



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Consulting Principles And Skills–II							
Course Code		HRS608		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	94 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		This course,aimed to consultation with the student to grasp the basic concepts and theories and contemporary trends in the consultation process may be using the theoretical foundations of information concerning the principles and techniques.							
Course Content		This course, included consultation with the basic concepts, theoretical foundations of counseling principles and techniques of contemporary movements, consultation process and stages, basic counseling skills and techniques basic skills and techniques for the implementation of these information.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study					
Name of Lecturer(s)		Prof. Hülya ARSLANTAŞ							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Egan G.(Çev: Yüksel Ö.). The Skilled Helper, Kaknüs yayınları, İstanbul, 2011.
2	Meier S.T., Davis S.R. (Çev ed: Doğan S.),The Elements of Counseling, Pegem Academic Publishing, İstanbul.
3	Murdock N.L. (Çev. Ed: Akkoyun F.), Theories of Counseling and Psychotherapy, Nobel Publishing, Ankara, 2013.
4	Türkçapar H., Köroğlu E. Methods of Psychotherapy (Theory and practice guidelines), Hyb Publishing, Ankara, 2009.
5	Voltan-Acar, N. (2003). Terapötik İletişim. Kişilerarası İlişkiler. Ankara, Us-A Yayıncılık.
6	Köroğlu, E. (2005) Principles of Rational emotive behavioral therapy. Hekimler Yayın Birliği Yayın. Ankara

Week	Weekly Detailed Course Contents	
1	Theoretical	Consulting the definition, scope, importance and characteristics
	Preparation Work	Literature, reading resources
2	Preparation Work	Literature, reading resources
3	Theoretical	Principles and rules of the counseling relationship
	Preparation Work	Literature, reading resources
4	Theoretical	Basic counseling theories and approaches
	Preparation Work	Literature, reading resources
5	Theoretical	Psychoanalytic theory of counseling
	Preparation Work	Literature, reading resources
6	Theoretical	Behavioral theories
	Preparation Work	Literature, reading resources
7	Theoretical	Humanistic theory
	Preparation Work	Literature, reading resources
8	Preparation Work	Literature, reading resources
	Intermediate Exam	MİD-TERM EXAM
9	Theoretical	Rational emotive approach
	Preparation Work	Literature, reading resources
10	Theoretical	Gestalt approach
	Preparation Work	Literature, reading resources
11	Theoretical	Existential counseling approach
	Preparation Work	Literature, reading resources
12	Theoretical	Consultation process and stages
	Preparation Work	Literature, reading resources



13	Theoretical	Consultation process and stages
	Preparation Work	Literature, reading resources
14	Theoretical	Group and individual counseling principles
	Preparation Work	Literature, reading resources
15	Theoretical	Group and individual counseling principles
	Preparation Work	Literature, reading resources

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	2	60
Midterm Examination	1	10	2	12
Final Examination	1	20	2	22
Total Workload (Hours)				94
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Know the basic concepts of consultation
2	To know the difference between basic counseling theories and approaches
3	To know stages of the consultation process and the rules must be followed
4	To able to distinguish difference between individual and group counseling.
5	Use counseling techniques

Programme Outcomes (Mental Health and Psychiatric Nursing Doctorate)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	4	5	4	3
P2	5	4	4	4	3
P3	5	4	4	4	3
P4	5	4	4	4	3
P5	5	4	4	4	3
P6	5	4	5	4	3
P7	5	4	5	4	3
P8	5	4	4	4	3

