



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Consulting Principles And Skills–II							
Course Code		HRS609		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	94 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		This course; aimed to student's basic counseling skills and techniques and approaches that do reviews on sample cases and to distinguish cases custom-fit approach.							
Course Content		This course included, consultation steps and skills, establishment with the client first of the relationship and communication, assessment of the client's problems, goal setting, to focus attention, the basic principles of observation and communication skills, focus of the interview, intervention strategy and selection and termination and monitoring issues.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Leahy R.L. Practicing Cognitive Therapy: A Guide to Intervent. Litera psikoterapi dizisi, İstanbul, 2004.
2	Meier S.T., Davis S.R. (Çev ed: Doğan S. ),The Elements of Counseling, Pegem Academic Publishing, İstanbul
3	Murdock N.L. (Çev. Ed: Akkoyun F. ), Theories of Counseling and Psychotherapy, Nobel Publishing,Ankara, 2013
4	Türkçapar H., Köroğlu E. Methods of Psychotherapy (Theory and practice guidelines), Hyb Publishing, Ankara, 2009
5	Voltan-Acar, N. (2003). Therapeutic Communication. Interpersonal Relationships. Ankara, Us-A publishing.
6	Köroğlu, E. (2005) Principles of Rational Emotive Behavioral Therapy. Hekimler Yayın Birliği Yayın. Ankara.

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to counseling principles and skills
	Preparation Work	literature, reading resources
2	Theoretical	Ethical principles of multiculturalism in the interview
	Preparation Work	literature, reading resources
3	Theoretical	Basic approaches used in counseling
	Preparation Work	literature, reading resources
4	Theoretical	Basic approaches used in counseling
	Preparation Work	literature, reading resources
5	Theoretical	Establishment of the first relationship and communication with the client
	Preparation Work	literature, reading resources
6	Theoretical	Assessment of the client's problems
	Preparation Work	literature, reading resources
7	Theoretical	The purpose of the advisory creation
	Preparation Work	literature, reading resources
8	Preparation Work	literature, reading resources
	Intermediate Exam	mid- term exam
9	Theoretical	Selection strategy and intervention
	Preparation Work	literature, reading resources
10	Theoretical	To focus attention, observation skills and basic principles of communication
	Preparation Work	literature, reading resources
11	Theoretical	Focus of the interview
	Preparation Work	literature, reading resources
12	Theoretical	Interventions related emotions



12	Preparation Work	literature, reading resources
13	Theoretical	Cognitive and behavioral interventions
	Preparation Work	literature, reading resources
14	Theoretical	Termination and monitoring
	Preparation Work	literature, reading resources
15	Theoretical	Course evaluation
	Preparation Work	literature, reading resources

**Workload Calculation**

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	2	60
Midterm Examination	1	10	2	12
Final Examination	1	20	2	22
Total Workload (Hours)				94
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

**Learning Outcomes**

1	To know basic approaches and principles used in counseling
2	psychiatric nurse-client relationship recognizes the ethical principles.
3	Knows the principles of appropriate therapeutic approaches advisee
4	The student knows the guidelines for terminating the therapeutic relationship.
5	Use counseling techniques

**Programme Outcomes (Mental Health and Psychiatric Nursing Doctorate)**

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4	L5
P1	4	5	4	5	5
P2	4	5	5	4	4
P3	4	5	4	5	4
P4	4	5	5	4	4
P5	4	5	4	5	4
P6	4	5	5	4	4
P7	4	5	4	4	4
P8	4	5	5	4	4

