

## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

| Course Title                                     |           | Postpartum C                                                                                                                                                                                                                                                                | are and Follov                                                           | v-up                                                             |                                                 |                                                   |                                                          |                                                                                                           |                                |
|--------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------|
| Course Code                                      |           | EBE605                                                                                                                                                                                                                                                                      |                                                                          | Couse Level                                                      |                                                 | Third Cycle (Doctorate Degree)                    |                                                          |                                                                                                           |                                |
| ECTS Credit                                      | 6         | Workload                                                                                                                                                                                                                                                                    | 156 (Hours)                                                              | Theory                                                           | 2                                               | Practice                                          | 0                                                        | Laboratory                                                                                                | 0                              |
| Objectives of the                                | ne Course | To ensure the protection of the physical and psychosocial health of mother and newborn's the postpartum period and those necessary for the development of midwifery knowledge and skills and innovation to address these issues and that the current approach is to follow. |                                                                          |                                                                  |                                                 |                                                   |                                                          |                                                                                                           |                                |
| Course Content                                   |           | care and pract<br>and postpartum<br>postpartum pe<br>life harmony (                                                                                                                                                                                                         | tices in postpa<br>m psychology<br>eriod in hospita<br>disability, infel | artum period<br>in the postp<br>al and at hor<br>tility, multipl | , mother-infoartum perione, patient e pregnance | ant data exam<br>d, postpartum<br>safety, have sp | ination in the contraception pecial cases pregnancy) and | sibility, evidence-<br>world and in Tur<br>n and sexuality, in<br>parents after birth<br>d postnatal home | key, pain<br>n the<br>ı to new |
| Work Placeme                                     | nt        | N/A                                                                                                                                                                                                                                                                         |                                                                          |                                                                  |                                                 |                                                   |                                                          |                                                                                                           |                                |
| Planned Learning Activities and Teaching Methods |           |                                                                                                                                                                                                                                                                             | Explanation Individual S                                                 | `                                                                | tion), Demonst                                  | ration, Discus                                    | ssion, Case Stud                                         | у,                                                                                                        |                                |
| Name of Lecturer(s) Prof. Ayten TAŞPINAR         |           | AŞPINAR                                                                                                                                                                                                                                                                     |                                                                          |                                                                  |                                                 |                                                   |                                                          |                                                                                                           |                                |

| Assessment Methods and Criteria |  |          |                |  |  |  |  |
|---------------------------------|--|----------|----------------|--|--|--|--|
| Method                          |  | Quantity | Percentage (%) |  |  |  |  |
| Midterm Examination             |  | 1        | 20             |  |  |  |  |
| Final Examination               |  | 1        | 60             |  |  |  |  |
| Seminar                         |  | 2        | 20             |  |  |  |  |

