



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Mental Health Promotion and Illness Prevention							
Course Code		HTR545		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The purpose of this course is to provide an overview of the major issues in health promotion and disease prevention.							
Course Content		Introduction to strategies for promoting health and wellness, the major causes of premature mortality and morbidity, behavioral and environmental contributions to illness and injury, as well as strategies for risk reduction. Health promotion raises a number of economic, public policy, and ethical issues that cut across the society.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Unal, S., Hisar, F., Steel, B., Ozguven, Z. (2010). University Students' Beliefs about Mental Illness. Düşünen Adam Psychiatry and Neurological Sciences
2	Unal, S., Hisar, F., Steel, B., Ozguven, Z. (2010). University Students' Beliefs about Mental Illness. Düşünen Adam Psychiatry and Neurological Sciences

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to the course
2	Theoretical	Identify the leading causes of illness, disease, and death by gender, age, and Population groupings.
3	Theoretical	Programs for health promotion
4	Theoretical	Programs for mental health promotion
5	Theoretical	Programs for mental health promotion
6	Theoretical	Health promotion and disease prevention implications
7	Theoretical	Health promotion and disease prevention implications
8	Theoretical	Health promotion and disease prevention implications
9	Theoretical	Major scientific, societal, communal, and ethical issues in health promotion.
10	Theoretical	Health promotion for Chronic mental diseases
11	Theoretical	Community mental health nurse and Healt promotion strategies
12	Theoretical	Community mental health nurse and Healt promotion strategies
13	Theoretical	Roles and responsibilities of Community Mental Health Nurses
14	Theoretical	Evaluation of the course
15	Theoretical	Finnal exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	2	70
Midterm Examination	1	10	2	12
Final Examination	1	16	2	18
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				



Learning Outcomes

1	Understand the relationship between the public health approach, health promotion principles
2	•Identify the leading causes of illness, disease, and death by gender, age, and Population groupings
3	Develop and carry out a personal program for health promotion
4	Identify the leading causes of illness, disease, and death by gender, age, and Population groupings
5	Understand the relationship between the public health approach, health promotion principles

Programme Outcomes (*Public Mental Health Nursing Master's Without Thesis*)

1	Student has the current theoretical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Manages practices about his/her field independently or in a team
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	3	3	3	4	4
P2	4	4	4	3	3
P3	5	5	5	2	5
P4	5	5	3	4	4
P5	3	3	2	3	4
P6	1	2	1	5	3
P7	5	2	3	4	2
P8	5	4	2	4	3

