AYDIN ADNAN MENDERES UNIVERSITY
COURSE INFORMATION FORM

Course Title		Cognitive Psychotherapıes							
Course Code		HRS625		Couse Level		Third Cycle (Doctorate Degree)			
ECTS Credit	6	Workload	148 *(Hours)*	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		With this course the basic concepts related to cognitive psychotherapy and psychiatric nursing is intended to be able to learn in accordance with the basic principles							
Course Content		Content Understanding the location of cognitions on formationof psychopathology. Recognition of these descriptions in terms of various disorders. In addition to that, this course aimed implementation and supervision of the Individual psychotherapy interms of mainly psychiatric nursing.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods			Explanation (Presentation), Demonstration, Case Study						
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	20
Final Examination	1	60
Assignment	1	20

Recommended or Required Reading

1	Güleç C. (1993).Psikoterapiler. Ankara: HYB
2	Beck,J.S.(2001). Bilişsel Terapi, Temel İlkeler ve Ötesi, (Çev:Nesrin H.Şahin). Ankara: TPD
3	Babaoğlu, A.N. (2006). Psikoterapiler: Eğitim ve Süpervizyonlar, İstanbul: Morpa Yayınları.

Week	Weekly Detailed Course Contents	
1	Theoretical	Cognitive psychotherapy
	Preparation Work	Reading -Research
2	Theoretical	Cognitive theories
	Preparation Work	Reading -Research
3	Theoretical	Cognitive theories
	Preparation Work	Reading -Research
4	Theoretical	The history of cognitive therapy
	Preparation Work	Reading -Research
5	Theoretical	The history of cognitive therapy
	Preparation Work	Reading -Research
6	Preparation Work	Reading -Research
	Intermediate Exam	Midterm Exam
7	Theoretical	Cognitive therapy and learning principles
	Preparation Work	Reading -Research
8	Theoretical	Cognitive therapy and learning principles
	Preparation Work	Reading -Research
9	Theoretical	Cognitive therapy and learning principles
	Preparation Work	Reading -Research
10	Theoretical	Cognitive therapy in the development of behavior problems in
	Preparation Work	Reading -Research
11	Theoretical	Cognitive therapy in the development of behavior problems in
	Preparation Work	Reading -Research
12	Theoretical	Cognitive therapy in the development of behavior problems in
	Preparation Work	Reading -Research
13	Theoretical	The treatment of cognitive problems in the treatment of behavioral and case formulation
	Preparation Work	Reading -Research

14	Theoretical	The treatment of behavioral problems in the treatment of cognitive and case formulation
	Preparation Work	Reading -Research
15	Theoretical	The treatment of cognitive problems in the treatment of behavioral and case formulation
	Preparation Work	Reading -Research
16	Theoretical	Final Exam
	Preparation Work	Reading -Research

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	2	60
Assignment	2	30	2	64
Midterm Examination	1	10	2	12
Final Examination	1	10	2	12
			Total Workload (Hours)	148
		[Total Workload (Hours) / 25*] = **ECTS**		6

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Used in the treatment of psychiatric psychotherapy to have theoretical knowledge about
2	Psychotherapy methods commonly used in clinical practice to have information about
3	Psychiatric nurses to be knowledgeable about the role of the psychotherapist
4	Student knows levels of problem-solving
5	Student uses problem solving therapy levels in a patient

Programme Outcomes *(Mental Health and Psychiatric Nursing Doctorate)*

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes *1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High*

	L1	L2	L3	L4	L5
P1	5	5	5	5	5
P2	5	5	5	5	5
P3	5	5	5	5	5
P4	5	5	5	5	5
P5	5	5	5	5	5
P6	5	5	5	5	5
P7	5	5	5	5	5
P8	5	5	5	5	5