing-Diagnose Criterias in Mental Disorders and Nursing Process
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
4	Theoretical	Beginning to Mental Disorders Individuals with Affect Disorders and Nursing Approach Clients with Schizophrenia and Other Psycotic Disorders and Nursing Approach-Clients with Dissociative and Somatoform Disorders and Nursing Approach Psycosomathic Disorders and Nursing Approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
5	Theoretical	Clients with Personality Disorder and Nursing Approach Sexual Function Disorders and Nursing Approach-Substance Abuse Disorders and Nursing Approach Organic MENTAL Disorders and Nursing Approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
6	Theoretical	Treatment methods used in Psychiatry and Mental Health and Responsibility of Nurses-Psychiatric Rehabilitation
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
7	Theoretical	Emergency Cases in Psychiatry and Emergency Psychiatric Nursing-Emergency Cases in Psychiatry and Emergency Psychiatric Nursing
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
8	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
	Intermediate Exam	Midterms
9	Theoretical	Consultation Liaison Psychiatry Nursing-Mental Disorders in General Medicine and Multidisciplinary Approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
10	Theoretical	Care of individuals with diseases threatening life-Medical Treatments in mental disorders and nursing approach
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
11	Theoretical	Prevention of Mental Disorders-Prevention Levels
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
12	Theoretical	Mental Disorders and Health Promotion-Mental Disorders in Children



12	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
13	Theoretical	Mental Health Problems in Adolescents-Senility and Mental Health
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
14	Theoretical	Addiction and nursing care, Homeless People with mental disorders, Street Urchins, Prisoners with Mental Disorders
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
15	Theoretical	Violence and Misuse in Public, Nursing Care
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
16	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996. Kaplan & Sadock. (2005) Klinik Psikiyatri, Çev: Aydın H, Bozkurt A. Güneş Kitabevi, İstanbul. Stuart GW, Laraia MT. (1998) Principles Practice of Psychiatric Nursing. Mosby Company, London
	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	4	2	84
Midterm Examination	1	18	2	20
Final Examination	1	18	2	20
Total Workload (Hours)				124
[Total Workload (Hours) / 25*] = ECTS				5

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	To be able to discuss History of Psychiatric Nursing
2	To be able to discuss theorists and theories in psychiatric nursing
3	To be able to discuss schools and flows in psychiatry
4	To be able to Express system theories, developmental theories, learning theories.
5	To be able to use consultancy and help skills
6	To be able to evaluate a person with mental problem
7	To be able to count diagnose and treatment methods used in psychiatry
8	To be able to secure concord of patient to diseases and rehabilitation.
9	To be able to discuss crisis, crisis intervention and coping skills with stress
10	To be able to discuss effects of consultation liaison psychiatry practises in general health system
11	To be willing in reflecting ethical principles and concepts
12	To be able to apply preventive, formative and remedial mental health methods on people with such needs.

### Programme Outcomes (Public Mental Health Nursing Master's Without Thesis)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Manages practices about his/her field independently or in an team



5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10	L11	L12
P1	3	3	3	3	3	3	3	3	3	3	3	3
P2	3	3	3	3	3	3	3	3	3	3	3	3
P3	3	3	3	3	3	3	3	3	3	3	3	3
P4	3	3	3	3	3	3	3	3	3	3	3	3
P5	3	3	3	3	3	3	3	3	3	3	3	3
P6	3	3	3	3	3	3	3	3	3	3	3	3
P7	3	3	3	3	3	3	3	3	3	3	3	3
P8	3	3	3	3	3	3	3	3	3	3	3	3

