



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Group Psychotherapies							
Course Code		HTR549		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	4	Workload	104 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The purpose of this course is to introduce the process of group psychotherapy and group field.							
Course Content		This lesson including the historical process of group therapy, therapeutic factors in group therapy, process and technique of group therapy							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989.
2	Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996.
3	Cook JJ, Fontaine KL. Essentials of Mental Health Nursing. Addison-Wesley, California, 1991.
4	Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
5	Fortinash KM, Holoday-Worret PA. Psychiatric Mental Health Nursing. Mosby Company, Boston, 1996.
6	Janosik EH, Davies JL. Psychiatric and Mental Health Nursing. Second Edition, Jones and Bartlett Publishers, United States of America, 1989.

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition and the history of group psychotherapy
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
2	Theoretical	Basic concepts and types of group psychotherapy
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
3	Theoretical	Therapeutic factors of group psychotherapy
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
4	Theoretical	Ethical issues related to group psychotherapy
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
5	Theoretical	Implementation subject related to group psychotherapy
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
6	Theoretical	The Group's leadership in the early and late phases of group process
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
7	Theoretical	Therapeutic agents
	Preparation Work	Birkhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
8	Theoretical	Basic tasks of the therapist



8	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
9	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
	Intermediate Exam	Midterm Exam
10	Theoretical	Therapist: here and now Therapist: transfer and transparency
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995
11	Theoretical	Patient selection, components of therapy groups, creation of group ( place,time, width,preparing)
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
12	Theoretical	Inception, advanced groups and problematic client / patients
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
13	Theoretical	Group techniques
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
14	Theoretical	Private groups and the group's termination
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
15	Theoretical	Private groups and the group's termination
	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
16	Preparation Work	Birckhead LM. Psychiatric Mental Health Nursing. JB. Lippincott Company, Pennsylvania, 1989. Carson VB, Arnold EN. Mental Health Nursing. Saunders Company, London, 1996. Fortinash KM, Holoday-Worret PA. Psychiatric Nursing Care Plans, Mosby Company, Boston, 1995.
	Final Exam	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Midterm Examination	2	10	4	28
Final Examination	1	18	2	20
Total Workload (Hours)				104
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	Knowing the history, description ,notion,kinds, ethical issue and the therapeutic agent of group psychotherapy.
2	Have knowledge about the practice of group psychotherapy
3	Understanding group leadership, group process, early and last periods.
4	Understanding the basic tasks of the therapist in the process of group therapy.
5	Comprehend the meaning of now and here at the therapeutic agent in the process of group therapy
6	Understanding transfer and transparency subject in group therapy process.
7	Understanding; choosing patient, creating group, components of therapy groups subjects
8	Knowing about beginning, advanced groups and problematical patients
9	Knowing principle of termination of group therapy and group therapy including special groups

### Programme Outcomes (Public Mental Health Nursing Master's Without Thesis)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it
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2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Manages practices about his/her field independently or in an team
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9
P1	3	3	3	3	3	3	3	3	3
P2	3	3	3	3	3	3	3	3	3
P3	3	3	3	3	3	3	3	3	3
P4	3	3	3	3	3	3	3	3	3
P5	3	3	3	3	3	3	3	3	3
P6	3	3	3	3	3	3	3	3	3
P7	3	3	3	3	3	3	3	3	3
P8	3	3	3	3	3	3	3	3	3