| Recor | mmended or Required Reading                                                                                                                                                                                                    |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1     | Coşkun A., Ekizler İ., İnanç N., Karanisoğlu H., Kömürcü N., Okumuş H., Pasinlioğlu T., Taşkın L. Doğum ve Kadın Hastalıkları El kitabı, Editör: Prof.Dr. Anahit Çoşkun, Vehbi Koç Vakfı Yayınları, II. Baskı, İstanbul, 2000. |
| 2     | Önderoğlu L.,Levero K., Gant N, Alexander A. Williams Doğum Bilgisi El Kitabı, Güneş Kitabevi, Öncü Basımevi, Ankara, 2004.                                                                                                    |
| 3     | Scolt J.R, Bisaia P.J, andOthers. Normal Doğum Eylemi, Doğum İzleme ve Yardım. Danfort Obstetric Ve Jinekoloji. Yüce Yayınları. İstanbul, 1992.                                                                                |
| 4     | Taşkın L. Hemşireler ve Ebeler için Doğum ve Kadın Sağlığı Uygulama Rehberi, Palme Yayıncılık, Ankara, 2004                                                                                                                    |
| 5     | Johnson J.Y. Maternal&Child Health Nursing, Care of the Childbearing, 4. Edition. Sounders Company, Pheladelpia 2003                                                                                                           |
| 6     | LowdermicL.Maternity Women's Health Care, 9. Edition. Mosby Campany, 2007                                                                                                                                                      |
| 7     | Marland H.,Rafferty M.A. Midwives, Society and Childbirth, Mosby Campany, 2000.                                                                                                                                                |
| 8     | Mattson S., Smith J.E. Care Curriculum for Maternal-Newborn Nursing, 3. Edition, Awhonn, 2004.                                                                                                                                 |
| 9     | Olds L., Pavidson L. Workbook for Maternal-Newborn Nursing&Women's Health Care, 7. Edition, Mosby Campany, 2004.                                                                                                               |
| 10    | Wickham S. Midwifery Best Practice, Book for Midwifes, Mosby Campany, 1. Edition. 2003.                                                                                                                                        |
| 11    | Wheeler L. Nurse-Midwifery Handbook, A Practical Guide to Prenatal and Postpartum Care, Mosby Campany, 2 nd Edition. 2002.                                                                                                     |
| 12    | ScrotR.St. Essantials of Maternity, Newborn and women's Health Nursing, Lippincott, Williams&Wilkins, 2007.                                                                                                                    |

| Week | Weekly Detailed Course Contents |                                           |  |  |  |  |  |  |
|------|---------------------------------|-------------------------------------------|--|--|--|--|--|--|
| 1    | Theoretical                     | Course description and literature review  |  |  |  |  |  |  |
|      | Preparation Work                | Research and reading                      |  |  |  |  |  |  |
| 2    | Theoretical                     | Postpartum complications /risk situations |  |  |  |  |  |  |
|      | Practice                        | N/A                                       |  |  |  |  |  |  |
|      | Laboratory                      | N/A                                       |  |  |  |  |  |  |
|      | Preparation Work                | Research and reading                      |  |  |  |  |  |  |



| 3  | Theoretical       |                                                                                                                                      |  |  |  |  |  |
|----|-------------------|--------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
|    |                   | morbidity, infant mortality, etc. ).                                                                                                 |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 4  | Theoretical       | The data of the mother and baby examination in Turkey and in the world (maternal mortalit, morbidity, infant mortality, etc. ).      |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 5  | Theoretical       | Postpartum pain and psychology                                                                                                       |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 6  | Theoretical       | Evidence-based practice and care in the postpartum period                                                                            |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 7  | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
|    | Intermediate Exam | Midterm exam                                                                                                                         |  |  |  |  |  |
| 8  | Theoretical       | Contraception in the postpartum period                                                                                               |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 9  | Theoretical       | Postpartum sexuality                                                                                                                 |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 10 | Theoretical       | Postpartum patient safety in the hospital and at home                                                                                |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 11 | Theoretical       | Special cases of parents who have to adapt to new life after birth (disability, infertility, multiple pregnancy, unwanted pregnancy) |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 12 | Theoretical       | Special cases of parents who have to adapt to new life after birth (disability, infertility, multiple pregnancy, unwanted pregnancy) |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 13 | Theoretical       | Postnatal home care services, the impact of traditional and cultural approach                                                        |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 14 | Theoretical       | Article presentation                                                                                                                 |  |  |  |  |  |
|    | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
| 15 | Preparation Work  | Research and reading                                                                                                                 |  |  |  |  |  |
|    | Final Exam        | Final exam                                                                                                                           |  |  |  |  |  |

