



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Family Mental Health Nursing							
Course Code		HTR510		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	6	Workload	155 (Hours)	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		To prepare the students utilize community resources to provide primary, secondary and tertiary prevention for individuals, families and groups for mental health problems in family .							
Course Content		Principles of epidemiology, therapeutic communication, growth and development, and concepts of stress, culture, and family systems are integrated to enable the student to understand client and family health needs.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Denham, Sharon A. Family health: A framework for nursing. Philadelphia, PA: FA Davis, 2003.
2	Townsend, Mary C., and Karyn I. Morgan. Psychiatric mental health nursing: Concepts of care in evidence-based practice. FA Davis, 2017.
3	Friedemann, Marie-Luise. "The concept of family nursing." Journal of Advanced Nursing 14.3 (1989): 211-216.

Week	Weekly Detailed Course Contents	
1	Theoretical	Development of human resources for family health
2	Theoretical	The Family Health Nurse in the context of HEALTH21
3	Theoretical	Definition of the role of the Family Health Nurse
4	Theoretical	The Family mental Health Nurse – a new concept?
5	Theoretical	Provision of care 1: working with families
6	Theoretical	Therapeutic interventions in relation to life crises
7	Theoretical	Supporting families
9	Theoretical	Empowering families
10	Theoretical	Working in partnership with families
11	Theoretical	Management of emergencies in family
12	Theoretical	Family therapy
13	Theoretical	Counselling approaches and application
14	Theoretical	Evaluation of the course
15	Theoretical	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	7	10	1	77
Midterm Examination	1	6	2	8



Final Examination	1	12	2	14
Total Workload (Hours)				155
[Total Workload (Hours) / 25*] = ECTS				6
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	Understand & utilize the basis for family mental health nursing
2	Be able to discuss concepts of stress, coping adaptation and crisis intervention
3	Be able to recognize early signs, causes, classification and treatment of mental health problems and psychiatric diseases
4	Be able to discuss concepts of stress, coping adaptation and crisis intervention
5	Be able to recognize early signs, causes, classification and treatment of mental health problems and psychiatric diseases

### Programme Outcomes (Public Mental Health Nursing Master's Without Thesis)

1	Student has the current theoretical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Manages practices about his/her field independently or in a team
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	3	3	3	3	3
P2	3	3	3	3	3
P3	3	3	3	3	3
P4	3	3	3	3	3
P5	3	3	3	3	3
P6	3	3	3	3	3
P7	3	3	3	3	3
P8	3	3	3	3	3

