



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychoeducation							
Course Code		HRS635		Couse Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	106 (<i>Hours</i>)	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		The aim of this course is to ensure student to gain information and skills about disorder education given in chronical psychiatric disorders, improving coping and problem solving skills of patient and family and helping them to gain communication skills.							
Course Content		This course includes information on issues like determining psychiatric disorders for which psychoeducation will be given, what should be added to psychoeducation that will be given to patient and family, what kind of coping strategies should be taught in psychiatric problems that patients experience.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Updated article and books suggested by lecturer about each lecture. Updated article and books reached by the student via library and electronical sources.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Improving communication and problem solving skills of patient and family
	Preparation Work	Reading-Research
2	Theoretical	Teaching to family how to cope with attention and memory problems of patient
	Preparation Work	Reading-Research
3	Theoretical	Psychiatric disorders for which psychoeducation will be given
	Preparation Work	Reading-Research
4	Theoretical	Evaluating psychiatric treatment
	Preparation Work	Reading-Research
5	Theoretical	Teaching psychiatric pharmacotherapy to patient and family
	Preparation Work	Reading-Research
6	Theoretical	Teaching to patient and family how to cope with stubborn symptoms
	Preparation Work	Reading-Research
7	Preparation Work	Reading-Research
	Intermediate Exam	MIDTERM EXAM
8	Theoretical	Ensuring patient and family to notice warning signs
	Preparation Work	Reading-Research
9	Theoretical	Teaching family that patient must keep away from alcohol and drug
	Preparation Work	Reading-Research
10	Theoretical	Ensuring patient and family to keep away from inefficacious treatment searches
	Preparation Work	Reading-Research
11	Theoretical	Teaching to patient and family how to cope with stress
	Preparation Work	Reading-Research
12	Theoretical	Strategies enhancing self-confidence of patient and family
	Preparation Work	Reading-Research
13	Theoretical	Making patient and family use of the time well and informing them about what could be done in daily activities
	Preparation Work	Reading-Research



14	Theoretical	Informing patient and family about what should be done to develop friendship relations and participate public activities
	Preparation Work	Reading-Research

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Midterm Examination	1	20	2	22
Final Examination	1	40	2	42
Total Workload (Hours)				106
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To learn what to do to make patient and family improve their communication and problem solving skills
2	To have information about psychiatric disorders which psychoeducation will be given about
3	To have information about treatments of psychiatric disorders
4	To ensure patient and family to have information about positive coping strategies and daily activities they can do.
5	To ensure patient and family to have information about positive coping strategies and daily activities they can do.

Programme Outcomes (Mental Health and Psychiatric Nursing Doctorate)

1	Student has the current theoretical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in a team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4
P1	5	4	5	5
P2	5	5	5	4
P3	5	4	4	5
P4	5	5	5	4
P5	5	4	4	5
P6	5	5	5	4
P7	5	4	4	4
P8	5	5	4	4

