



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychodrama and Personal Improvement							
Course Code		HRS641		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	96 (Hours)	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		Providing an opportunity to express oneself through drama, to develop communication skills and to know himself through various activities.							
Course Content		Providing an opportunity to express oneself through drama, to develop communication skills and to know himself through various activities.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Demonstration, Individual Study					
Name of Lecturer(s)		Assoc. Prof. Hatice ÖNER							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Altınay, The Sea (2009). 400 warm-up games in psychodrama and auxiliary technique. Istanbul: System publishing.
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Week	Weekly Detailed Course Contents	
1	Theoretical	acquaintance
2	Theoretical	Orientation Games
3	Theoretical	Self Recognition
4	Theoretical	Recognition
5	Theoretical	Awareness
6	Theoretical	Confidence Games
7	Theoretical	Confidence Games
8	Intermediate Exam	Exam
9	Theoretical	Awareness
10	Theoretical	Family Agenda
11	Theoretical	Inside the Group I
12	Theoretical	Inside the Group I
13	Theoretical	Animation
14	Theoretical	Animation
15	Theoretical	Role playing
16	Final Exam	Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Midterm Examination	1	20	0	20
Final Examination	1	20	0	20
Total Workload (Hours)				96
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				



Learning Outcomes

1	To gain the opportunity to know yourself.
2	To develop role-playing skills.
3	To communicate better.
4	follows and contributes to relevant national and international publications.
5	educates experts for the field with the knowledge gained from education.

Programme Outcomes (*Mental Health and Psychiatric Nursing Doctorate*)

1	Student has the current teorical and practical knowledge in master's degree in Psychiatric Nursing field based on his previous learning in bachelor's degree, student realises the knowledge, deepens and uses it.
2	Student shares and discusses his/her knowledge, current developments and his/her own researches systematically with groups from or outside of his/her field in written, verbal, or visual ways
3	Student follows based on evidence practises and makes researches creating evidence about Professional application in his/her own field.
4	Student manages researches about his/her field independently or in an team.
5	Students have information on statistics, uses related softwares efficiently, chooses correct statistical methods while making researches, has the skills to calculate and comment.
6	Student can write the report of the research he/she made or participated and publishes it in an internationally accepted refereed journal or presents it in academical meetings.
7	Student can make strategy and policy in topics related to Mental Health and Disorders Nursing, comments practise plans, and evaluates obtained results in scientific and ethical frame.
8	Student makes verbal and written communication using one foreign language at least B2 level in European Language portfolio.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	2	4	1	2	1
P2	3	3	2	3	2
P3	4	3	3	4	3
P4	5	3	2	5	4
P5	4	4	3	1	3
P6	4	3	4	5	4
P7	3	3	5	3	3
P8	4	3	5	3	4

