



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Group Psychotherapies							
Course Code		HRS632		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	6	Workload	154 (<i>Hours</i>)	Theory	2	Practice	4	Laboratory	0
Objectives of the Course		This course includes group therapy studyings, main theoretical approaches related to group psychotherapy, basic technical information and applications. During the course, students will learn basic skills and methods for group therapies, also they will be educated about therapeutic factors specific to group therapies and problems faced with during group therapy applications. Furthermore, they will experience dynamic process of group therapy by roles.							
Course Content		This course includes information about defining group psychotherapy and its history, treating factors in group psychotherapy, creating therapy groups and components of therapy groups; further the course includes information teaching group techniques.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Updated article and books suggested by lecturer about each lecture. Updated article and books reached by the student via library and electronical sources.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Definition of group psychotherapy and its history
	Preparation Work	Reading-Research
2	Theoretical	Concepts of group psychotherapy, its types, treating factors, ethics and application issues
	Preparation Work	Reading-Research
3	Theoretical	Treating factors; group leadership, early and late periods of group process
	Preparation Work	Reading-Research
4	Preparation Work	Reading-Research
5	Theoretical	Treating factors; therapist-his/her basic missions
	Preparation Work	Reading-Research
6	Theoretical	Therapist: here and now
	Preparation Work	Reading-Research
7	Preparation Work	Reading-Research
	Intermediate Exam	MIDTERM EXAM
8	Theoretical	Therapist: transference and transference
	Preparation Work	Reading-Research
9	Theoretical	Patient choose, components of therapy groups, creating group (place, time, largeness, preparing)
	Preparation Work	Reading-Research
10	Theoretical	Inception, advance staged groups and clients/patients with problems
	Preparation Work	Reading-Research
11	Theoretical	Group techniques
	Preparation Work	Reading-Research
12	Theoretical	Special groups and terminating the group
	Preparation Work	Reading-Research
13	Theoretical	Student seminars
	Preparation Work	Reading-Research



14	Theoretical	Student seminars
	Preparation Work	Reading-Research

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	6	2	120
Midterm Examination	1	10	2	12
Final Examination	1	20	2	22
Total Workload (Hours)				154
[Total Workload (Hours) / 25*] = ECTS				6

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To identify basic concepts of group psychotherapy
2	To explain stages of group process
3	To define group psychotherapy theories
4	To experience group process living
5	Special groups and terminating the group

Programme Outcomes (Mental Health and Psychiatric Nursing Doctorate)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4
P1	4	5	5	5
P2	5	4	4	5
P3	4	5	4	5
P4	5	4	4	5
P5	4	5	4	5
P6	4	4	5	5
P7	4	4	4	5
P8	4	4	4	5