| Workload Calculation                         |          |             |          |                |  |
|----------------------------------------------|----------|-------------|----------|----------------|--|
| Activity                                     | Quantity | Preparation | Duration | Total Workload |  |
| Lecture - Theory                             | 13       | 4           | 2        | 78             |  |
| Seminar                                      | 2        | 8           | 2        | 20             |  |
| Individual Work                              | 13       | 3           | 0        | 39             |  |
| Midterm Examination                          | 1        | 8           | 1        | 9              |  |
| Final Examination                            | 1        | 8           | 2        | 10             |  |
| Total Workload (Hours)                       |          |             |          |                |  |
| [Total Workload (Hours) / 25*] = <b>ECTS</b> |          |             |          |                |  |
| *25 hour workload is accepted as 1 ECTS      |          |             |          |                |  |

| Learn | ing Outcomes                                                                                                                                                                         |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1     | To be able to identify postpartum period, to evaluate and follow-up the mother in physical and psychological aspects, make applications to improve the health of the mother and baby |
| 2     | Evidence-based care and practice knowing and applying In the postpartum period                                                                                                       |
| 3     | To be able to count In the postpartum period, the contraceptive method used                                                                                                          |
| 4     | With exception of parents to help in adaptation to new life after birth                                                                                                              |
| 5     | Postnatal home care services to explain the effects of traditional and cultural approach                                                                                             |



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To be able to integrate issues related to the educational process and improve independent learning, reading, studying and research skills

## **Programme Outcomes** (Midwifery Doctorate)

- To be able to develop and deepen in the level of expertise with original thinking and / or research in recent and advanced information in the midwifery area as based on midwifery postgraduate qualification, and to create the original definitions bring innovation to the area, to evaluate and use new information in a systematic approach
- To be able to develop the new / known idea, method and / or application included innovation to the midwifery science and art using the mental processes as creative and critical thinking, problem solving and decision making, to applies to the different area, to make the critical analysis, synthesis and evaluation of new and complex ideas.
- To be able to use strategic decision-making processes in the solution of problems related midwifery, to adopted and practice continuous professional development and lifelong learning policy.
- To be able to understand the interaction between disciplines associated with midwifery, to reaches the original results using the information requiring expertise in the analysis, synthesis and evaluation of the new and complex ideas.
- To be able to has the experience ability of working with other health care disciplines, to make the leadership in interdisciplinary problem solving, to discuss with experts putting out original ideas issues in the field and to use the effective communication showing her competence.
- To be able to contribute to the solution of social, scientific, cultural and ethical problems encountered in the issues related with midwifery, and support the development of these values.
- To be able to know the importance of ethical principles and ethics committee for the individual and society, examine and develop governing norms social relations and these relationships with a critical perspective, and if it is necessary, manage action to change.
- To be able to contribute to advances in the field performing independently an original work developing the new idea, method, design and / or application coming innovation to the midwifery science and art or implementing a known idea, method, design and / or application to a different area.
- To be able to follow up evidence-based practices and to conduct researches related to professional practice to create evidence in their field.
- To be able to has knowledge and skills in high-level about statistics the methods used in the midwifery researches, and select, implement and interpret the correct statistical methods in her research, evaluate a scientific article in terms of research methods and statistics.
- To be able to writ report of the research that she participate, contribute to knowledge in the field presenting at least one scientific article national / international accepted by a peer-reviewed publications in journals and / or presenting at scientific meetings.
- To be able to have knowledge and skills to use advanced computers, other technological tools and specific to the device required for midwifery area, and to develop creative solutions to a problem.
- To be able to use current developments and information in the field of health to benefit of society in the direction of mothers, babies, family, national values and the realities of the country, contribute to be the information society and the process of maintain it by introducing the development his society.

## Contribution of Learning Outcomes to Programme Outcomes 1: Very Low, 2:Low, 3:Medium, 4:High, 5: Very High

|    | L1 | L2 | L3 | L4 | L5 | L6 |
|----|----|----|----|----|----|----|
| P1 | 4  | 5  | 2  | 2  | 2  | 2  |
| P2 |    |    | 2  | 3  |    | 5  |
| P3 | 2  |    |    |    |    |    |
| P6 |    |    |    |    | 5  | 3  |
|    |    |    |    |    |    |    |

